



Elitedo Lyeparu Lyopampepo

Ruhi Institute



Book 1

Elitedo Iyeparu Iyopampepo

Ruhi Institute
Ruhi Book 1 Rukwangali
Reflections on the Life of the Spirit

Books in the Series:

Below are the current titles in the series designed by the Ruhi Institute. The books are intended to be used as the main sequence of courses in a systematic effort to enhance the capacity of youth and adults to serve their communities. The Ruhi Institute is also developing a set of courses that branch out from the third book in the series for training Bahá'í children's class teachers, as well as another set from Book 5 for raising up animators of junior youth groups. These, too, are indicated in the list below. It should be noted that the list may undergo change as experience in the field advances, and additional titles will be added as a number of curricular elements under development reach the stage where they can be made widely available.

- | | |
|---------|---|
| Book 1 | <i>Reflections on the Life of the Spirit</i> |
| Book 2 | <i>Arising to Serve</i> |
| Book 3 | <i>Teaching Children's Classes, Grade 1</i> |
| | <i>Teaching Children's Classes, Grade 2 (branch course)</i> |
| | <i>Teaching Children's Classes, Grade 3 (branch course)</i> |
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| Book 4 | <i>The Twin Manifestations</i> |
| Book 5 | <i>Releasing the Powers of Junior Youth</i> |
| | <i>Initial Impulse: The first branch course of Book 5</i> |
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| Book 6 | <i>Teaching the Cause</i> |
| Book 7 | <i>Walking Together on a Path of Service</i> |
| Book 8 | <i>The Covenant of Bahá'u'lláh</i> |
| Book 9 | <i>Gaining an Historical Perspective</i> |
| Book 10 | <i>Building Vibrant Communities</i> |
| Book 11 | <i>Material Means</i> |
| Book 12 | <i>Family and the Community</i> |
| Book 13 | <i>Engaging in Social Action</i> |
| Book 14 | <i>Participating in Public Discourse</i> |

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Ruhi Institute

Cali, Colombia

Email: instituto@ruhi.org

Website: www.ruhi.org

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Yigazo gona yomurongi

Sivaro somavango aga ga kara *Yelitedo lyeparu lyopampepo*, mombapira zokuhova kwa kara elikwamo lyene lyene lyoyirongwa eyi ava gava pevango lyosure za Ruhi Institute, ku lironga mwaza uzuni mudima kuhamena nomvhura edi vayi pindura. Mosinzi soyihorokwa yimwe, yuma kuyi resa noku yiliyonga wonombunga dovakaume, owo ava tulisapo elirongo lyenene lyomudingonoko rongo ogu agu sikisanmo nkenyapa ndi apa ava pongo mono Kamba moruveze rwepwizumuko lyosure. Nkenye silika esi asi karapo, muhameni gumwe gombunga zina gahepa ku kara murongi. Ukaro wopokatji komurongi kumwe novahamenimo nawo peke, kapi wakara ngwendi womurongi nomustudente, navenye ku lihameseramo unene mongendeseso zina nkenye gumwe kuna hara kulironga. Nye murongi kapi ava mugaununa ntani kapi alizengura tupu kombinga zomaliyongo nago. Poku mana kulironga yirongwa yoku gwanena momuzaro gwayo, muhameni mombunga zina tavareke nye ku gava makorangedo, age kuvhura nye ku kwafa nkenye muhameni mombunga yipo asikisemo sitambo soyuma yina vana lirongo. Owo ava kara asi, varongi, mo Mbapira 1 kuvhura kuyimona asi, tazi kwafa unene magano aga ava gava moruha roku divisa yina tunda ruveze zende ruveze.

Vahamenimo womo uzuni mudima mevango lina lyokuhova lyoku rongera yirongwa, kwa tunda komaruha goku lisiga siga. Vamwe nare vahameni wonkarapamwe zovapuli wova Bahá'í owo vana hara kutamununa yirugana yawo kweyi ngava kwatesako mawoko gavali. Vamwe kuna kumona erongo eli asi, lyoku varekera moku kona kona epuliro lyova Bahá'í. Simpe vamwe kuva kokera komagano gepuliro lyova Bahá'í ntani noku hara kudiva vene nkarapamwe noyitambo neyi vana kukondjera. Ntani sivaro soku zeruka sovadinkantu sinene owo vana hara ku kulika udivi woku ruganena mono nkarapamwe dawo, rorunzi kupitira mwa gumwe ndi melikwamo lyombunga zepuliro lyova Bahá'í moku gusa ntambo zokuhova merongo lina.

Kutunda kombareko, yahepa kuzera asi, nkenye muhamenimo melirongo lina lyepevango lya Ruhi Institute apapare nzira zosirugana soku kwafa vantu, nsene asi, agenda pwa mwene, noku kwafa ntani noku mukwafa vakwawo. Kugenda monzira zina kwa hepa ku kondjera yinyinke yivali mwasimwe kositambo soukaro: poku kara gumwe, gadiva yamwene yopampepo ntani udivi woku kulika noku kambekako komalisinto gonkarapamwe. Ezo komeho lyonzira zina ku hova ku kulika udivi ou vana hepa moku zuvhako noku diva, mulyo gweyi yopampepo ntani ukaro wafira epandadeko, rambangako noku vhura ku kara umwene noudivi. Ntundiliro zoudivi ou wakara monombapira doposure zina kwa kara kombinga zimwe woku ronga epuliro lyova Bahá'í ano kombinga zimwe, kugwanenamo uwa wonkarapamwe nazinye zepuliro lyova Bahá'í moku gwederera yuma noku tura yikare yopampepo monkedi zoku wapera. Zina kwa kere nzodi za Bahá'u'lláh's asi, nkenye muntu pamundinda kuvhura ku kara noku yika, kuvhura tu tulisepo eyi ali tukodapeke evango lina lyo Institute. Ayo kwa yigazarera asi, vahamenimo navenye, valisikamena pwavene navenye kontundiliro zawo, poku zegurukira nzodi ezi, ezi vazera nawa mwa nkenye ruha rombapira nkenye.

Mouzuni ou mwa kara mapuliro nomagano goku hara nkenye gumwe kuruganesa eyi ana hara, gumwe ogu gapira kudivako yintu yoku hamena epuliro kuvhura ku kara nye nepuro kombinga zositambo sevango lyo Ruhi Institute, sinzi sayo,” Ame kuna kupurange nisinte epuliro lyange?” ndi” Ame kuna kupurange nilipakerere kepuliro? “Mapuro gangosina kupa murongi mpito zoku singonona sitambo somu yalikwama eyi vana tumbagura keguru. Nampili ngomu yakara pansitwe asi, mupuli gomu t Bahá'ís kuvhura Kumona vakwaawo valipakerere konkarapamwe, erongo lyavene kuva silika, murongi kuvhura ahare kugwedako, poku vahameseramo monkedi zoku likarera. Kugenda monzira zosirugana esi vezegurura vevango koyirongwa eyi vana hara ogwane ezuvhoko lyenene lyomarongo ga Bahá'u'lláh' yuma

eyi vana hara kutulisapo, kutamburako ntani epuliro yilyo lyakara mulyo moku manesa nkenye gumwe pamundinda noumanguruki vahana kukusinika.

Kapisi yoku tetura, makura ku karako epuro lyoku hamena ezuvhoko, eli lyakara ntjima ntjima konombapira nadiye moku liza nomuzaro nomu yahovere kuvareka. Kuresa yoku tunda momatjangwa goku pongoka, kapisi mareso goku lifana, momapenuno mayovi, kombinga zeyi amono muntu meparu ntani ruha, roku zuvhako nawa matjangwa gova Bahá'í", kwa hara kuresapo nkedi zoku resagura mapenuno gomatjangwa gemehoramo, nkenye ezuva noku liteda eyi aga tanta, nkedi zoku vhura kuguma momunene owo vana hara kulihamesera monzira zosirugana esi. Kuva likida momalirongo gawo asi, murongi kwa kara mulyo unene moku ninka vazuvheko nawa yirongwa yina.

Matjangwa gova Bahá'í kwa kara mulyo unene nousili weyi yopampepo ntani nampili ngomu tuna ku kondjera kutamununa ezuvhoko lyetu kweyi yina kutanta, ose twa diva asi, narumwesi ngatu vhura kusika kehagero lyalyo. Ose kugwana ezuvhoko lyopantateko poopu vana kuresa mapenuno, sikando sokuhoverera ntai Ruha 1 rwa nkenye ruha kuvareka nositwa. Yipo nye konyima zoku resa matemwinino, ngatu vhura nye kusikisiliramo uzuni ou, kupitira moukuhuki nouwa woyirugana, eyi vapandadeka ntani neyi atu rugana vahamenimo kupura asi," Ngapi omu natu wapeka uzuni kweyi tuna hara kusikisamo? "Moku yitara, sinzi somapuro noyiruganena mbo, yangesi kumoneka ngwendi ureru unee. Nye nomvhura doku gwana udivi kwa moneka kwa hungika matokoro gevangi lyosure zina, moku vareka mpito ezi. Ose natuvenye kwa tu diworokesa kuna kuyi genderesa moku gwana nomuzaro dousili wakara momapenuno, nondunge kapisi di sense kweyi vatamba. Elituro mo kwa kara suma somulyo unene moku zuvhako kwa likida hena asi, ya kara mulyo unene kutulisapo magwanekero gombunga, ayo ku nkondopeka elikwatakano kumwe, ku liwapayikira unene moku sikisamo magano gopantu moku pulisira gatese site sago poUdivi weyi yeguru.

Yakara mulyo unene kudidilika asi, ezuvho lyopo karuwo eyi vana kutanta mosinzi somapenuno kapi ava gwanenemo uwa momaliyongo goku karako siruwo sosire moku kona kona nkango zimwe tupu ezi zina karamot. Yina kuna kutanta asi, kuvhura yikare hepero poyiruwo yimwe asi, mbunga ku papara nkango mobuke fatururo nkango. Eyi nye ayi tompoka momunene kwa kar asi, vahamenimo valironge asi, ngapi omu nava gwana etanto lyonkango montanto nazinye nonoparagrapha.

Moku zuvhako etamununo lyeyi yapita apa yahagera yetanto lyayo poopu, sihonena eyi ayi likida egano eli ava gwana eyi vana tanta, kuvhura yikwafe unene. Navenye kwava hundira moku fumadeka paku vyukilira yirugana yina. Mo Ruha 2, sihonena, vahamenimo kuva pura vagave uzera weperuno eli vana resa, nsene asi, muna kara yuma yongandi eyi nava vhura ku nkondopeka. Moyirugana yoku lifana mo Ruha 4, awo kuva korangeda vatumbureko yininke yomulyo yitano noku tokora asi, kuvhura kugwana nkenye gumwe gwawo moku gava usili woku zulilira—moku singonona matjangwa, ngontateko zoyininke yomulyo meparu lyovantu navenye".

Moku sikisamo sitambo sayo, ruha rwina kuna hara moku gwedamo asi, vatamunune ezuvhoko poku ranya maudigu aga vana kugazara vahamenimo kombinga zomaudigu gamwe aga vana gwana mepenuno. Mo Ruha 2, awo kwa hara kugwana asi, nsene asi, ntanto" kwa kara vantu wovasesu wovawa mouzuni ava yirugana yawo kapi ayi gumu nkenyeogu"pa usili. Apa eyi vana hara kapisi yoku gava magano gomanzi. Murongi gahepa kuhakesa karuwo gona noku pura konda zeyi vana kulimbura vahamenimo. Ntando zahepa ku kara zoyimpempa, morwa kuli limba neyi vahova kutemwinina, moruha rwakapita, moku manesa eyi mbunga nazi tulisapo. Epuro lyoku hamena asi, vapuli wova Bahá'í's kutongonona nonzo dawo, nalyo kwa kara sihonena sosirugana sangosina. Awo kwa tanta esiliko lyomarongo gomatongweneno eyi yina kutanta asi, egusiropo lyononzo kapi lya Tambura nawa nawa nkenye epenuno eli vakona kona noku gusamo etanto lyovelise, "Wizeni nyone vene yipo muguse situmbukira sankenye ezi kweyi vamu zigidira muyirugane. "

Kapi pana kara konda zeyi sirugana esi nasi vhulira kuhetekerako mo ruha oru kupitakana etanto eli lyakarapo nare, momapenuno aga vana kugazadara. Epuro limwe eli navhura kugazadara nkenye murongi lyoku tanta asi, ngapi omu nava zogerako nsene asi, vana vape nkenye sirugana. Apa yina kara mulyo moku diworoka asi, kurepesa maliyongo poku tulisapo yinka yoyiyinzi yoku hamenako nye etanto lyopontunda kuhara kugusa mulyo goyuma yina. Nkenye mbunga kwa hepa kutulisapo muzaro gezo komeho monkedi zoku wapera zezo komeho; vahamenimo vahepa kuli zuvha asi, pana kara mulyo gomu ava ngedi kanunu kanunu moku kwama eyi vana kuvhura pwavene. Murongi gahepa, nye ku kupurakena nawa, ngano ruha oro ngano taru genderere kupita ntani sinene po vahana kugazadara unene noku kona kona sirugana, nombunga yizo mpito nadi rugaanesa moku zwidamo malimburo, aga vana pilire kugwana yitundwamo yoku karerapo.

Sitwa simwe soku hulilira esi tuna hepa kutumburako: Eyi kwa hamena komurongi moku divilisa asi, nkenye muhameni mombunga gahepa kumu hameseramo mongendeseso zoku lironga nkenye eyi yina karapo. Moku guma kovahamenimo kwa hana esininiko nkenye gumwe pamundinda ahuyunge rorunzi maudigu aga ana kugwanekera nago. Eyi nava vhura kudimbura asi, yeeyi asi, kutunda kevareko udigu wangosina kugwanekera komapuro ngwendi,” Yinke **eyi yina kutanta eyi koge?** “Mapuro gorudi rwina kusesupika udivi nousili wontambo zo magano. Ntani kulikida udigu unene kuttulisapao nkarero zomagwanekero mokatji kovahameni mombunga owo ava gwana nawa ezuvhoko.

Ruha roku kwamako mombapira ezi kuna hamenimo ngwendi yeeyi yina kara yokuhova, pomuhoverera yoku liyikisa mulyo geparu lyopampepo: ku kanderera nkenyapa. Ayo kuzereso nawa nawa eyi vana zegwilisa ruha zonkango “zonzira zosirugana”, kwa hara asi, vagende monzira, ose twa hepa ku kara noyitambo yivali, Tulihamesere momakona kono gokuhoverera goku hamena eyi vatemwinina poku gava udivi weyi vatulisapo mositambo, mosiparatjangwa esi ngava tamununa moyirongwa yoko meho oko.

Morwa yangesi siparatjangwa somo ruha oru kuna hara kugwana usili wosirugana somulyo gomakanderero. Awo kwa tulisirepo nkendi henyeno zoku lifana kwezi vasingonona monoparagarafa nonkwawo. Mapuro ntani noyirugana yoku tulisapo yina kutamununa ezuvhoko lyetanto lyeyi yina kara momapenuno gomo matjangwa aga vana kuli ronga. Ngombunga ezi zina kuza komeho kupitira moruha rwina, murongi kuvhura agusemo masinganyeko poku kona kona magano aga vana pirura ntani neyi varugana mosiruwo pita. Mono mpo dimwe, mapuliro ntani neyi yakarapo ku govakanesa kanun kanu mulyo gweyi yakara monda ntani wovanzi kuncenuna mulyo gekanderero, ogu gwakarerapo mwenyo gomuntu, , kapi gwa kara nomulyo gwa kara monondya edi adi gava yitunga rutu korutu.

Kugusako nayinye, yipo nye ruha rwina ku kodapeka noku pindura vahamenimo va kare neharo lyoku huyunga kumwe naKarunga noku henyena kwendi. Mokatji komagano aga vahuyunga kombinga zetanto lyanayinye moukaro womakanderero poku wapeka nomutjima nonondunge dawo, ano apa atu yirugana ngoso ntani nonkarero dangosina kuretesapo yitundwamo yoyiwa unene mono nkarapamwe datu kundurukida, yikaresi asi, nyoselike ndi kuna pongo. Mouhunga, konyima zoku gava magano gamwe kweyi ayi retesapo kupitira momapongo gomakanderero gompongasano, vahamenimo kuva pura vagazadare kweyi yoku tulisapo mapongo gomakanderero ntedo.

Elirongo lyoruha rwautatu mombapira,” Eparu **nonomfa**”, ngayi nkondopeka ehuguvaro lyelituromo poku genda monzira zosirugana noku gwanenamo etanto lyenzi. Sirugana mouzuni ou ku uzuvhako nawa moku sikisamo paku zulilira meparu, eyi yaza dogoro kesinya kwina lyeyi yakara pevhu noku katwikira narunye ngono mwenyo doku ka za mouzuni wa Karunga. Ngendeseso zerongo, ngomu zali siga nezi zoku lirongera sirugana soko mawoko kovadeurwa vahepa kuyi diva yansogina momunene etanto lyayo ntani nomulyo goku rugana eyi vana kurugana. Ntudi nsene asi, udivi ou una kuru, udivi wina kulikida, yipo ngava kalimona vene omu vana kurugana, vaguse situmbukira, noku kara venye eyi vana kulironga pwavene.

Nkenye ruha kuzeguruka kumwe nomatemwinino gatatu goku tunda momatjangwa gova Bahá'í, ku Kwame yirugana yoyisesu. Eraka lyepenuno eli vana remwinine moruhagona rwina kwa pumbwa eyi yina kara momaruha gavali gokuhoverera. Kapi pana kara hepero, kombunga ezi zikare nononkando donondigu, murongi kuna hara kudivilisa asi, nkenye gumwe akwate egano ntjima ntjima zegano eli vana huyunga mwa nkenye ruh gona, eyi vana kuhara kutura moyirugana yangosina nawa nawa neyi vana hara kugusamo.

Moku kwama nkarero ven zayo, yirugana, kuhameseramo yihonena yomulyo yoyisesu ntani yoku lisiga unene mokatji. Sinzi sawo kuhara kuruganena potambo zegano tulisopo. Yinkeyoku didilikapo kuna kara asi, mapuro gamwe aga vapura moyirugana yina kapi ava galimbura usimbu ndi gazere nawa nawa. Ago kwa kara ntateko zoku divisa kombinga zosirongwa; nsene muli hameselimo agazara tupu kombinga zomapuro gangosina, yitambo yelirongo ngano kuvhura yisikiliremo nye.

Maruha gokuhoverera goku lisiga siga kwa demenena koukaro wopokatji komwenyo norutu, eyi kumwe ayi retesapo ekaropo lyo muntu. Ntjima ntima zegano eli vagava momaruha gena kwa kara mwenyo kapiisi googu ava mono, ago kwa lihamesera kumwe norutu oru vafanekeza kouzera ou au moneka montarero. Kwato simpe Mbundu ezi zadumika pontunda ndi zoku zonagurapo ntarero eyi ayi gumu momudona uwa wouzera weneko. Nomfa kwa kara tupu elisinto lyoukaro, nsene asi, egwanekero lyopokatji korutu nomwenyo litekapo, konyima zeyi, mwenyo tagu twikire poku karerapo guze komusiti gwago.

Ruha gona oru kuna kupirura epuro lyoku kwamako lyositambo separu— kudiya Karunga noku gwana ekarereropo lyendi. Maliyongo geyi kuna kulidinga koyiparatjangwa yivali yoyinene. Sokuhova sitambo somaparu getu moUzuni ntani sauvali rugendo romwenyo konyima zonomfa. Simpe mwa kara mountu suma esi asi tulisapo ekwafo lyeyi gadivisa Karunga, poku pongora Karugana vantu owo ava wiza tunda ruveze zende ruveze moku likida vantu. Kupitira mosirugana serongo. Ayo kugava ungawo ou vahoreka mwetu poku udivisa.

Ano kombinga zeyi yoku hamena rugendo romwenyo konyima zonomfa, pakara magano goku lisiga siga ava tulisapo vahamenimo moku ga manesa, Owo vapura mwa Karunga ngava gwana esikiliromo lyoruhafu rousili, asi, kwato ugu gadiva ehagero lyendi, yipo nye twa hepa kuli gusa gusirapo, ntani kapiisi kulizuvha asi, ose twa pitakana vakwetetu, mouzuni woku kwamako ngwendi wou, mwenyo ngagu twikira ntani noku tulisapo apa eyi ngayi tukwafa kwina, poku dimburura vaharwa vetu moukaro woku pitakana eyi va diworoka momaparu gomo uzuni, ntani ngava bodjana ekaropo lyoupongoki noku pongora nomwenyo.

Ruha kuna henyene pepi nepenuno lyoku tunda momatjangwa ga Bahá'u'lláh omu watu huguvarasa moku gwanenamo uwa kouzuni woku kwamako ntani kahundilire moku pulisira malisinto ntani nompito deparu yitu retere ruguwo. Vahamenimo kuva pura valitede, yipo nye maudigu aga gana kaar mweyi valironga momaparu gavene.



Kuzuvha matjangwa ga Bahá'í

Understanding the Baha'i Writings

Sitambo

Kunkondopeka ukaro woku resagura eyi
yakara momatjangwa
gokupongoka nkenye ezuva
ntani nokuliteda eyi aditanta

RUHA 1

Sitambo soruha oru soku ku kukwafa otulisepo enkondopeko lyoku yika kuresagura matjangwa goku tunda momatjangwa goKupongoka nkenye ezuva noku liteda etanto lyago. Ruha gona oru kwa vareka noyirugana gona youreru eyi nayi kupura orese, ntanto zimwe, zoku tunga momatjangwa ntani noku limburura epuro, elimbururo molili montanto mwene. Nampili yikare ureru moku yirugana, yirugana eyi nayi ku kwafa olitede etanto lyonontanto edi vana tumburamo ntani noku dikwata momutwe.

“Uwa wouzuni ku usikisiliramo kupitira moyirugana yoyiwa ntani kupitira menkondopeko ntani noyirugana yahamenako.”¹

1. Ngapi omu natuvhura kuwapeka uzuni moku sikiliramo?

“Takameseni One vantu wova Bahá, ngano kuvhura kugenda mononzira dowo woo nkango edi dali siga neyi ava rugana.”²

2. Mononzira dalye edi natu pira ku kugenda?

“Munwa muntu! Lipa nyamoge situmbukira nkenye ezuva, kweyi vaku zigidira oyisikisemo ...”³

3. Yinke eyi natu gusa mweyi watu zigidira tuyi sikisemo?

“Tantasi: One vakuru novamumbya vange! Sigeni yirugana, kapisi nonkango, vayi mufumadekere.”⁴

4. Yinke eyi nava tufumadekera mousili?

“Nonkango doku pongoka ntani yirugana yakuhuka yoyiwa kuza mouyerere weguru.”⁵

5. Yinke eyi *nonkango doku pongoka ntani yirugana yakuhuka yoyiwa ayi rugana?*

RUHA 2

Pevhu apa pana kara yirugana yongandi yoku hamena matemwinino tjangwa aga ono resa. Ayo kwa yitambesere moku ku kwafa olitede mulyo gomatjangwa gena

mokambunga keni ntani kapisi muyi rugane morupe ropandugano. Kapi yina kutanta asi, nkenye eyi nomurugana yina pumbwa maliyongo gomanene. Nsene asi, koyili yirugana eyi yina kumu kihilika, yipo nye murongi gombunga zangoso gahepa nye ku kwafa moku yitamununa momunene.

1. Nsene yuma yongandi kuna kuyi pandayika,” yina fire kuyipandayikira sili. Yipo poyo yina ku kwamako eyi vana fire kupandayika?

___ ku kara murugani gomuwa

___ Kufumadeka vakweni

___ Kuli pyakidira unene nokulironga

___ Ku kara muna yimpempa

___ Ku kara udwa

___ Kuruganena vakweni

2. Yinke eyi yina kutanta asi,” one kwa muzigidira muya yirugane?”
-

3. Zipi pono ntanto odo ezi zina kara mousili?

___ Kwa kara vantu wovasesu wo vawa mouzuni ava yirugana yawo yapira kuretesapo yuma yongandi.

___ Yuma ku kara mouhunga nsene asi, pana kara malizuvhasano pamagano kumwe novantu vakweni.

___ Yuma ku kara mouhunga nsene asi, pana kara malizuvho kumwe nerongo lyeyi yaKarunga.

4. Yipi po pweyi yin aka kwamako eyi yina kara asi, yirugana yakuhuka ntani yirugana yoyiwapo?

___ Kupakera mbili noku ronga vanona kuvaka

___ Ku kanderera ezo komeho lyovakweni

___ Ku tanta usili wousesu oli guse moudigu

___ Ku kwafa vakweni noku ndindira mfeto

5. IMomaukaro musinke goyo yina ka kwamako, eyi nonkango domuntu adi lisigi neyi arugana?

___ Gumwe ogu gahwa kurugurura kuhuyunga asi, twa hepa kuli kwatakana kumwe, nye mukaro wendi kuretesapo nomutangu.

- ____ Gumwe ugu apandayike yirugana yeparu lyoku songomena mononkwara dendi nye age ku kara kumwe panyama nagumwe gokonze zono nkware dendi.
- ____ Gumwe ugu anu yikorwesa poyiruwo yimwe, siruwo oso age kuna kupitisire yirugana yongereka eyi yamu silika apire kunwa.
- ____ Gumwe ugu akondjere ehentakano kumwe pokatji kovagara novakadi, nye age kufuta vakadi yoyisesu neyi afutu vagara ava ava rugana sirugana simwe tupu.

6. Yapulisira mupuli gomu Bahá'í *atongonone komuntu mukwawo?* _____
7. Yinke eyi narugana mevango lyeyi yoku tongonona? _____
- _____
8. Yinke eyi runa kutanta rumpambura tjangwa rwina" mouyerere weguru" _____
- _____
9. Udoni musinke ou ayi retesapo yirugana yoyidona kouzuni? _____
- _____
10. Yinke ayi retesapo yirugana yoyidona kowo ava yirugana? _____
- _____

RUHA 3

Ngesi resa noku liteda matemwinino tjangwa ogo gatunda momatjangwa. Makura hetekerako nye kudi kwata momutwe.

"Usili kwa kara ntateko zomulyo gountu wountu."⁶

1. Yinke ntateko zomulyo gountu? _____
- _____

"Kwa hana usili ezo komeho netompoko, mwa nayinye yomouzuni wa Karunga ngano kayi ayi tompoka kwa nkenye mwenyo."⁷

2. Yinke eyi ngano ayi pilire kutompoka kwa hana usili? _____
- _____

"Wapekeni maraka geni, One vantu, kumwe nousili, ntani dwarekeni nomwenyo deni noyidwara youhungami."⁸

3. Nosinke natu wapeka maraka getu? _____
- _____

4. Nosinke eyi natu dwareka nomwenyo detu?

“Siga enho lyoge limone usi, ewoko lyoge li kare nepuro, eraka lyoge likare mousili ntani mutjima goge guhafa.”⁹

5. Ngapi omu naga kara meho getu? _____ Mawoko getu?
_____ Eraka lyetu? _____ Mutjima gwetu?

“Owo vatunga moTabernacle zaKarunga ntani noku tulisapo yipundi youyerere woku karererapo, ngava nyoka, nampili ngava fe konzara, moku goworora mawoko gawo noku kwata emona eli lyapira ku hungama lyovamusinda vawo, yipo udona ntani noku pira mulyo ngayi kara.”¹⁰

6. Yinke eyi natu nyoka kurugana, nampili tufe nzara? _____

RUHA 4

Ngomu tupu ono didilike mo Ruha 2, yirugana yimwe moruha oru kuna hepa malimbururo. Ano nye moyina, nsene pana kara masinganyeko kombinga zomalimbururo, murongi gombunga ozo nga vhura ku ku kwafa novahamenimo vakweni mosike koyigazaro yopalikwatakano kumwe. Koyirugana yimwe, gena gakara maliyongo gene gakara mulyo, ntani kwato elimbururo lyene lyene eli nondindira. Moyihorokwa eyi yina ka kwamako, yirugana yau 3 kuna kara yokuhoverera yoyirudi rwina, siruwo oso yirugana yau 6 kwa kara momuhanguro gwauvali.

1. Usili kwa kara ntanteko zomulyo gountu womuntu. Tumburako nomulyo ntano dountu: _____

2. CKuvhura tu gwana nomulyo edi kwa hana usii? _____

3. Nontatoke modo dina ku kwamako edi dina kara dousili?

____ Muntu kuvhura ahungame nampili ngano kuna tanta yimpempa.

____ Vamwe owo ava vaka vakara omawoko goku huguvara.

____ Ewoko lyoku huguvara narumwesi ali kwata yuma eyi yapira kuhamena kwalyo.

____ Kutarera mafano govantu womuherehere kapi ayi lizi kumwe nonompango da Bahá'u'lláh' poku kara nenho lyoku huguvara.

____ Usli kutanta asi, noku tantasi yimpempa.

___ Usili kwa kara mudwaro gomwenyo.

___ Muntu ogu gapira ku kara nousili kuvhura kuza nawa komeho mweyi yopampepo.

___ Nayinye yahungama moku tanta yimpempa napa nopena.

___ Kuvaka kwa pulisirwa komeho zaKarunga nsene asi, nzara ono kuzuvha.

___ Kugusa yuma pwa hana epulisiro lyamwenyaso, ogazare asi, nosirugwidako moruhura, kipasi kuvaka.

___ Nsene turugana mousili ntani nouhungami, nousili, nomutjima detu ku hafa.

___ Kapi tazi vhuru kugendapo nawa ngesefa nsene kapi ono kavaka kanunu.

4. Kuvhura kuli kumbagera nyamoge? _____

5. Yinke eyi atu zumbanesa nsene tu tanta yimpempa?

6. Ngapi ngano omu ngau fana uzuni nsene asi, natuvenye tu kara nousili nouhungami? _____

RUHA 5

Resa matjangwa temwinino ogo gana ku kwa mako noku hetekerako ku galironga noku gakwata momutjima. Ku kwata momutwe matjangwa temwinino gomo matjangwa ku gwanenamo mfeto zonene, ntani yoyinzi novhura kundindira poku yirugana ngoso. Kipasi nkenye gumwe goku vhura ku kwata momutwe matjangwa noureru. Moku kambadara, yipo nye ayo kutu kwafa tu ture momagano getu nomo nomutjima detu nomo magano getu tuyi huyunge mononkango doli kundana nedi dene dene edi dakaramo moomu twa vhulira.

“Eraka lyewa ku mwenekeda mutjima gomugara. Kw a kara mboroto zopampepo, kudwareka nonkango netanto lyado, kwa kara runone rouzera nounongo ntani nezuvhoko.”¹¹

1. Ngapi omu nava vhura kusingonona eraka lyewa?

2. Yinke ali retesapo eraka lyewa mono nkango?

“One ava gahara Homba! Mehoramo Iyegusiropo, mapiro kulizuvha ntani negwanesopo kapi yapulisiwa. Nkenye ogu gakara noukaro wonyanya mwene ali gusa ufenkenda waKarunga.”¹²

3. Moku kwama etjangwa temwinino lina kara keguru oko, yinke eyi vapira kupulisira megusiropo eli?

4. Yinke eyi ali ruganene mwene goukenya?

“Kwato eyi yoku vhura kuresapo ku kora mezuva eli, noku retesapo ku kokora kokunene kweyi gatulisapo, kupitakana egusiropo nepiro kuzuvha, ehenduko uwa, nepiro ufenkenda mokatji keni one ga hara Karunga.”¹³

5. Ukaro musinke au retesapo ku kora kokunene kweyi gatulisapo Karunga? _____

“Kapisi omu likide usili weni weyi yoku gwanena mono nkango mwelike edi omu likida kovakweneni mwelike, sigeni nomutjima deni dipye nehara lyoufenkenda kwa navenye owo nomu gwanekera nawo monzira zeni.”¹⁴

6. Ukwaawo musinke ou nau pira kutu zuvhisa mbili? _____

7. Yinke eyi nayi tema nouzera wounene mono mutjima detu? _____

“Nsene asi, yigazo yoyita tayi wizapo, yikandurenipo sankondo nkondo negazaro lyoku retesapo mpora. Yigazo yonyengo vahepa kuyi zonagurapo noyigazo yiyinene yeharo.”¹⁵

8. Nosinke nava patanesa yigazo yoyita? _____

9. Nosinke nava vhura kugusapo yigazo yonyengo? _____

RUHA 6

Kumwe noyigazo yomatjangwa temwinino ogu tuna sigi, rugana yirugana eyi yin aka kwamako:

1. **“Nkango ezi rukoka (lodestone)”** kwa kara nkango zimwe zomanganete. Morupe musinke oru eraka lyewa ali kara ngwendi engenete?

2. Nontanto musinke edi din aka kwamako edi adi tundu meraka lyonkenda?

___ ” Waha sipa-gedange!”

___ ” Morwa sinke ono kupira kuyi zuvha eyi?”

___ ” Kuvhura tupu ondindire ndi?”

___ ” Vanona musinke koudona!”

___ ” Mpandu, wakara sili nonkenda.”

___ ” Kapi na kara nosiruwo soge ngesi ame. Nali pyakidire.”

3. Ukaro musinke moyo yina ku ka kwamako mwa kara mapiro kulizuvha nouhezuvhu?

___ Vantu vavali vana kugava magano goku lisiga koyimpweramo yimwe moruveze romagwanekero kumwe.

___ Vantu vavali ava yina pilire kuhafesa ntani kuna kuli tatana novakwaawo moruveze romagwanekero kumwe.

___ Vantu vavali ava vana hageke kuli hamesera momapongo nkenye sivike, morwa kapi vana kuhuyunga kumwe.

___ Muhameni gosipana esi sina kuruganena kumwe mo Projeka, ogu ana kusivana, nkenye gumwe kuna huyunga asi, vakwawo kapi vana kurugana maruha gawo.

4. *Which of the following situation is a sign of estrangement?*

___ Ukaro musinke mmweyi yin aka kwamako ou una kulikida yidimbwiliso yepiro kulizuvha?

___ Vakaume vavali owo vana kulipita mositaura, nye nkenye gumwe ana ncenuna/sense mukwawo.

___ Gumwe ogu ana kuya sika pepongo ntani nkenye gumwe kuna kumu morora nawa.

___ *Nampilil ngomu vana kara noukaro wouwa kwa gumwe namukwawo, vahameni vavali womo mbunga vana lizengura moku lihamesera moProjeka kumwe.*

5. Tokora nsene asi, nontanto edi dina ka kwamako usili ndi:

___ Gumwe gahepa kutanta usili woku hamena eyi gazarere vakwaawo; kapi yina kara hepero nsene asi, nomutjima dawo vadilimbika.

___ Ya hungama moku tanta yimpempa moku kandanapo mapiro kulizuvh.

___ Mapiro kuli zuvha kuga gusapo neharo noufenkenda.

___ Nonkango kutanta yuma nsene kuna kudi huyunga neharo.

- _____ Yahungama tupu moku rwana nsene asi, kweli ogu ana yivareke.
- _____ Gumwe gakara nounankondo woku likotokesa nsene asi, vakwawo tava vere ndi kapi vana hafa.
- _____ Kapi yakara ufenkenda poku zora vakwetu nsene asi, vana kuzonene yuma.
- _____ Nsene asi, pana kara elizuvho lyedigu pokatji kovakaume, nkenye ogu gahepa kurugana nonkambadaro doku likarera moku henyena mukwawo.
- _____ Nsene asi, pana kara malizuvho gomanene pokatji kovakaume, nkenye gumwe gahepa kulididimikira andindire dogoro mukwawo amu henyene pepi.

RUHA 7

Resa matjangwa temwinino pevhu opo noku ga kwata momutwe.

“... Rugambo ku kugusapo uzera womutjima, ntani kudimisa eparu lyomwenyo.”¹⁶

“Waha litjilikida mononzo dovakweni, nove ngano kuvhura okare nononzo nyamoge.”¹⁷

“Waha huyunga yoyidona, kapi ngo vhura kuyi zuvha omu vana kuyi kutantera, ntani kapi okwatesoko mapuko govakwetetu komapuko gawo kuvhura gamoneke ngwendi gomanene ... ”¹⁸

“Ove Muntu sisitwa! Ngapi omu nolidivara mapuko ganyamoge noku lipyakidira nomapuko govakweni?”¹⁹

1. Udoni musinke aru retapo rugambo kogu ana ku gamba?

2. Yinke eyi natu vhura ku gazara nsene asi, tulitwikilikida mononzo dovakwetetu? _____

3. Yinke eyi nayi horoka sene asi, tuhokwa maunzoni govakwetetu?

4. Yinke eyi natu hova kugazara nsene asi, kuna ku gazara mapuko govakwetetu?

RUHA 8

Kumwe nomatjangwa temwinino tjangwa momagano, rugana oyo yina ku kwamako:

1. Yinke eyi yahoroka kezo komeho lyomwenyo gomuntu ogu ana kudemenena komapuko govantu vakwaawo?

2. Udonā musinke aru retesapo rugambo monkarapamwe?

3. Yinke eyi norugana nsene asi, mukweni ana vareke kuhuyunga mapuko govakwaawo? _____

4. Tokora nsene asi, nontanto odo dina ku kwamako usili:

___ Nsene tu huyunga mousili mapuko gagumwe, ose kapi tuna kugamba.

___ Nsene asi, tuhuyunga epandadeko lyagumwe ogu lina fire, ntani nomapuko gendi posiruwo soku lifana, ose kapi tuna kugamba.

___ Rugambo kuvhuka nsene asi, monkarapamwe zetu ntani nose tu tulisapo ukaro woku ganyokera.

___ Nsene asi, ogu ana kuyipurakena atokora asi, kapi ngaka yirugurura eyi vana huyunga vakwaawo, kapi kwa kara epuko poku gamba.

___ Rugambo kwa kara nkore zonene zelikwatakano kumwe.

___ Nsene tuli yikisa kuhuyunga vantu siruwo nasinye, ose kugwira nye morugambo.

___ Nsene asi, nkarero zovantu woku lisiga siga vana kuli yonga momapongero gomo mukunda geyi yopampepo, poku ninka asi, vatumbure Edina lyomuhameni mo Komiti, yangosina rugambo.

___ Nsene kuna kuli zuvha ngwendi tugambe twa hepa kudiworoka mapuko ga nyamwetu.

___ Nsene tuna diva muntu ogu ana kurugana maudona goku yipika Epuro, twa hepa kuyi zogera kumwe novahamēni womo nkarapamwe.

___ Nsene tudiva asi, muntu kuna rugana yuma yoku reta udonā, Kepuro, twa hepa kudivisako Epongo lyopaMpepo lyopantambo mukunda lyePongero.

___ Kapi ya kara epuko valikwali moku lihuyunga mapuko govakwaawo, ngomu tupu yakara asi, kwato eyi nayi kara mokahore hore kwa nkenye gumwe gwawo.

RUHA 9

Sitambo soruha oru ngomu tupu vana yitumbura, kevarekero soku kwafa vahamenimo mono nkambadaro dawo doku tulisapo enkonopeko lyoku yika kuresa matjangwa goKupongoka nkenye ezuva, noku teda etanto lyago. Kuresa novelise da Karunga nkenye ngurangura nankenye ngurova kwa kara erongo lya Bahá'u'lláh poku tulisapo ukaro wouwa weyi yopampepo. Matjangwa aga gana ka kwamako kuna kutu diworokesa unzi weyi twa gwana noku yisikisamo yitumbukira ntani noku korangeda tu yikwate egano:

“Mbwitameni nyamweni mefuta lyono nkango doku pira mahoramo, omu mwa kara mauwa nagenye goUkonentu ou wa horama konsinko.”²⁰

Poku manesa ruha gona oru kuvhura ohare kugwa mbapira zoMatjangwa ga Bahá'u'lláh' noku garesa nkenye ezuva. Nonkango edi dahoramo, kwa kara ehoroworo lyokuhova lyewa.

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Ekanderero

Prayer

Sitambo

Sokuteda mulyo gekanderero noku yitura
moyirugana poku kanderera nkenyapa

RUHA 1

Ekaropo lyevango lya Ruhi Institute kwa litambesera moku kwafa vahamenimo vagende monzira zosirugana. Ose kugenda monzira ezi zakara momarupe gavali metanto lyositambo—yoku kura pampepo ntani nopandunge noku twikira nomalisinto gomo nkarapamwe. Eyi yivali kwa kara sitambo setu soku pira kuvhura kuganuna kosikwawo. Bahá'u'lláh kwa kutu ranya poku tutjangera asi:

“Mwa ha lipyakidira noyinka yanyamweni; sigeni yigazo yeni yidemenene kweyi yoku muwapukurura yipo pe eragopo lyovantu noku lipongwera nomutjima deni nonomwenyo deni vantu.”¹

Metjangwa limwe, Age kwa yizeresa:

“.. . sitambo seyi gakarererapo marutu govantu, kutunda kwa nayimwesi, kwa wiza mosihwi sosisitwa, yipo ngava rugane vawapeke uzuni noku tunga kumwe melikwakano nomo mpora.”²

Moku kwama ukaro womonda zetu, Age kwa tente asi:

“Mutjima gwa kuhuka kwa kara ntarero; goku zereso kumwe neharo nelididimikiro lyoku rukanena Karunga gousili, ezuva kuvhura ngali temenemo ntani noku retamo mwenye gwanarunye pongurangura.”³

Ntani ‘Abdu’l-Bahá kwa tu tantera asi:

“Nomutjima deni dahepa ku kuhuka ntani yitambo yeni yikare yoyiwa, yipo ngomu kagwane etungiko lyoku tunda meguru.”⁴

1. Yinke eyi natu demenena noku didilika moyigazo yetu koyinka yetu?

2. Kositambo musinke seyi twa tunda mwa nayimwesi tuya kare mosihwi sosisitwa?

3. Nosinke natu zereso nontarero domo nomutjima detu? _____

4. Maukaro musinke gamwe aga naga koka unankondo weguru ou watu pa? _____

5. Mouli usili mweyi yina ka kwamako ndi?

- Sokuhoverera wahepa kuli pakera mbili nyamoge ntani novhura kupakera mbili vakweni.
- Nsene asi, ove narunye ku kwafa vakweni, ngo zumbanesankenyapa yitambo yanyamoge.
- Ove nyove kaume zanyamoge gopomutjima.
- Eyi yakara mulyo unene yoku diva eyi ayi tuhafesa.
- Kwana nonzodi doge makura ngadi ku tware koruhafo.
- Kasinene tupu kapi ono kuzuvhisa ku kora nkenye gumwe, kapi yakara hepero nkenye eyi ono kurugana.
- Nayinye yahungama mweyi yaku ninkisa okare mfudu, kasinene tupu muna kara mauwa

RUHA 2

Eyi yakara ntjima tjima zayi vali yoyitambo eyi kuvhura nye yituretere nayinye eyi tuna hepa. Bahá'u'lláh kwa tanta asi:

“Ove muna Mpepo! Ame kwa kusitire nongawo, morwa sinke noli reterera nyamoge ruhepo? Ame kwa kusitire nelinunupiko, morwa sinke eyi ono kuli nenepekera nyamogef? Noudivi naku pere ove sisitwa, morwa sinke ono ku paparera uzera wankenye gumwe kugusako nge Ame? Kumwe nerova lyeharo, noku hungire ove, ngapi nye ono kuli randesa nyamoge navamwe? Pirwira meho goge kwa nyamoge, yipo ngo gwana usikameno mwa nyamoge, unankondo, nonkondo noku lisikamena pwanyamoge.”⁵

Zwida momapepa gomuporongwa pevhu moku ku kwafa otede nawa matjangwa aga.

“Ove munwa Mpepo! Ame kwa kusitire _____, morwa sinke ono kuli reterera nyamoge _____ to _____ ?
_____ Ame _____ ove, kupiko ove _____ nyamoge? Kwa ku _____ Ame kwa kupere okare sisitwa, morwa sinke _____ ove _____ kwa nkenye gumwe kugusako _____ ? Kumwe nerova _____ Ame _____ ove, ngapi omu wa _____ nyamoge kumwe no _____ ? Piruka _____ otare _____, yipo ngo gwane _____ eyi yakaramo moge, _____, _____ ntani _____”

Moku kara nousili weyi yono mwenyo detu, ose twa hepa kupirukira korunone rousintwe wetu noku papara uzera Mwendi. Nkedi zimwe zakara pamusinini moku zisikisamo kwa kara zoku pitira momakanderero. Shoghi Effendi, Mukungi gePuliro kuna kutu tantera asi, sitambo sosinene po, soku tulisapo muntu pamundinda ndi nkarapamwe, kupitira momulyo gweyi yopampepo nononkondo. Mwenyo gomuntu pomuhoverera vahepa kugu rera. Ntani erero eli lyopampepo mekanderero kwa kara suma somulyopo unene moku gava.”⁶

RUHA 3

Karunga kwa Diva Nayinye, Age Mukonentu gwaNayinye. Age ga tusita noku diva asi , yinke yina kara mono mutjima detu ntani yinke yoyiwa kwetu. Age kapi gapumbwa makanderero getu. Makura yinke nye atu kanderere?

‘Abdu’l-Bahá kwa tanta asi:

“Mekanderero lyenene, muntu ku kanderera eharo lyelike lya Karunga, kapi morwa age gaMutjira ndi heli, ndi ehuguvaro lyomosirongo ndi meguru... Nsene muntu tazi meharo kumwe nomuntu mukwaawo, udigu unene epire kutumbura Edina lyomuharwa gwendi. Ngapi tupu omu yadigopa moku pira kutumbagura Edina lya Karunga apa gumwe akara neharo lyendi... mugara gopampepo kapi agwana ruhafo mwa nkenyesi vapungwira mweyi yoku diworoka Karunga.”⁷

Ntani elimbururo kepuro, Age kwa singonona asi:

“Nsene muntu gumwe ahara mukwawo, kapisi pansitwe nayi harera kuyi huyunga ngoso? Nampili ngomu gadiva asi, vakwaawo vadiva asi, eharo lyendi simpe kapi na hara kuyi vatantera ndi? ...Usuli asi, Karunga gadiva eyi twa hara nye, yoku mukanderera yakara tupu pansitwe, ayo kutunda meharo lyomuntu lyoku hara Karunga.”⁸

1. Manesa nontanto edi dina ku kwamako:

- a. Mo _____ ku kanderera ose _____ kwa kara tupu _____ Karunga, kapisi yeeyi twa mutjira ndi _____, ndi ehuguvaro lyor _____ or _____
- b. Apa atu gwire _____ kumwe nomuntu nage peke, ya kara _____ moku mutumbagura _____ kwetu _____. Yoku hura kupiko _____ yoku lipungwira _____ Edina lya _____ nsene gumwe ana kara _____ nendi.
- c. Muntu gweyi yopampepo kapi agwana _____ mwa nkenye eyi kupitakana _____ mwa Karunga.

2. Yinke eyi atu kanderere? _____

3. Yinke eyi lyaku tanta, Ediworoko lya Karunga? _____

4. Yinke eyi atokomenepo unene muntu kwa mukwawo ogu gahara? _____

5. Kupiko ayi tundu yomakanderero? _____

RUHA 4

Mekanderero eli gadivisire Bahá'u'lláh, tatu resamo asi:

“Ame kuna kuku papara Ove... nininke ekanderero lyange likare mundiro ogu guna kutwera mosikehe ogu vana kudimisa uwa wago, ntani uzera woku ku kwara kefuta oku wa Kara.”⁹

Tutu pura Karunga mekanderero lyoku lifana:

“Ninka ekanderero lyange, Ove Hompa gwange likare runone romema goku karererapo, siruwo nasinye esi naku paruka, ngo unankondo woge ntani noku tambura Edina lyoge mwa nkenye uzuni mo Uzuni woge.”¹⁰

1. Morupe musinke mekanderero eli naku kara ngwendi mundiro? Yinke eyi agu li?

2. Tumburako yimwe eyi yatunda kwa Karunga: _____

3. Ekanderero kuvhura likare ngwendi uzera? Kupiko ayi tu twara?

4. Ekanderero kuvhura likare ngorunone romema rweparu? Yinke eyi vapa nomwenyo detu?

RUHA 5

Resa noku teda nonkango edi dina ka kwamako da ‘Abdu’l-Bahá:

“Kwato eyi yatovara unene mouzuni kupitakana ekanderero. Vantu vahepa kuparuka nomakanderero. Ukaro ou watungwikapo unene womakanderero nomahundiro. Ekanderero kwa kara nzogera kumwe na Karunga. Yina kugwanesapo yoyinene unene ndi kwato eyi yatovara unene ngwendi ekanderero kumwe na Karunga. Ayo kuresapo yopampepo, kuresapo epakero mbili ntani elizuvho uwaawa, kuli zuvha morupe rorupe, roku kokera koUtungi ntani noku retesapo malisigo gomanene moudivi wounene.”¹¹

1. Yinke eyi yatovara po unene mouzuni ou? _____

2. Yinke eyi runa kutanta ruha tjangwa gona ekanderero _____

3. Tumburako yimwe eyi ali retesapo ekanderero: _____

4. Tarurura matjangwa temwinino aga ono lirongo momaruha aga gomasesu noku tjanga maruha tjangwa gona gatano kombinga zonkarero.
 - Ekanderero kwa _____
 - Ekanderero kwa _____
 - Ekanderero kwa _____
 - Ekanderero kwa _____
 - Ekanderero kwa _____

RUHA 6

Resa nonkango edi dina ku kwamako da Bahá'u'lláh ntani di teda:

“Kwata egano mukareli gwange novelise daKarunga edi wagwana kwendi, odikwate ngwendi gogu gadi gwana kwendi, yipo owo utovara wago utwere momwenyo goge, noku koka nomutjima dovantu navenye. Owo ava tumbagura ehoramo lyomo ruha rwawo, valise eli gadivisa Karunga, vaEngeli vana kuhanene Munankondo nadinnye, vana lihamene nedumba lyononkango edi ono huyunga nokana kogentani ngayi guma nomutjima dovahungami di tukauke. Nampili ngomu yina kara asi, pomuhoverera kapi vana diva omu ag gumu m, ulyo gonkenda zzendi sinkwa ntani ngatu hepa ndi moruhura ku kodapeka rudimbo ronomwenyo dawo. Yipo nye yitukiso yomahoramo ga Karunga kwa kara nomulyo gweyi gahara ogu gakara ntundiliro zorunone rononkondo noUkonentu.”¹²

1. Yinke eyi azi tanta nkango kwata egano? _____

2. Ngapi omu naku kwata egano novelise daKarunga? _____

3. Yinke eyi azi tanta nkango” rugurura”? _____

4. Yinke azi tanta nkango kuli hana? _____

5. Yinke eyi au retesapo utovara worudimbo rwetu mono mwenyetu detu?

-
6. Ngapi omu au gumu utovara worudimbo rwetu mono mutjima dovakwetetu nawo peke?
-
-

RUHA 7

Kuhara ngwendi okwate momutwe matjangwa aga gavali gana ku kwamako, goku tunda mediviso lyekanderero Iya Bahá'u'lláh:

“Karunga, Karunga gwange! Waha tara kehuguvaro lyange noyirugana yange, nye nani eharo lyoge lisikemo eli lyapitakana eyi yakara meguru nepevhu. Morwa Edina lyoge lyenene, Ove Homba gono muhoko nadinnye! Ame kuna hara kurugana eyi wa hara ove niyi rugane, ntani eharo lyelike, eli wakara nalyo.”¹³

“Ove wa wapera ku ku tangauka owo vana ku kara pepi mazwi gawo gazeruke meguru pepi noge ndi nomutjima doyidira yawo eyi yali turamo unene moku sikisamo nayinye mevero lyoge. Ame kwa ku gava umbangi asi, wafira matungiko nagenye ntani wapongoka kupitakana madina nagenye. Kwato Karunga gakarako gahana asi, nyove, ove ugu wazeruka unene, wa fira Uyerere naunye.”¹⁴

RUHA 8

‘Abdu’l-Bahá kwa tanta asi:

“Kwa hara mukareli goge ta kanderere noku pura mbatero zoku tunda kwa Karunga noku hundira nelinunupiko moku gwana mbatero zendi. Yangosina ku kara sirugana ntani Homba nga tungika nkenye ugu ana hara moku kwama ukonentu ou ana hara.”¹⁵

Ntani Age kwa singonona:

“Ekodapeko lyopaMpepo; ekanderero kuguma pampepo. Yipo nye atu kanderere, ‘Ove Karunga verura woku vera!’ Hundira Karunga naku limburura. Yakara hepero asi, yilye ugu ana ku kanderera ndi? Karunga nga limburura makanderero ga nkenye mukareli gwendi nsene asi ekanderero lyongenderera. Ufenkenda wendi unene, kapi wapaka uhura. Age kulimburura makanderero govaKareli vendi navenye. Age kulimburura makanderero goyimenwa yendi. Yimenwa kandererani unene, ‘Karunga tuma ko mvhura!’ Karunga limburura makanderero, ntani yimenwa yikure. Karunga nga limburura navenye.”¹⁶

Yimo yakara pansitwe asi, moma kanderero getu ose kupura karunga asikisemo nompumbwe detu. Yipo nye atu kanderere ukanguki wetu ntani noukanguki wovaharwa vetu, ose ku kanderera yopampepo noyuma yoku twara komeho mapata ntani ku kanderera vatu mbukiso. Ose kupura nonkondo depuro ntani ekoreko lyonzira zosirugana setu. Poku kanderera kwa Karunga, ose twa hepa, kudiworoka yitambo yomparu getu moku liza kumwe nomu ana yiharere. Yipo nye twa hepa ku kanderera Eharo lyendi lisikemo noku liwapayikira tuli gave kwalyo. Nsene tuli turamo nonkango edi dina ku kwamako da ‘Abdu’l-Bahá doku diworoka, ngadi tu kwafa ngo runone ntani ruhafo nehuguvareso koge yiruwu nayinye:

“Ove wakara nononkondo pirwira sipara soge kwa Karunga! Ferera meho goge koyininke nayinye yopeke, ntani kwendi ogu gakara noUyerere naunye. Pura nkenye eyi ono hara kwendi kwelike; papara nkenye eyi ono hara kwendi kwelike. Kutara tupu nare ana gava ehuguvareso komayovi mafere, kuvanza tupu ngesi nare ana vereru mayovi mafere yironda yago nomutji, komauvera goku pira kuveruka, nsene alipuka nare ana va verura nomutjima dowo vana kara momudwaro goruguwo. Age kurugana eyi arugana ntani yinke nye eyi natu kara nosinka kwendi? Age kusikisamo Eharo lyendi, Age kutungika nkenye oku ana hara. Yoyiwako koge nyongeka mutwe goge noku ligava noku tura ehuguvaro mwendi Hompa goufenkenda naunye.”¹⁷

RUHA 9

Kwa nayinye eyi tuna lirongo dogoro papa, yina zere asi, ku kanderera kwa Karunga kwa kara sina kugwanesapo somulyo unene separu lyopampepo. Ngapi omu yatovara moku kanderera kwa Karunga konyima tupu zoku pinduka ngurangura nani masiku komeho zoku rara. Siruwo esi atu kanderere nkenye ezuva ntani sivaro somakanderero aga atu kanderere ku kwama kweyi tuna hepa ntani enota lyopampepo. Mwa nkenye silika, ose kuvhura kuhorowora mwa nkenye makanderero aga gatupere Bahá’u’lláh, Báb, ntani ‘Abdu’l-Bahá. Bahá’u’lláh kwa divisa hena asi, yipo nye yakara situmbukira poku kanderera yikando yittatu mezuva nkenye ezuva. Shoghi Effendi kwa tanta asi:

“Makanderero gopasitumbukira gankenye ezuva kwa kara gatatu mezuva. Lyesupipo kwa kara novelise zimwe tupu ezi ava rugurura, nkenye povili zau norombali nane mutwe katji. Lyopokatji alyo kuvareka nonkango edi asi, Homopa umbangi wou asi, kwato hena Karunga nage peke ntudi nyove, nye vahepa kuli rugurura yikando yittatu mezuva, ngurangura, kositenguko ntani kongurova. Ekanderero eli kusikisamo yirugana yimwe yoparutu pasirugana salyo. Ekanderero lyere po eli vatamununa momunene, mwaga gatatu, kuli rugurura sikando simwe tupu konyima zonovili noro mbali na ne nadi pitapo nani nkenye ruveze oru ana kuli zuvha asi, ta kanderere.

“Mupuli gakara nye noumanguruki woku horowora mwaga gatatu nkenye limwe, nye nedemeneno lyoku gusa simbukira soku garugurura limwe lyomakanderero gena moku liza kumwe nonombinga edi vadiidilika edi nadi vhura ku kwaa.”¹⁸

Ntani age kwa twikira asi:

“Ekanderero lyankenye ezuva lyositumbukira kuli kanderera novakwetetu wongandi, ngwendi Ekanderero lyoku verura, Ekanderero lyoyipango/ Tablet ya Ahmad, kwa yitura mwa Bahá’u’lláh nomulyo goku likarera ntani yipo nye

lyahepa kuli tamburako poku lili tambagura vapulire kwa hana mapuro goku hamena epuliro nehuguvaro, kupitira mwago ago kuli kwatakana kumwe na Karunga, ntani kwava dimburura vene moku sikisamo paku zulilira veta noyiturwapo yendi.”¹⁹

Makanderero gatatu gositumbukira kwaga likida Bahá’u’Iláh asi, kuga kanderera muntu pamundinda. Ekanderero lyoku kanderera mombunga momakanderero gankenye ezuva gositumbukira mombunga, moku kwama eyi yakarapo mepuliro lyova Bahá’í. Ekanderero lyovafe kw aka lyepongero yimo vali singonona moveta zova Bahá’í. Alyo kuli rugurura komeho zowo vana karapo, siruwo oso goku hupako gombunga ezi zina sikama melimweneneno.

1. Yinke eyi azi tanta nkango situmbukira? _____

2. Makanderero gangapi gositumbukira gakara po gankenye ezuva aga gadivisa Bahá’u’Iláh? _____

3. Turugurure ku kanderera makanderero nagenye gatatu nkenye ezuva? _____

4. Nsene tuna horowora yoku kanaderera ekanderero lyere, yikando yingapi eyi natu vhura kuli rugurura nkenye ezuva? _____

5. Yinkando yingapi natu kanderera, nsene tuhorowora ku kanderera ekanderero lyopokatji lyositumbukira? _____
6. Yikando yingapi natu kanderera, nsene tuhorowora ku kanderera ekanderero lyesupi lyositumbukira? _____
7. Tumburako makadanrere o gamwe aga gakara nononkondo doku likarera: _____

8. Lironga oyikwate momutwe nsene asi, kapi simpe ono yirugana ngoso, yekanderero lyesupi lyositumbukira:

“Ame nakara noumbangi Karunga gwanage, asi nyove wasitange, niku dive Ove ntani niku kanderere. Ame kuna kugava umbangi, poruveze oru, koupira nkondo wange, ntani koUnankondo woge, koruhepo rwange noUngawo woge.

“Kwato Karunga nage peke kupita ove, Kwafange momaudigu gange, ninka nilisikamene pwanyamwange.”²⁰

9. Kwa lye oku atu tamesere makanderero aga? _____

RUHA 10

Twa hepa kudiworoka asi, moku gwedako komatungiko aga atu gwana poku sikisamo veta zomakandarero gositumbukira ntani noku pakera mbili eyi atu gwana, poku kanderera makanderero nago peke pamundinda, nomwenyo detu kudi kudizerura nsene vana zuvhu makanderero aga vana kurugurura momapongo, gonombunga gona ndi dononene. Bahá'u'lláh kwa tu tantera asi:

“Pongeni kumwe noruhafo rorunene nelikwatakano kumwe murugurure novelise edi gwa gwana daHompá gonkenda. Poku yirugana ngosina nomuvero doufenkenda wousili ngava dimuzegwilira mosinko sountu weni, ntani one ngomu zuvha nomwenyo deni omu ngava dipa udidimiki nonomutjima edi vana zwida nosita soruhafo.”²¹

Ose natuvenye ku gwana ruhafo roku tunda koudivi, asi, kwa kara mapongo govapuli mouzuni, novakwetetu novamusinda apa ava wiza kumwe vaya lye kumwe na Karunga, ugu avhukisa yuma yikare mayovi nomayovi. Nzugo zoUhungami pantambo zoUzuni kwa tjanga asi:

“Mapongo gelituromo lyenene kwa kara yilika apa monomwenyo amu hwilire edumba lyemeguru, noku gwanekera kumwe noutovara womakanderero, etedo lyononkango dalipyakidira, poku digendesa pomavava gompepo noku kulya kumwe owo vali hara. Elizuvho lyelipakerero kumwe ntani ekondjero lyositambo simwe tupu kuyi tulisapo, sinene po momaliyongo geyi yopampepo pansitwe ku karako posiruwo oso, ntani yimo kwa kara sitata sono mutjima dovantu edi ava zegurura.”²²

Apa atu lizuvhu asi, gana tu gumu makanderero, ose kundindira melimweneno karuwo gona, yipo tuzerese magano getu koyuma yomo uzuni ou. Ose simpe kuna ku kanderera, yigazo yetu kuyitambesera kwa Karunga. Konyima zoku rugurura makanderero, ose simpe ku limwenenena karuwo kongandi, ntani kusangumuka tuze moyiviyauka nayo peke. Yokulifana ya kara usili poku kanderera novakwetetu poku ponga kumwe. Poyilika yangosina ose ku kara moukaro womakanderero ntani ku kwamako nonkango pepi pepi, nampili ngomu kumwe tuna kuga rugurura.

1. Noukaro musinke natu ponga, nsene tatu kanderere novelise da Karunga?

2. Yitundwamo musinke poku ponga kumwe tu rugurure novelise da Karunga? _____

3. Mapongo gomakanderero kwa kara mpito ezi nomwenyo detu nadi vhura ku
- _____,
- _____,
- _____,
- _____,
- _____, ntani
- _____.

4. Elizuvho musinke eli aga retesapo makanderero gomapongo?

5. Yinke eyi aga retesapo maliyongo geyi yopampepo aga pansitwe aga horoka momapongo? _____

6. Tjanga nonkango dononsesu kuhamena ukaro wongandi ou natu vhura kulikida poku kanderera, apa atu kara nyoselike ndi mepongo. _____

RUHA 11

Ruha gona roku hova mombapira ezi, kwa demenena po unene kombinga zeyi yoku lihikisa kuresa matjangwa aga vaTjanga nkenye ezuva noku ligazara eyi gana kutanta. Ono liteda apa mulyo gomakanderero ntani morwa yangosina, ninka nye gakare situmbukira soku kanderera nkenye ezuva. Ruha roku hulilira kuna tur eta tuzuvheko asi, mulyo musinke gwa karapo moku kanderera monkarapawme. Nayinye eyi ono lirongo dogoro papa kwa yirongikida moku wapayikire kweyi yina ka kwamako, nsene asi, ono hara, yoku hova kurugana monzira zosirugana: kutulisapo mapongo gomakanderero gelituromo.

Ngontambo zoku hoverera no hara kulironga okwate momutwe makanderero goku lisiga siga, noku gwana mpito zoku lipaapako yangosina kumwe novakweni wovasesu. Po siruwo soku lifana, kuvhura odivilise asi, to kara momapongo gomakanderero gelituromo monkarapamwe zeni ntani noku livarwiramo mokatji komakwatesoko gago. Kuli harukako, no tokora kutulisapo gomakanderero gelituromo nyamoge, poku zigida vakweni, vekoro, novamusinda muponga ponge nkenyapa ntani nelikwakano kumwe. Kapisi yigenda kwa vavali ndi vatatu, owo ava lihameseremo, kuvareka nomakanderero gelituromo.

Ligazarasi, kapi kwa kara nkedi zomu ava rongikida makanderero gelituromo. Nye yina zere nawa nawa asi, mapongo kumwe novakwetetu omu ava kanderere noku resa matjangwa goku tunda moMatjangwa, ntani kuzerura nzogera zina kara po—nayinye kuresapo mpepo zongwa. Kuvhura ohuyunge nonkango dononsesu domagano goku hamena nkenye eyi yin aka kwamako, moku liza neyi yina karapo mo makanderero?

Kutuma ezigido lyeharo lyenene: _____

Kutulisapo ukaro wouwa wetambwiromo: _____

Ku kwaterekeda mpepo zelididimikiro: _____

Kuzerura elikwatakano lyoruhafo: _____

Ku korangeda pakare mahuyungo goku zerura pampepo:

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Eparu ntani Nomfa

Life and Death

Sitambo

Soku pandurako asi eparu kapi tupu lyakareraipo
malisinto nonompito mouzuni ou nye nani
moku gwana usili womulyo gwene gwene
gomakuliko gomwenyo

RUHA 1

Mwenyo gomuntu kwa zeruka kupitakana nayinye ntani nonkarero zouzuni. Mwa simwe soyihuyungwa yendi, ‘Abdu’I-Bahá kwa singonona asi:

“Marutu getu aga kwa ruganesa koyuma; nsene yuma yina vakwatakanesa kumwe yiligaunuka makura tadi wizapo edi atu tambura asi, nomfa...

“Kumwe nomwenyo ayo yali siga nye. Mwenyo kapi vagu ruganesa koyuma, kapi agu woro yuma yago, ago kapi ava gumono yipo nye ago kwa karerapo. Ago kapi gwa kara mompompa zimwe nesito lyeyi atu vhuru kumona, age kwa karererapo!”¹

1. Yinke yina kutanta kukwatakanesa kumwe kumwe? _____
2. Ago mwenyo gomuntu kwa gukwakatanesa kumwe noyuma yoku lisiga siga ngwendi yuma yomo marutu ndi? _____
3. Mwenyo gomuntu suma sokuvhura ku mona ndi? _____

RUHA 2

Mbilive ezi vatjenge moku kwareramo Vakungi vepangero, asi, nomwenyo dovantu ku wiza moukaro wovantu puku kwateka ezimo”.²Poku kumburura kepuli lyoku hamena eyi yina kutanta, puku kwateka ezimo”, Nzugo zoUhungami pantambo zoUzuni kwa didilika asi:

“Kwato eyi yakara momatjangwa govapuli wovaBahá’í eyi yasingonona nawa nawa kombinga zonkarero zeyi ayi horoka puku kwateka ezim,’. Eruganeso lyonkango zina zakara mweyi youkanguki, kumoneka hena asi, kapi yahungama. Mouhunga, gumwe kuvhura kuzuvha nkango ku kwateka ezimo kwa lifana kumwe neyi yomalivharasano, ano gumwe asi, yimo kuhoroka, puku vhadeka meuta, ntani nopo kurundurura eyi ayi retesapo ezimo. Yipo nye, kuvhura tupire kudiva malikwatakano gomwenyo koyuma eyi atu mono omu ayi kara, ntani mapuro gangosina kuvhura kudigopa moku gafaturura noyigazo yopantu mevango lyoku hamesera komahoramo goyitetukisa yopampepo mouzuni ntani nkarero zomwenyo gwene.”³

1. Ruvezeke mwenyo gomuntu agu wizapo? _____

2. Nkango” ku kwateka ezimo” zasingonona nawa nawa nkarero zosintwe pwangesi? _____

RUHA 3

Magwanekedeso gopokatji komwenyo norutu kapisi goyuma yoku vhura kumona, mwenyo kapi agu hwilire ndi gutunde morutu ntani kapi gwa gusa evango lyomo rutu. Ago kwa gu kakadeka korutu monkedi doku lifana ngwendi moomu wa kara uzera nontarero eyi ayi lihasa kumwe nosikwawo. Uzera kumoneka montatero kapi wakara montarero.

Monkedi zoku lifana, mwenyo kapisi monda zomarutu getu gwa kara. Ngomu tupu ‘Abdu’l-Bahá gayi likida asi,

“mwenyo gwene, ndi mpepo zomuntu, kapi ayi ava yigusa poku yipinga momarutu—eyi kuna kutanta asi, kapi ayi lihwillire, upingwa ntani nouhwilliro kwa kara yomo marutu, ntani mwenyoko gwene kwa gupongorwa kuyipitakana. Ago narumwesi agu hwilire morutu romuntu, morwa ngano apa agu tundumo yikwawo tayi rondomo hena. Hawe, malikwatakano gompepo norutu kwa likara tupu ngwendi maligwanekero goramba nontarero. Nseene vaputja ntarero noku wapukurura uzera woramba, tau monekamo ntani nsene asi, ntarero zitauka ndi zizidumike Mbundu, uzera simpe tau moneka moomo.”⁴

1. Zwida momavango gomuporongwa nontato odo pevhu.
 - a. Mwenyo gwene ko, ndi _____, kapi agu kara morutu poku gupingira morutu —yina kuna kutanta asi, mwenyo kapi agu_____.
 - b. _____, ndi mpepo zomuntu kapi ayi hwilire morutu rokupingilira ntani uhwilliro wayo _____, ntani mwenyo ko gwene _____.
 - c. Mwenyo narumwesi _____ moku vareka kumwe, morwa ngano nayi kara asi, apa nugu tundamo, _____.
 - d. Malikwatakano gompepo norutu kwa kara ngwendi magwanekedeso go _____.
 - e. Nsene asi, ntarero vazi putja noku ziwapeka, _____ tau monekamo.
 - f. INsene ntarero zitauka ndi zizidumika Mbundu, _____.
2. Moku liza neyi tuna lirongo dogoro papa ngesi, gwana nye asi, odo nontanto daku kwamako usili ndi:
 - _____ Mwenyo kapi gwa hamena koyuma yoku vhura kumona.
 - _____ Mwenyo kwa kara morutu mwene.
 - _____ Rutu yiro rwa weka mwenyo.
 - _____ Mwenyo kwa karerapo.
 - _____ Muntu pamundinda kwa kara ndi ku karapo poku vareka kulikwatakana kumwe mwenyo nomukeke ogu ana kara meuta.
 - _____ Eparu kuvareka apa muntu pamundinda ava muhampurukire mouzuni ou.
 - _____ Muntu pamundinda kwa kara noyuma yoku karapo mpili konyima zonomfa.
 - _____ Eparu kwa hamenamo yuma eyi ayi tuhorokere nkenye ezuva.

3. Ruganesa efano lyouzera nontarero, moku singonona ukaro wopokatji komweno norutu:

RUHA 4

Pwa kara yuma yoku likarera pokatji komwenyo norutu, eyi kumwe ayi tulisapo muntu. Ukaro wina kwa karerapo siruwo esi ali karako eparu lyorutu oru aru hagapo. Apa atu kakadeke pokatji kayo tayi haga moku lirugwira kumwe, ngwendi kontundiliro—rutu kwa hamena kombundu ntani mwenyo kwa hamena kompepo zaKarunga, oku azi katwikira kuza komeho. ‘Abdu’I-Bahá kwa tanta asi:

“Mpepo zomuntu kwa kara nevareko nye kapi azi haga, azo ku karerapo narunye.”⁵

Mwa gamwe gomahuyungo gendi age kwa yizeresa asi:

“Mpepo kapi zina hepa rutu, nye rutu runa hepa mpepo, ndi ngano kapi taru karako. Mwenyo kuvhura ku karako pwa hana rutu nye rutu rwahana mpepo kufa.”⁶

Ntani Mukungi kwa singonona asi:

“Kombinga zeyi yoku hamena mwenyo gomuntu: Moku kwama marongo gova Bahá’í mwenyo gomuntu kuvareka apa va hungu muntu meuta, noku twikira ku kura apite monontambo doku lisiga siga dekaropo lyendi, lyahana kuhaga konyima zekaro kuli gaunuka norutu. Azo tazi twikire ngooro ku karapo.”⁷

1. Kumwe nomatjangwa temwinino ogo gana kara keguru momagano, limburura mapuro ogo gana ku kwamako:

a. Rutu rwa pumbwa mwenyo ndi?

b. Mwenyo gwa pumbwa rutu ndi? _____

c. Yinke eyi ayi horoka komalikwatakano gopo katji korutu nomwenyi apa atu fu?

d. Yinke eyi ayi horokere rutu konyima zonomfa? _____

e. Siruwo soku hura kupiko agu twikire ku karako mwenyo? _____

f. Siruwoke ali haga eparu? _____

2. Tokora asi, dipi po edi ono ku kwatesako mweyi ono lirongo momaruba aga:

- ___ Nomfa kwa kara etengeko.
- ___ Elikwatakano pokatji korutu nomwenyo ku karapo mosinema esi aru paruka rutu pwelike.
- ___ Rutu kuvhura kutwikira moku karerapo narunye.
- ___ Mwenyo ku karererapo narunye.
- ___ Nomfa yilyo ehagero lyeparu.
- ___ Ngaku kara ezuva lyompangwiro zoushura apa marutu getu ngaga pinduka koufe.
- ___ Apa atufu mwenyo gwa kara noumanguruki wounzi kupita omu gwa kere komeho zayo.
- ___ Eparu kuhaga pono fa.
- ___ Twa hepa kutjira nomfa.
- ___ Nondya, yidwara, kupwizumuka noku linyanyukisa yakara hepero unene komwenyo.
- ___ Mwenyo kuroroka apa rutu aru ruganesa nonkondo daro.
- ___ Mwenyo kapi ayi gugumu uvera ndi poka pira nonkondo morutu.
- ___ Muntu kupumbwa simpe yuma konyima zoku fa kwendi.

RUHA 5

Tuna mono asi, mwenyo kapi agu gusa evango morutu, ntani kapi agu rugana moku kwama nkarero zeyi yakarapo. Mwenyo kwa pitana makondapeko gomo uzuni kupitira moyuma yomo rutu nye zina kapi zeli nedi ezi mwenyo agu ruganesa nonkondo. Bahá'u'lláh kwa tente asi:

“Usili nina kumutantera, mwenyo gomuntu kwapitakana nayineye. Ago simpe kwa kara po, ago kugenda nye simpe poguli.”⁸

Ntani ‘Abdu’l-Bahá kwa ku tutantera asi:

“Diva asi, ekodapeko nezuvhoko lyompepo zovantu kwa kara marudi gavalu; yina kuna kutanta asi, mpepo zovantu kurugana momarupe gavalu poka rugana nopo kuzuvha. Rupe rumwe kupitira melitedo lyeyi yakara morutu noyiruganeso noyilyo yaro. Yipo nye kuyimona nomeho, kuyi zuvha nomatwi, ku yihuyunga neraka...

“Rupe rumwe romu azi kodapeke mpepo ntani noyirugana yahara yiruganeso noyilyo...”⁹

1. Zwida momavango gomuporongwa nontante edi dina ku kwamako:
 - a. Mwenyo gomuntu kwa pitakana nayinye _____ ntani _____.
 - b. Ago _____, ntani simpe _____.
 - c. Ago _____, ntani simpe kwa _____.
2. Singonona nonkedi mbali kuhamena omu ava zuvhuko yoku hamena mwenyo ntani nekodapeko eli agu gava kouzuni ou:

3. Kuvhura ogave yihonena yekodapeko lyomwenyo ntani noyirugana kwa hana yiruganeso yorutu?

RUHA 6

Ngesi momaruha aga gana ka kwamako, resa matjangwa goku tunda moMatjangwa ga Bahá'u'lláh:

“Wayidiva asi, mweenyo yomuntu kwa pitakana nayinye, ntani ku kwama tupu kounkundi worutu nonondunge. Muntu gokuvera kuli likida upira nkondo mokonda zomadonganeso gopokatji komwenyo gwendi norutu rwendi, mwenyoko gwene kapi ayi gu gumu momudona younkundi woparutu. Gazadara uzera woramba. Nampili yuma yokonze kuvhura yili pitangwidemo mosite sazo, ano site seneko kutwikira kutema nononkondo dononsesu. Morupe roku lifana, nkenye udigu, mahepeko gorutu romuntu kwa kara mo ekandanopo lyo mwenyo mweyi arupingilire unankondo ntani nonkondo. Eyi ayi tundu morutu, ayo kuyimona ngwendi yuma yupu opo, noku yibunwira mono nkondo dekodapeko, kwato yepevhu e yi yahtekana. Nkeny mwenyo gwa kuhuka, vawapukurura noku pongwera kumwe nonnkondo dononene ntani ngagu pembwiramo noruhafo roku pitakanena”¹⁰

1. Singonona mono nkango danyamoge asi, ngapi omu agu hupu po mwenyo ogu gwa kara morutu ndi monondunge ntani umbangi musinke au karapo asi, konyima zoku ligaunuka norutu.

2. Kuvhura tu yivhure pwanyamwetu konyima zonomfa domarutu getu aga tuna kara nago? _____

RUHA 7

Bahá'u'lláh kwa tu tantera asi:

“Ano nye kuhamena mapuro geyi yoku hamena mwenyo gomuntu nomu agu paruka konyima zonomfa. Diva ove usili woku hamena mwenyo, konyima zoku ligaunuka kumwe norutu, kutwikira simpe ku karako dogoro gusike kosipara saKarunga, moukaro ntani nonkarero zezo komeho lyonomvhura nono Centuries, ndi malisinto nonompito domo uzuni ou kuvhura yili sinte. Ago ku karapo moUntungi wa Karunga, Unankondo wendi, Upangeli wendi nounankondo ou ga kara nawo. Ago kumoneka moyidimbwiliso ya Karunga nekuto lyedi ntani age nga Likida ufenkenda nEharo lyendi lyenene.”¹¹

1. Siruwo soku hura kupiko ngagu vhura ku kara ko mwenyo konyima zonomfa? _____
2. Monkedi musinke ngagu twikilira ku karako mwenyo morugendo roku kamona ekaro po Iya Karunga?

3. Yinke yimwe eyi vakakadeka noyidimbwiliso yomwenyo eyi vadivisa monkarero zina?

4. Moku kwama eyi tuna lirongo dogoro papa, tanta nsene asi, oyo yina ka kwamako usli ndi:

- ___ Untungi wa Karunga ngau karerera narunye.
- ___ Mwenyi gwa kara nompito zoku sika kwa Karunga.
- ___ Makanderero aga atu kanderere owo ava tusigi kapi aga gumu monkedi nkenye nomwenyo dawo.
- ___ Mwenyo nezuvali limwe ngagu haga moku karapo:

RUHA 8

Bahá'u'lláh kwa tanta asi:

“Diva ove asi, nkenye etwi eli alizuvhu, nsene vali tura likuhuke kuli tulira ntere lyahana kunyata, poyiruwo nayinye ntani nkenye mbinga, kuzuvha ezwi eli ali tundu mononkango doku pongoka: Yosili ose Karunga ntani Kwendi nga tu tengwira. Mahoramo gomanene gorutu romuntu ntani nomu vapira kutu sinta nye simpe kapi vayi resa ...

“Nomfa kwa tamba nkenye ehuguvaro lyomupuli, ano ozo nkinda zeparu. Amo kwa karamo ruhafo ntani kwa vhukamo epemburo. Amo kwa karamo uhwi weparu lyoku karerera narunye.

“Kowo vamakera enyango lyomuntu mekaropo lyendi pevhu apa, muntu kwa mudimburura asi, kwa kara kumwe na Karunga, poku mupa uyerere wendi, eparu lyendi morupe oru natu pira kuvhura kusingonona. Udivi wakara mwina yipo nye Karunga gelike, Hompa gomauzuni nagenye.”¹²

“Ove Munwa gara gogu gekeguru guru! Ame kwa tura nomfa dikare mutwali mbudi zoruhafo koge. Yipo nye yinke nye mwa ku guvira? Ame narugana uzera utemene umupe nawa uzera. Morwa sinke mwa lidumikira nyamweni kwawo?”¹³

1. Dipo po nontanto dousili mweyi yina ka kwamako?

- ___ Mwenyo gomuntu kwa tunda kwa Karunga ntani ngagu tengura kwendi.
- ___ Udivi naunyeweparu konyima zonomfa ku kara na Karunga.
- ___ Komupuli ogu gali turamo, nomfa eparu.
- ___ Nomfa kwa reta ruhafo.
- ___ Mahoramo goyitetukisa yonomfa kwaga diva navenye.

— Kapi yakara mulyo kwetu moku diva asi, eparu musinke ali
karako konyima zonomfa.

-
- This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

1. Horowora nsene yimo ndi kapisi yimo koyo yina ka kwamako:

- _____ Nonkondo nadinye kwa kara hepero mouzuni ou domo uzuni kwa digwana mosivharero.
- _____ Kapi yina kara hepero zoku lirongikidira eparu eli ngali ka karako mouzuni woku kwamako.
- _____ What we need in the world of the Kingdom must be obtained there.
- _____ Sitambo separu eli soku gwana nonkondo dohepero meparu lyomo uzuni woku kwamako.
- _____ Usili Eparu lyoku kwamako kuvareka apa atufu noku za moUntungi.
- _____ Usili asi, eparu; kuvareka mouzuni ou noku katwikira konyima zonomfa doparutu.

2. Mauwa musinke gamwe aga vakara nago vantu ava gwana vantu mosivharero somo uzuni ou?

3. Mauwa musinke hena gamwe aga ava gwana meparu eli konyima zonomfa?

RUHA 10

Bahá'u'lláh kwa tente asi:

“Situmbukira nasinye somuntu momazuva aga soku ka gwana eyi ngatu kali gavera moruhandzo ronkenda esi azi tundu mwa Karunga. Kwato ogu nagazara unene ndi ununu weyi yakarapo. Unankondo wa vamwe kwa kara meke lyomawoko gomugara, mewoko lyomugara kwa karako nkinda ezi vazwida ntani vamwe kwa karamu magarona gayo.

1. IMoku liza kumwe netjango temwinino eli lina kara keguru, limburura mapuro ogo gana ku kwamako:

a. WSitumbukira musinke sankenye gumwe mezuva lyaneina eli? _____

b. Matungiko musinke gamwe aga wa gwana goku tunda kwa Karunga? _____

- c. Kosinke nkango ezi yoyiwa zatamba metjango temwinino lyekeguru? _____

- d. WMorwa sinke natu pira kugazara unene ndi unene weyi watu pa? _____

- e. WYinke yimwe eyi ayi tu kandana moku pira kugwana ruha rweyi atu gwana moufenkenda waKarunga? _____

2. Yipo yina kara mousili moyo yina ka kwamako?

- ___ Unene ndi Ununu s” wetu kuna tamba asi, ngapi omu twa kotoka.
- ___ Kuruganena Karunga twa hepa kudivara upira nkondo wetu ntani noku tura ehuguvaro lyetu mwendi.
- ___ Nsene asi, mouzuni ose kapi twa tulisapo eyi atu gwana kwa Karunga mwetu, nomwenyo detu ngadi pira nonkondo apa ngatu kasika mouzuni woku kwamako.

RUHA 11

Bahá’u’Iláh kwa tanta asi:

“One kwa purange yoku hamena nkarero zowmenyo, diveni Usii asi, mwenyo kwa kara sidiviso saKarunga gemeguru ou usili kwa ulironga vantu nye kwa rumbwengera kuyi kwata egano ntani ehoroma lyayo kapi ava ligwana egano, yipo nye yadigopa moku retesapo ehuguvaro. Ago kwa kaa gokuhoverera mokatji koyininke eyi gasitikire nekaropo lyomusiti ogu gahovere kudimbura Uyerere wendi, moku kakatera kousili wendi ntani noku mutongamena noku mufumadeka komeho zendi.”¹⁶

1. Zwida momavango gomuporongwa nontanto edi dina ka kwamako:

- a. Mwenyo kwa kara _____ kwa Karunga .
- b. Mwenyo kwa kara _____ ogu _____ sinzi sawo varoroka kulironga nye varumbwengera moku kwata egano ntani owo _____ kwato goku yikwata egano, yipo nye, kuvhura ku kara nehuguvaro _____.
- c. Mwenyo kwa kara _____ moku tanta asi _____.
- d. Mwenyo kwa kere simwe seyi vahore ku _____ Uyerere wa Karunga.

e. Mwenyo kwa kere sisitwa sokhoverera
moku_____ usili woku hamena
Karunga.

f. Mwenyo kwa kere sisitwa _____ moku fumadeka Karunga.

2. Yipipo eyi yina ku kwamako yina kara usili?

_____” Moku digpopa,” eyi yina kutanta asi, wahepa kudiva asi.

_____ Mokatji koyuma nayinye eyi gasita, yigo gokuhovera kudimburura Karunga
mouruvi wovantu.

_____” Nkango kwa twepa kutanat asi, kwa wapa.

_____ Muntu ogu galironga kuvhura akwate egano lyehoramo lyomwenyo.

_____ Valirongi wovanene woudivi woku vhura kutanta asi, nawa
nawa omu ga kara Karunga.

_____ Kapi yina kara hepero zoku gazara kombinga zeyi yoku hamena
mwenyo morwa narumwesi kuyi kwata egano.

RUHA12

Bahá’u’Iláh kwa tanta asi:

“One kwa kara ngwendi yidira eyi ayi zanza mavava gayo nononkondo meguru, noku manesa marugendo gayo noruhafo nehuguvaro, poku pitira mweyi yoyinzi yakara meguru ngomu kutika nzara zení poku hara mema nerova lyakara konhi zevhu ntani neyi yoku mumbwitika meharo lyayo, ligwaneneni nymweni eyi ayi muninkisa umpire kuvhura kutuka ngwendi moomu mwa wizire. Upira nkondo woku pira kuvhura kuku kumunako maudigu goyiviha yoko mavava goyidira, eyi ayi hara kuza meguru guru, noku hara evango lyoku tura kombundu zevhu. Yipo nye one vakarelli vange, kapisí muzonagure mavava geni kumwe nerova lyoku kandukisa noku kara neharo lyomawoko woko, ntani noku hepa kombundu zevhu, poku kara nomfudu nonyengo edi azi donganesa, yoku sika keguru moudivi woufenkenda wange meguru.”¹⁷

1. Manesa nontanto odo dina kara konhi.

a. Yidira eyi ana tamba Bahá’u’Iláh kuna tamba matemwinino tjango go
_____.

b. Yidira yina kwa tunga ko _____.

c. Nsene asi, mavava gosidira kuna ga kumbu, kuna kusininka sipapare oku
nasi kara mo
_____.

2. Ngesi limburura mapuro ogo gana ka kwamako:

- a. Ngapi mavanga gomwenyo ava ga kumbike kumwe"? _____

- b. Maudigu musinke gamwe aga aga remenene, ngwendi mema ntani nerova lyemevhu", kuviha mavava gomwenyo? _____

- c. Yininke musinke yimwe eyi ayi tu kara moku sika meguru lyoudivi weyi youfenkenda? _____

- d. Morwa sinke mwenyo agu lisinti neyi yakara meguru ano mbudi kwa hamena kouzuni ou? _____

3. Tara nsene nontanto edi dina ka kwamako usilimo ndi:

- ____ Eyi vakakadeka kouzuni ou kudonganesa ezo komeho lyeyi yopampepo.
- ____ Unene wetu ntani neyi atu hara ayi pilire kutompoka kutu rugwida konyima poku tuka meguru lyoudivi woufenkenda wemeguru.
- ____ Mfudu nonyengo kwa kara yuma yopansitwe movantu ntani kapi ayi pe udigu mwenyo.
- ____ Kuvhura tuliguse nyose vene komaudigu goku tu kandana kweyi yoku sukire meguru, morwa unene weyi yakara meguru, poku ligusa nyamwetu koyininke yomouzuni ou.
- ____ Mwenyo embo lyago moUzuni ou.

RUHA 13

Bahá'u'lláh kwa tanta asi:

“Poku sita nye uzuni ntani nanayinye eyi yakaramo, neyi ayi gendimo , Age poku rugana kuvyukilira kapi ga kara nomasiliko ntani nompangera zopaumwene, kwa tokwere mokupa muntu nkarero zoku likarera zoku lisiga nompito zoku mudiva noku muhara— mpito zoku kara asi , yihepwa yendi vahepa kuyi diva wono muhoko ntani noyitambo yayo eyi vapa nsitwe nazinye.. . . MoUsili wene nkenye gumwe ntani nankenye esi vasita, age kwa sipa

uzera nedina limwe lyendi, ntani noku vaninka vagwane Uyerere wendi. MoUsili woku hamena muntu, yipo nye Age kwa demenena unene kosite sanavenye medina lyendi ntani nefumadekeo, noku yininka yikare ntarero zaMwene. Gelike mokatji koyisitwa nayinye esi vasita, muntu kwa muhoroweremo gelike akare nounene moku liza nanayinye yoyinzi.”¹⁸

1. Zwidamo momavango ogo gomuporongwa pevhu.
 - a. Karunga kwa here kupa muntu elisigo lyene nompito zoku _____.
 - b. MoUsili wounene wo _____ ntani _____ gasitire Karunga yinike noku yipa uzera wo _____, noku mutura agwane Uyerere wendi _____.
 - c. Mousili wene muntu, age kwa demenene kosite so _____, ntani kwa zitura ntarero za _____.
2. Ngesi limburura nye mapuro ogo gana ku kwamako:
 - a. Kuvhura otumbure yimwe eyi yafumanesa Karunga? _____
 - b. Yinke yimwe mweyi yafumanesa Karunga eyi nagu vhura kuliteda mwenyo gomuntu? _____
 - c. Ngapi omu efumano eli vali divisa? _____
 - d. Nokonda musinke zoku likarera ezi vahangura muntu moyisitwa nayinye? _____
3. Dipi do dina kara mousili modo dina ku kwamako?

_____ Mutjima gomuntu kapi gwa lisiga nedi doysisitwa yimwe.

_____ Mpito zoku diva Karunga ntani noku muhara, kwa kara mpito zoku likarera ntani yiso sitambo sokuhoverera esi vadidilika unene mesito nalinye.

_____ Usili wanayinye eyi vasita kwa yipa mfumwa zimwe tupu Karunga

_____ Mwenyo gomuntu kuvhura kuli teda mfumwa nazinye zaKarunga.

RUHA 14

Bahá'u'lláh kwa tu tantera asi:

“Unankondo ou vapa ogu vasita noudivi woufenkenda wekeguru wounzi noku kara runone ronombyukiso doku tunda keguru, kwa gwana usili ou wakara

momuntu, yipo nye kwa kara mwendi, nampili maraka gomundiro vaga horeke mosera ntani site soramba kwa kara mo ramba. Uzera wononkondo edi kuvhura ku udonganesa eharo lyeyi youzuni ou, nampili ngano site seszuva kuvhura kusihoreka konhi zombundu ntani neyi yoku dumika pontatero. Zikare sera ndi ramba kuvhura kutemena nonkambadaro dopaumwene edi vana pilire ku kwafa, ndi kuvhura ntatero zippier ku kara neyi ayi zitemesa. Yazera noku ngambipara asi, dogoro mundiro kuteme moramba, ngano kapi zahwama ntani nampili Mbundu nsene zikara monda sipara nezuvasi limwe ngasi meneke montarero noku likida sihwu, sezuva ndi sili hase site ntani nouyerere.”¹⁹

1. Yinke eyi azi tanta nkango, ediliro? _____

2. Nonkondo musinke edi dakara mediliro lyomwenyo gomuntu? _____

3. Mpito musinke ezi zakara nazo ramba? _____
4. Mpito musinke ezi zakara nazo ntarero? _____

5. Yinke eyi norugana koramba yipo zigave uzera? _____

6. Yinke eyi norugana kontarero yipo silihasemo site? _____

7. Ramba ntani ntarero kuvhura kuyi likida mwa yene ndi? _____
8. Ngapi omu natu tura eyi yihonena yivali kombinga zonkarero zomwenyo gomuntu? _____

9. Yilye goku divisa mwenyo gomuntu eyi agu vhuru? _____

RUHA 15

Bahá'u'lláh kwa tanta asi:

“Muvero goudivi womuntu goko kakuru kwa kara ntani ngayi twikira ku kara narunye, vana guzedira komeho zomuntu. Kwato muntu goku vhura kuzuvha mpito ezi ava gwana usili weharo lyoupongoki wendi. Ngo nkedi zoku gava rupandu konkeda zendi, yipo nye age ntani noumbangi woufenkenda wendi. Age kwa divisa kovantu nombyukiso doufenkenda ngosidiviso selikwatakano lyeyi yemeguru, noku gava udivi wovantu owo vali zambara udivi woku lifana nou wamwene. Nkenye ugu ava dimburura kwa dimburura Karunga. Nkenye ugu azuvhu ezigido lyawo, kuzuvha ezwi lya Karunga, ugu agava umbangi wousli wehoramo lyawo, umbangi wousili woku hamena Karunga mwene. Ogu

atundu kwawo kutunda kwa Karunga, ntani nkenye apilire kuyi pura, kapi apura mwa Karunga. Nkenye ogu atundu kwa Karunga kuli pakerera koUzuni, kumwe neyi tuna howo keguru ntani nkarero zoUsili ukare kwa nkenye gumwe gomo Untungi wepevhu nemeguru. Kwa kara ediviso Iya Karunga mokatji kovantu, umbangi woUsili ou ntani noyidiviso wayo kwa kara silikido soUyerere wendi.”²⁰

1. Kumwe nomatjangwa gwedereroko keguru, gazarako malimburo komapuro ogo gana ku kwamako:

- a. Kuvhura tudive kuvyukilira Karunga ndi?

- b. Ngapi nye omu natu diva Karunga?

- c. Kuvhura otumbureko vadivi vamwe wonombyukiso doufenkenda wemeguru?

- d. TKowo womazwi aga twa purakena, kowo va Divisa Karaunga vapurakena?

- e. Kwalye natu pirukira, nsene tu ncenuna ezigido lyeyi gatu Divisa Karunga?

2. Manesa nontano edi dina ku kwamako:

- a. Muvero goUdivi wovantu woko kakuru kwa karako ntani ngau twikira kukarako narunye moku, _____

- b. Kwato muntu goku vhura kuzuvha omu ngatu gwana mpito zoku _____

- c. Karunga kwa tumine Ediviso ngonkedi oku pandura va _____ ntani noumbangi wendi _____.

- d. Udivi weDiviso Iya Karunga kwa lifana kumwe no _____.

- e. Nkenye ogu ava dimburura kwa _____

- f. Nkenye ogu azuvhu ehundiro lyawo kwa _____

- g. Nkenye gumwe gwawo kwa kara Nzira za Karunga _____

3. Dipo po dina kara mousili modo dina ku kwamako?

- ___ Ose kuvhura tukure pampepo kupitira mono nkambadaro delike.
- ___ Karunga kwa tupa nondunge ntani dina gwanene moku kwafa tuze komeho.
- ___ Ose ngatu za komeho pampepo poku dimburura Ediviso Iya Karunga ntani kapi natu turamo nonkambadaro donompe dononzi.
- ___ Ose kuvhura kuza komeho pampepo poku dimburura Ediviso Iya Karugana ntani kutulisapo nonkambadaro moku kwama marongo gendi.
- ___ Ose kuvhura kudiva Karunga paku vyukilira.
- ___ Muntu kwa kara ngwendi Karunga
- ___ Karunga kwa zeruka udivi wendi kupita eyi nava vhura ku kwata egano vantu.
- ___ Apa atu purakene kononkango dediviso Iya Karunga, ose kupurakena kezwi Iya Karunga.

RUHA 16

Bahá'u'lláh kwa tanta asi:

“Vaporofete novatumwa woku twara mbudi zaKarunga T kwava tumine vagurumuke nositambo simwe tupu, soku vyukisa vantu monzira zoUsili. Sitambo soku divisa ehoramo poku ronga vantu navenye asi, ruveze rononfa runa siki, vaze mekuhuro nepongwero lyoku vagusako kweyi yoku kahingira posipundi sogu gekeguru guru.”²¹

Ntani metjangwa limwe Age kwa tantamo asi:

“Muntu kwa pitakana suma soku likarera. Kupirako erongo lyouhunga yipo nye kwa gusa eyi nkare vappinge. Kupitira monkango zoku tunda mokana ka Karunga age kwa zigidire muntu, nonkango zimwe hena kupitakana omu vamu likidire adimburure ntundiliro zerongo lyonkango zimwe hena ezi zatentama noku sika kepopero lyendi. Muntu gomunene kwa tente asi, Diva muntu asi ungawo wange womulyo gomunene gokupira kuvhura kungungunyikira. Erongo kuvhura lyelike kuresapo ediwo lyoungawo noku vhura kugwanenamo uwa noumanguruki muntu. Nsene nkenye muntu aliteda matjangwa, aga gatunda meguru kwa Karunga, upongoki ngava udivisa age ngali wapayikira moku dimburura yitambo yawo, asi, vantu navenye ngava kara nomwenyo gumwe, ogu ngagu kara nononkango ‘Untungi waKarunga ngau kara wa Karunga noku unyeteda mono mutjima ntani nouzera wounzi wemeguru, nkenda noufennkenda ngau kara movantu navenye.”²²

1. Kositambo musinke esi vaProfete novatwali nombudi vaKarunga vava tuminine pevhu? _____

2. Yinke yakarera mulyo kudidilika ediviso lyawo? _____

3. Yinke eyi azi tanta nkango” talisman”? _____

4. Yinke ayi kwamako nsene opire kugwana erongo lyewa? _____

5. Yinke eyi ali retesapo erongo lyewa? _____

6. Ntundiliro musinke zerongo lyetu? _____

7. Yinke ehagero lyetu? _____
8. Yinke eyi vadivisako vamwe merongo? _____

9. Yinke eyi twa liwapayikira kudimburura apa atu tede Matjangwa goku pongoka?

RUHA 17

Bahá'u'lláh kwa ntata asi:

“One kwa purange hena yoku hamena konkarero zomwenyo apa agu ligaunuka kumwe norutu. Diveni asi, usili asi, nsene asi, mwenyo guna gendi mononzira daKarunga, nehuguvaro ngagu tengura noku kapongayika uyerere wowo vahara. Uhungami wa Karunga, ngava kagwanamo, yokuvhura kutjanga no pena

Noku likida ndi yuma yoku singonona neraka. Mwenyo kwa kara nehuguvaro mweyi gatulisapo Karunga noku sikama ndjikiti monzira zendi, konyima zoku ronda meguru, kwa kara nononkondo edi gatura mouzuni naunye Munankondo ogu gau sita vagwanenemo uwa kupitira mwendi.”²³

1. Manesa nontanto odo dina ku kwamako:
 - a. _____Nsene mwenyo gu genda mononzira daKarunga nehuguvaro ngagu,
 _____.

- g. Ngagu gwana yuma ngwendi _____

- c. _____ kwa kara _____ ko _____
go _____, ntani kwa kara _____ ndjikiti _____ mo

- konyima zo _____, ngagu kara no _____
asi uzuni naunye ou ngau _____ kwa _____
ku _____ mwendi.

RUHA 18

Bahá'u'lláh kwa tanta asi

“Vannerako owo wonomwenyo edi poruveze edi agu ligaunuka norutu, ava pongora kupitakana omu eyi ava gazara vantu womo uzuni. Mwenyo gwangoso kwa paruka noku genda moku liza neharo lyomusiti, noku kahwilira mevango eli vazerura unene, mo Paradisa. One varugani wovakadi vemeguru, one omu rugana kumwe momarombe, elidingo lyayo ntani vaPorofete vaKarunga ntani vahoroworwa vendi ngava papara ukwawo kumwe nawo. Kumwe nomwenyo gwawo awo ngava manguruka kuhuyunga, ntani noku gusa situmbukira soku pitamo monzira zaKarunga, Homba goUzuni naunye.”²⁴

“Age gahepa kugusirapo unzone wawo noku nyoka nkarero zawo zepevhu, kwato ogu gadiva, ehagero lyendi. Rungapi oru vananzo ngava gwana puku fa kwawo epuro noku gwana rutu roku karererapo goku vatwara keguru guru! Ntani rungapi atu lituramo ngovapuli ponovili edi mwenyo agu rondo, ali lisinti noku gwira momundiro gwanarunye!”²⁵

1. Monkarero musinke nomwenyo detu adi ligaunuka nomarutu? _____

2. Yigazarera musinke yahana mulyo? _____

3. Moukaro musinke ou ava pongora nomwenyo detu koyigazarera yahana mulyo noku genda konyima zonomfa? _____

4. Yinke eyi ngayi kwama mwenyo gwangoso? _____

5. Nomwenyo dangoso ngadi vhura kudihuyungisa vaPorofete vaKarunga ntani novahoroworwa Vendi? _____

6. Ose kuhova komeho zosiruwo asi ngapi ntani ngapi omu ngali haga eparu lyetu lyepvhu? _____
7. Yinke eyi natu rugana ngesi ngatu gwane mwenyo gwana runye ogu watu haresera?

RUHA 19

‘Abdu’l-Bahá kwa singonona asi:

“Ngomu tupu yakara asi mpepo zomuntu kuparuka narunye nanarunye, konyima zoku tundamo mwendi, yimo ngayi kara yininke nayinye, pwa hana esinganyeko lyoku za komeho, ntani yipo nye gumwe ono hepa ku kanderera nomwenyo dowo watu siga yipo vadigusirepo ndi ditambure ufenkenda wekeguru nonkenda zendi. Oyo yiyo nye, momakanderero ga Bahá’u’lláh, ahundilire egusiropo nedongwenenopo kwa Karunga kuyi hundira kowo ava kanduka vaze kouzuni woku kwamako. Moku gwedako ngwendi moomu tupu yakara vantu owo ava hepa ufenkenda wa Karunga mouzuni, yimo hena nowo vahepa kwendi owo vakara kwina nako. Yisitwa kwa hepa nkenyapa ntani Karunga kwa lisikamena pwamwene, akaresi mouzuni ou ndi mouzuni ou ngau karako.”²⁶

Morwa sinke natu kanderera nomwenyo dowo watu siga?

RUHA 20

‘Abdu’l-Bahá kwa tjanga:

“Apa nomwenyo dovantu adi lisinti ditunde kombundu noku pindukira mouzuni wa Karunga, makura yikehe yago kugwako, makura nayinye tayi pwaga nye kouzera, ntani yininke nayinye eyi yahovere kudivikwa tava yizeresa ntani usili ou vahorekere nawo tava uzuvhu.

“Gazadara kombinga zomu atu kara mosivharero, ku kara yipuru puru yomatwi, vatwiku womeho ntani eraka lyoku mwena; ngapi nye omu nava yizuvhako nayinye eyi. Nye nsene asi, tuna tundu mouzuni wina womundema, ose kupita mouzuni wosite makura meho kumona, matwi kuzuvha ano eraka kuhuyunga. Monkedi zoku lifana, nsene asi, ose tu genderera kutunda mouzuni ou

wopokaruwo tuze moUntungi wa Karunga, makura tava tu hampuruka mompepo, makura meho gena kupahuka, matwi gomwenyo kuzuvha, ntani usili ou vasensere komeho kutura poruzera noku zuvhika nawa.”²⁷

1. Zwida momavango gomuporongwa pevhu apa.

a. Apa mwenyo gomuntu agu tundu mouzuni makura

- makehe _____,
- ntani maudigu _____,
- ntani yininke nayinye eyi yapilire kudivikwa komeho _____,
- ntani usili ou vahoreka _____.

b. Mouzuni ou wo _____, ose kwa kere _____ nomatwi, _____ meho ntani _____ eraka.

c. Apa watu hampurukire mouzuni ou, makura meho getu, _____, matwi getu _____, ntani eraka lyetu _____.

d. Monkedi zoku lifans apa ngatu za moUntungi wa Karunga, ose ngatu ka _____ mo _____.

h. Makura meho getu go _____ ngaga _____, matwi getu gana _____ ngaga _____, ntani nayinye _____ mweyi twa sensere komeho ngava yitura _____ ntani _____.

2. Tokora asi, nontanto odo dina ku kwamako usili ndi:

____ Apa atu kara mosivharero, ose twa diva uzuni ou.

____ Usili woku hamena nkarero zapa atu fu suma esi watu horeka meparu eli.

____ Nkarero zoyininke nayinye yoyipe, kapi ngazi zeguruka komeho zetu konyima zonomfa.

____ Apa atu fu, ose kutengura mouzuni ou poku tu hampuruka hena.

RUHA 21

Bahá'u'lláh kwa tanta asi:

“Ntani ngesi kombinga zeyi yoku hamena epuro eli nsene asi, nomwenyo dovantu ku twikira ku kara nonzuni, konyima zoku ligaunuka kumwe norutu. Diveni asi, nomwenyo dovantu va Bahá, dahwilira ntani kwa tulisapo sikesa esi vatintika, moku lipakerera noku lya neharo lyenene gumwe namukwawo ntani ngayi lihameserapo unene nomaparu, makodapeko noyitambo noku kondjera yitambo ngwendi mwenyo gumwe tupu. Ose yosili watu divisa nawa owo vahara

kumona ntani nowo vahara kuzuvhako nawa. Yipo nye kwa yimu tambeserere Ogu Mudivi gwaNayinye Mukotoki.

“Vantu wova Bahá, awo kutemwinina Sikepa saKarunga, kwa likwatakana kumwe ntani kwa nayinye validiva diva, nkarero noukaro ntani kwa likwatakana meharo lyoukaume. Nkarero zangoso, yipo nye zahepa kuhuguvara kepuliro noyirugana yawo. Awo kwa kara mo Harade zimwe noukaro umwe tupu paku zulilira, vali diva gumwe namukwawo, kusikisamo nayinye omu yawapera. Awo kwa kara moHarade zepevhu, yipo nye kapi ava vhuru kuzuvhako nawa nawa nkarero zengungunyikiro lyeyi ava sikisiliremo momapundi gawo. Nkenye ogu kugwana eyi yamu wapera kwa Hompa. Munerago muntu ogu apirura sipara sendi sitare kwa Karunga, ntani noku genda meharo lyendi, dogoro mwenyo gwendi ngagu mene mavava goku tuka guze kwa Karunga, mupangeli gononkondo, Hompa gwa navenye, Muna nkondo gomunene ntani age Mugusilipo nkenyapa, Mufenkenda gwanayinye.”²⁸

1. Mouzuni woku kwamako ngatu kadimburura vantu owo twa divire mouzuni ou?

2. Ngapi omu twa likara popepi melikwatakano lyopokatji komwenyo nouzuni woku kwamako? _____

3. Pontambo musinke ngatu lisigira ntani malisigo musinke gakara komwenyo mouzuni woku kwama omu ngayi karera? _____

4. Kweli goku vhura ku kugusa nkenda zaKarunga? _____

RUHA 22

Bahá'u'lláh kwa tu tantera asi:

“One vakereli vange, Nkenda nsene asi, mazuva aga ntani nondira ezi zepevhu, yininke yalisiga nomu twa yiharera noku yitungikira ntani, noku yidivisa Karunga nomazuva goruhafo unene, ruhafo rwemeguru, pahuguvareso kwa yimupungwira. Uzuni kwa pongoka, ntani makodapeko gouyerere, ngayi pahura meho goge. One yige gamutura mounkwate, mouzuni ou ntani konyima zoyina ngomu kahamena komauwa geni poku kali gavera ruhafo, ntani ku kagwana ruha roku karekapo nkenda. Nkenye gumwe gwawo kapi nga singanyeka.”²⁹

1. Tokora asi, nontanto odo dina ku kwamako usili ndi:

____ Twa hepa ku kara noruguwo nsene yininke kapi yina kara omu tuna yiharere yikare.

____ Nayinye, yikare yoyiwa ndi yoyidona gayi tungika karunga.

- ___ Mazuva goruhafo rorunene kuna kutu ndindira natuvenye.
- ___ Ose tuna huguvara ngatu kamona asi, uzuni wapongoka ntani nouyerere yopampep.
- ___ Eli ehagero lyetu moku lihamesera momauwa gomo uzuni woku pongoka ntani nouyerere wopampepo meparu eli neparu eli ngali kawizako konyima zeparu eli.

4. Morwa sinke nava pira kutu zwida kumwe neguwo nsene yininke kuna kulisiga nomu tuna yiharere nayi kara?

5. Etumbwidiro musinke eli Bahá'u'lláh gatu pa metjangwa eli?

RUHA 23

Moruha oru liteda eyi ali tanta eparu lyomuntu. Ono lirongo unene kombinga zeyi noruganako koukaro womwenyo, sitambo separu lyomouzuni ou, mulyo goku gwana yina kugwanesapo yopampepo, ntani etumbwidiro eli vatupa lyo ka gwana mwenyo gwanarunye, eyererepeko lyeparu noku katu zwida noruhafo. Moruha rwauvali mombapira ezi, tuna huyunga yoku hamena yitambo yivali—yoku kondjera yopampepo ntani noudivi wopandunge, ntani noku kambekako komalisinto gomo nkarapamwe. Apa pana kara mpito zoku rugura kwayo ntani noku gazara kombinga zomulyo gweyi yoku kara koyitambo, moku liza kumwe nosinko seyi atu gwana puku za komeho mwenyo. Elitedo lina kuvhura ku gwanenamo uwa woku tunda momaliyongo noyiparatjangwa oyo konhi motumbunga.

1. *Ku kulika mulyo gweyi yopampepo*
2. *Ku kwama noveta da Karunga*
3. *Ku kambekako komauwa gonkarero zovantu*
4. *Ku tamununa nompito dosirugana*

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