



Ibitekerezo ku mibereho y'ubuzima bwa roho

Ikigo Ruhi



Igitabo cya 1

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Books in the Series:

Below are the current titles in the series designed by the Ruhi Institute. The books are intended to be used as the main sequence of courses in a systematic effort to enhance the capacity of youth and adults to serve their communities. The Ruhi Institute is also developing a set of courses that branch out from the third book in the series for training Bahá'í children's class teachers, as well as another set from Book 5 for raising up animators of junior youth groups. These, too, are indicated in the list below. It should be noted that the list may undergo change as experience in the field advances, and additional titles will be added as a number of curricular elements under development reach the stage where they can be made widely available.

- | | |
|---------|--|
| Book 1 | <i>Reflections on the Life of the Spirit</i> |
| Book 2 | <i>Arising to Serve</i> |
| Book 3 | <i>Teaching Children's Classes, Grade 1</i>
<i>Teaching Children's Classes, Grade 2 (branch course)</i>
<i>Teaching Children's Classes, Grade 3 (branch course)</i>
<i>Teaching Children's Classes, Grade 4 (branch course)</i> |
| Book 4 | <i>The Twin Manifestations</i> |
| Book 5 | <i>Releasing the Powers of Junior Youth</i>
<i>Initial Impulse: The first branch course of Book 5</i>
<i>Widening Circle: The second branch course of Book 5</i> |
| Book 6 | <i>Teaching the Cause</i> |
| Book 7 | <i>Walking Together on a Path of Service</i> |
| Book 8 | <i>The Covenant of Bahá'u'lláh</i> |
| Book 9 | <i>Gaining an Historical Perspective</i> |
| Book 10 | <i>Building Vibrant Communities</i> |
| Book 11 | <i>Material Means</i> |
| Book 12 | (forthcoming) |
| Book 13 | <i>Engaging in Social Action</i> |
| Book 14 | (forthcoming) |

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Ibitekerezo byo gufasha umutiteri

Umubare w'uduce aho *Ibitekerezo ku mibereho y'ubuzima bwa roho*, igitabo cya mbere ku masomo yatanzwe n'ikigo Ruhi, cyigwa hose ku isi wakomeje kwi Yongera mu myaka myinshi ishize. Kenshi, imfashanyigisho irasomwa kandi ikaganirwaho n'amatsinda y'inshuti, zishobora kuba zigize uruziga rw'amasomo ruhura ku buryo buhoraho, zishobora kandi guhurira ahantu hamwe mu buryo bw'amahugurwa yaguye, cyangwa zigahurira mu icumbi runaka mu gihe cy'ibiruhuko by'amashuri. Igihe icyaricyo cyose zihuye, umwe mubagize itsinda ashobora kuba umutiteri. Isano riri hagati y'umutiteri n'abandi bagize ikiganiro ntabwo ari iry'umwarimu ku banyeshuri, bese ahubwo baba bakora mu buryo buri wese aba afite inyota yo kumenya. Ariko ntibibuza umutiteri kuba yakomeza kuyobora ikiganiro ari nk'aho nawe yiga. Mu gihe aba yararangije umubare uhagije w'amasomo y'uruhererekane yaranakoze ibikorwa by'ubwitange, atera umuhate kandi agafasha buri umwe mu bagize itsinda kugera ku ntego y'isomo riba ryizwe. Byaba byiza abatiteri b'igitabo cya mbere bagiye basoma rimwe na rimwe ibitekerezo bikubiye muri aka gace k'intangiriro.

Ahantu hose, abitabira kwiga iri somo rya mbere ry'ikigo baturuka mu mpande zose z'isi. Bamwe baba ari ababahá'í baba bizeye kongera ubushobozi bwabo bwo kwitanga. Abandi bafata iri somo nk'uburyo bw'intangiriro bwo gushaka kumenya byimbitse ukwemera kwa kibahá'í nk'idini. Abandi nanone bakururwa n'ibitekerezo bya kibahá'í noneho bakifuzaga kurushaho kwihuza n'intego n'ibikorwa by'umuryango. Nanone hari umubare urushaho kwi Yongera w'urubyiruko by'umwihariko rwifuzaga guteza imbere ubushobozi bwo gukorera umuryango tubamo cyane cyane binyuze muri imwe muri gahunda ishyigikiwe n'umuryango w'ababahá'í, bakiga iri somo nk'intambwe ya mbere.

Uko bigaragara, bikwiye kubonwa na buri muntu ugize itsinda ko amasomo y'ikigo Ruhi aca inzira yo gukorera ikiremamuntu, aho buri wese anyuramo mu muvuduko we bwite, afasha kandi ari nako nawe afashwa n'abandi. Kugenda iyi nzira bisaba gukurikira intego ebyiri z'impanga: Kwita ku iterambere ry'ubutungane n'ubwenge by'umuntu ku gite cye no kugira uruhare mu ihinduka ry'umuryango tubamo. Gukomeza muri iyi nzira bisaba kuba warateye imbere mu bushobozi bumwe na bumwe busaba kumva no gusobanukirwa, imigenzo y'ubutungane n'imyitwarire ishimwa hamwe n'ubundi bushobozi. Isoko y'ubumenyi aho ibitabo by'ikigo bivoma, ku ruhande rumwe ni inyigisho z'ukwemera kwa kibahá'í, ku rundi ruhande ni uburambe bukomereza gukura bw'umuryango w'ababahá'í ku rwego rw'isi mukubaka umuryango ukungahaye kubutunzi

no kubutungane. Ikigo gishingira kucyerekezo cya Bahá'u'lláh ku mihindukirire yifuzwa kubo dushobora guhinduka hamwe n'umuryango dushobora kubaka. Biteganyijwe ko abagize uruziga rw'amasomo, hatitawe ku bumenyi bwabo, batumiwe kuyoboka iki cyerekezo, gisobanurwa neza muri buri gice cya buri gitabo.

Mu isi, aho imyemerere n'ingengabitekerezo bigerageza gukoresha uburyo bwose bushoboka ngo byigarurire abayoboke, umuntu utamenyereye Ukwemera ashobora kwibaza cyane kucyo Ikigo Ruhi kigamije, cyane cyane yibaza ati “Ese ndasabwa guhindura idini?” cyangwa se “ndasabwa kwinjira muri iri dini?” Ibyo bibazo biha umutiteri amahirwe yo gusobanura ikiba kigamijwe mu kwiga urukurikirane rw'amasomo nkuko byavuzwe haruguru. Ni ibisanzwe ko ababahá'í bishimira kubona inshuti zabo zinjira mu muryango, umutiteri ashobora kongeraho ko Inyigisho ubwazo zibabuza kujya mu gikorwa cyo gushaka guhindura imyemerere y'abantu ngo babe abayoboke. Kunyura mu nzira y'ubwitange ifunguwe n'amasomo y'ikigo bihamagarira buri wese mu kuba yacukumbura inyigisho za Bahá'u'lláh, ikintu imfashanyigisho zisobanura mu buryo bwumvikana; kwakira no kwemera ni ibintu buri muntu wese agomba gutekerezaho mu buryo busesuye kandi nta gahato.

Ntabwo bitangaje rero ko iki gitabo cya mbere gitangirira ku ngingo y'ugusobanukirwa, ikintu k'ibanze mu bitabo by'uruhererekane. Gusoma Inyandiko ntagatifu ntabwo ari kimwe no gusoma ibihumbi by'amapaji y'ibitabo bisanzwe umuntu ahura nabyo mu buzima busanzwe, n'igice kivuga “Imyumvire kubyo dusoma mu Nyandiko zakibahá'í” kigamije kongera ubushake bwo gusoma buri munsu imirongo iri mu Nyandiko ntagatifu no kuzirikana ibikubiyemo, akamenyero rero kazafasha cyane abagize uruziga mu gihe nabo bazaba batangiye inzira y'ubwitange. Mu kubayobora mu masomo yabo, umutiteri agomba kwitondera cyane ingingo ijyanye no gusobanukirwa.

Inyandiko za kibahá'í zifite ukuri kwimbitse mu buryo bw'umwuka, kandi nubwo dukomeza kurushaho gushyira imbaraga mu gusesengura igisobanuro cyazo kitagira iherezo, tuziko tudashobora kugera aho dusobanukiwe byuzuye. Muri rusange twunguka ubusobanuro bw'ibanze mu gihe tugisoma imirongo ku nshuro ya mbere kandi n'icyiciro cya mbere cy'igice gifatwa nk'uburyo bwiza bw'itangiriro. Bityo, nyuma yo gusoma umurongo uvuga ngo “Imitunganyirize y'isi ishobora kugerwaho biturutse ku bikorwa byiza bizira inenge no ku myifatire itunganye kandi igororotse”, abagize uruziga barabazwa gusa bati “Imitunganyirize y'isi ishobora kugerwaho gute?”. Ukibibona ibibazo n'imyitozo bimeze gutya bigaragara nk'ibyoroshye cyane. Ariko imyaka y'uburambe yerekana impamvu y'icyemezo cy'ikigo, cyo gutangira gutya. Twese dukeneye kwibutswa ko, mu gihe tuba turi kwishakira ukuri mu mirongo dusoma, ntabwo ibitekerezo byacu bigomba kwirengagiza ubusobanuro bwayo busanzwe. Rero, ukwita kuri ubu busobanuro busanzwe biba ingenzi cyane mukiganiri kibera hagati y'abagize uruziga; byongera uguhuriza hamwe ibitekerezo, byoroshye kugerwaho mugihe imyumvire y'umuntu ku giti cye yemeye kumurikirwa n'ubushishozi bw'Imana.

Ni ngombwa kumenya yuko kumva igisobanuro cy'ako kanya cy'imirongo bidaturuka ku mpaka zagiweho ku ijamba rimwe ridasobanutse neza. Ibyo bishatse kuvuga ko ari ngombwa ko abagize uruziga bashaka ubusobanuro bw'ijamba mu nkoranyamagambo rimwe na rimwe. Ariko igishobora gutanga umusaruro kurushaho ni uko abagize uruziga bumva igisobanuro cy'amagambo binyuze mukunva interuro n'ibika.

Kugirango ubumenyi bwiyongere maze burenge igisobanuro gisanzwe gusa cy'amagambo, ingero zigaragaza uko ibitekerezo bishobora gushyirwa mu bikorwa zaba ingirakamaro. Igisabwa rero kugirango ibi bigerweho ni imyitoto yoroshye. Urugero nko mucyiciro cya 2, abagize uruziga, nyuma yo gusoma imwe mu mirongo, bahamagarirwa kuvuga niba hari imigenzo imwe nimwe ikwiye gushimwa. Kuwundi mwitoto wo mucyiciro cya 4, basabwa gutanga ingero z'imigenzo itanu, bakanahitamo niba bishoboka ko haba hari n'umwe muri yo watunga mu gihe nta kuri ufite. Ibyo byasobonuwe mu Nyandiko nk' "ishingiro ry'imigenzo myiza yose y'abantu."

Kugirango hagerwe ku ntego, igice gisaba abagize uruziga gusobanikirwa byimbitse, batekereza ku gisobanuro cy'amagambo yagaragajwe. Mu cyiciro cya kabiri basabwa guhitamo niba invugo "Hariho abantu beza bake cyane mu isi ku buryo ibikorwa byabo nta kamaro byagira" ari ukuri. Hano ikigamijwe si ugushaka ibindi bitekerezo. Umutiteri agomba kwitsa gato noneho agaha umwanya abagize uruziga bagasobanura impamvu y'uko basubije. Abagize uruziga bakwiye kugera ku mwanzuro ko iyi mvugo atari impamo kuko ivuguruzwa ibango rya mbere mu cyiciro kibanza. Ikibazo cyo kumenya niba ababaha'í bashobora kwicuza ibyaha byabo ku bandi bantu ni urugero narwo rw'ubu bwoko bw'umwitoto. Ibyo bigaragara ko bibujijwe mu nyigisho zijyanye no kwicuza nk'uburyo bwo kubabarirwa ibyaha, ikintu kitagaragazwa neza mu nyandiko zose zizweho, ariko gishobora kugaragara ubashije gusobanukirwa igisobanuro cy'umurongo "Isuzume buri munsu mbere y'uko uhamagarwa imbere y'urubanza."

Ntaho imyitoto igamije kugutinda kugisobanuro cy'imirongo yizweho. Ikibazo kimwe umutiteri agomba kwibaza ni ukumenya kuruhe rugero bagomba kuganira ku mwitoto uba watanze. Ni ngombwa rero kuzirikana ko kongera umwanya w'ikiganiro, wongeramo n'izindi ngingo zisa n'insanganyamatsiko iri kuganirwaho bigabanya umusaruro w'imfashanyigisho. Buri tsinda rigomba kugena umuvuduko rigendereraho, abagize uruziga bagomba gukomeza kwigira ariko bagendera kumuvuduko bumva ubanogeye. Umutiteri agomba kuguma ari maso kugirango hatagira bimwe mu bice bigize igitabo byigwa mu buryo buvunaguye cyangwa bakabinyura hejuru nta myitoto ihagije bakoze. Amatsinda yize muri ubu buryo, bandika ibisubizo gusa, ntiyigeze agera kumusaruro urambye.

Ikindi kintu cya nyuma cyavugwaho: ni inshingano y'umutiteri guharanira ko buri muntu mu bagize itsinda akomeza kugumana ubushake mu masomo atangwa n'imfashanyigisho. Gutuma buri muntu mu bagize itsinda agira uruhare mu kiganiro

utamushyizeho igitutu ngo atange igitekerezo kenshi biba ihurizo rikomeye. Ikintu kigomba kwitabwaho uhereye na mbere, nuko umutiteri adashobora kurenga iyi mbogamizi abaza ikibazo nka “Ibi ubyumva ute wowe?” Ibibazo nk’ibi bishyira ubumenyi n’ukuri ku rwego gusa rw’ibitekerezo. Noneho bikagorana kurema umwuka aho ikiganiro hagati y’abagize uruziga kiganisha kukwongera ubumenyi

Igice cya kabiri cy’iki gitabo gisa n’icyambere, ku muco w’ibanze ku buzima bw’ubutungane: gusenga buri igihe. Iki gice kibisobanura gihereye ku cyiriro cya mbere ku ngingo y’ “inzira y’ubwitange” havuga ko kugendera muri iyi nzira tugomba kuba dufite intego ebyiri z’impanga. Abagize uruziga basuzuma uruhurirane rw’imirongo igaragaza ishusho y’izo ntego, insanganyamatsiko izigwaho mu masomo akurikira.

Mu murongo w’iyi nsanganyamatsiko, igice gifata umwanya wo gusesengura igisobanuro cy’isengesho, gikoresheje uburyo busa nk’ubwasobanuwe mu bika bya mbere. Ibibazo n’imyitoto byateguwe mu buryo bifasha gusobanukirwa kurushaho igisobanuro cy’amagambo yo mu Nyandiko yizweho. Uko abagize uruziga bakomeza kwiga icyo gice, umutiteri ashobora gukuraho urujijo basuzuma ibitekerezo n’imyumvire yashinze imizi kuva kera. Mu mico imwe n’imwe hari imihango yagiye gahoro gahoro ipfukirana kamere muntu, noneho benshi bakibagirwa akamaro k’isengesho, kuri roho y’umuntu rifite agaciro nk’akibiryo bitunga umubiri.

Hejuru ya byose, icyo igice kizamura mu bagize uruziga ubushake bwo “kuganira n’Imana” no kuyegera. Muri bimwe mu bitekerezo byatanze hari ikivuga kumwuka w’isengesho, uko umutima n’ibitekerezo byacu bigomba kuba bimeze mu gihe dusenga, n’uburyo aho dusengera hagomba kuba hatunganyijwe, twaba turi twenyine cyangwa turi kumwe n’abandi. Mu byukuri nyuma yo gutekereza ku mbaraga umuntu avana mu gusingiza Imana hamwe n’abandi, abagize uruziga bahamagarirwa gutangiza inama z’amasengesho.

Amasomo y’igice cya gatatu cy’igitabo “Ubuzima n’Urupfu”, turizera ko azongera ubushake bwo kunyura mu nzira y’ubwitange ndetse no kuyibonamo igisobanuro gifite ireme. Ibikorwa by’ubwitange muri iyi si bigira igisobanuro gikomeye ku buzima muri rusange, ndetse ingaruka zabyo zikarenga ubuzima bwo ku isi gusa, zigakurikirana ubuziraherezo roho mu iterambere ryayo mu zindi si z’Imana. Mu buryo bw’inyigisho, bitandukanye n’amasomo y’ubukorikori, abagize itsinda bagomba kumenya byimbitse igisobanuro n’akamaro k’ibyo bakora. Ni mugihe gusa ubwo bumenyi bukura, bazabasha kugera aho bibona bo ubwabo nka “ba nyirubwite” barebwa n’inshingano yo kwongera ubumenyi bwabo.

Buri cyiciro cya buri gice gitangirana n’ibango rimwe kugera kuri atatu yo munyandiko za kibahá’í, bikurikiwe n’imyitoto micye. Imvugo y’amabango yo muri iki gice irasobetse ugereranyije n’ibice bibiri bibanza. Ntabwo ari ngombwa nkuko byumvikana ko itsinda rimara umwanya munini ku magambo akomeye, umutiteri agomba

gushaka uburyo buri wese yumva igisobanuro nyamukuru cya buri cyiciro, kuko aricyo imyitozo iba igamije kugeraho.

Bitewe n’imiterere y’ingingo, imyitozo ifite ingero zifatika ni mike kandi igiye iri ahantu hatandukanye. Imyinshi ahubwo iba isaba gutekereza cyane gusa. Ikintu twavuga rero nuko ibibazo bimwe na bimwe byabajijwe mu myitozo bidashobora kubonerwa ibisubizo byihuse cyangwa bya burundu. Bigamije gushyira ahagaragara ukuri kuri iyo ngingo; niba abagize itsinda babasha gusobanukirwa ibyo bibazo rero, ntakabuza intego y’isomo iba yagezweho.

Ibyiciro bya mbere by’igitabo byibanda ku isano riri hagati ya roho n’umubiri, byose hamwe bigize umuntu mu kubaho kwe. Igitekerezo nyamukuru kigaragazwa muri iki cyiciro ni uko roho atari ikintu gishobora gufatika; ahubwo ukwihuza kwayo n’umubiri twabifata nk’urumuri rugaragara mu ndorerwamo. Yaba umukungugu ushobora gutwikira ubuso bwayo cyangwa ugusaduka kwayo ntibishobora kugira ingaruka ku rumuri ubwarwo. Urupfu ni ihinduka ry’imiterere gusa, iyo ukwihuza kwa roho n’umubiri birangiye, nyuma yaho roho isanga Umuremyi wayo igakomeza gutera imbere ubuziraherezo.

Iki gice kigaruka ku kibazo gikurikira, kivuga ku mpamvu yo kubaho kwacu – kumenya Imana no kuyisanga. Ibiganiro hano byibanda ku nsanganyamatsiko ebyiri. Iyambere ni impamvu yo kubaho kwacu muri ino si, iya kabiri ni urugendo rwa roho yacu nyuma y’urupfu. Roho ni ikimenyetso cy’Imana, ishobora kugaragaza amazina yayo yose n’imigenzo yayo yose. Nyamara ubushobozi bw’ikiremwa muntu buracyahishe muri cyo, ariko bushobora gutezwa imbere binyuze mu Bahanuzi b’Imana, ibyo biremwa bitunganye, biza uko ibihe bigenda bisimburana, ngo biyobore ikiremwa muntu. Kubera uburezi butagatifu batanga, ubutunzi bwihishe muri twe bushobora kwigaragaza.

Ibirebana n’urugendo rwa roho nyuma y’urupfu, uruhererekane rw’ibitekerezo bihabwa abagize itsinda ngo babyibazeho: ko indacyemwa z’Imana zizagera ku byishimo nyakuri, kandi ko ntanumwe muri twe uzi iherezo rye bwite, niyo mpamvu rero tugomba kubabarirana hagati yacu, kandi ntitwumve ko hari uwo turuta, kandi ko mu buzima buzaza, cyo kimwe n’ubu turimo, roho izakomeza gutera imbere kandi ko ubushobozi bw’ubutungane tuzaba twararonkeye muri ino si buzakomeza kudufasha mu buzima bukurikira; ko tuzamenya abantu bacu b’ingenzi mu zindi si, ko tuzibuka ubuzima twanyuzemo muri ino si, kandi ko tuzishimira kubana n’izindi roho zatagatifujwe.

Iki gice kirangirana n’umurongo wo mu Nyandiko za Bahá’u’lláh aho utwizeza ko hari ibyiza tuzabonera mu isi izaza, kandi akanadushishikariza kutababazwa n’impinduka n’amahirwe bigaragarira muri iyi si. Abagize uruziga bahamagarirwa rero gutekereza kungaruka y’ibyo bize kubuzima bwabo bwite.



Imyumvire y'ibyo dusoma mu Nyandiko za kibahá'í

Ikigamijwe

Guteza imbere umuco wo gusoma amagambo akubiye
mu nyandiko ntagatifu za kibahá'í buri muni
no kuzirikana igisobanuro cyayo.

ICYICIRO CYA 1

Akamaro k'iki gice ni ukubafasha guteza imbere no gukomeza umuco wo gusoma inyandiko ntagatifu buri munsu no kuzirikana igisobanuro cyazo. Igice gitangirana n'umwitozo woroheje wo gusoma ibango ryo munyandiko rigizwe n'interuro imwe gusa ari nako musubiza ikibazo, aho igisubizo cyacyo ari ibango ubwaryo. N'ubwo uwo mwitozo woroshye, uzabafasha kuzirikana kugisobanuro cy'ayo mabango no kuyafata mu mutwe.

“Imitunganyirize y’isi ishobora kugerwaho biturutse ku bikorwa byiza bizira inenge no ku myifatire itunganye kandi igororotse”.¹

1. Imitunganyirize y’isi ishobora kugerwaho gute? _____

“Mwirinde, bantu ba Bahá, kugendera mu mayira y’abafite amagambo adahuje n’ibikorwa byabo”.²

2. Amayira tutagomba kugenderamo ni ayabande? _____

“Yewe muhungu wo kubaho! Isuzume buri munsu mbere y’uko uhamagarwa”.³

3. Tugomba gukora iki mbere yo guhamagarirwa gusobanura ibikorwa byacu? _____

“Vuga uti: bavandimwe, umutako wanyu nube ibikorwa aho kuba amagambo”.⁴

4. Umutako wacu nyakuri ugomba kuba uwuhe? _____

“Amagambo matagatifu, ibikorwa byiza bizira inenge, bizamukira mu kirere cy’ikuzo ryo mu ijuru”.⁵

5. Amagambo matagatifu n’ibikorwa byiza kandi bizira inenge bikora iki? _____

ICYICIRO CYA 2

Hasi aha hari imwe mu myitozo ijyanye n'amabango mumaze gusoma. Igamije kubafasha kuzirikana birushijeho kugisobanuro cy'amabango mu itsinda ryanyu kandi ntibigomba gukorwa nk'umuhango gusa. Ibi ntibisobanuye ko buri mwitozo ugomba kuganirwaho igihe kirekire. Ariko mu gihe umwitozo ugoye, umutiteri w'itsinda ryanyu azabafasha kuwigaho binononsoye.

1. Ikintu "gishimwa" ni igikwiye ishimwe. Muri ibi bikurikira ibishimwa muri byo ni ibihe?

_____ Kuba umukozi mwiza.

_____ Kubaha abandi.

_____ Gushishikarira kwiga.

_____ Kuba umubeshyi.

_____ Kuba umunebwe.

_____ Gufasha abandi kwiteza imbere.

2. Iyi nteruro isobanura iki "mbere yo guhamagarwa imbere y'ubucamanza?"

3. Muri izi mvugo zikurikira izukuri ni izihe?

_____ Hariho abantu beza bake cyane mu isi ku buryo ibikorwa byabo nta kamaro byagira.

_____ Ikintu kiba ari ukuri iyo gihuje n'ibitekerezo by'abandi.

_____ Ikintu kiba ari ukuri iyo gihuje n'inyigisho z'Imana.

4. Mu bikorwa bikurikira ibyiza kandi bizira inenge ni ibihe?

_____ Kwita ku bana no kubigisha.

_____ Kwiba.

_____ Gusengera iterambere ry'abandi.

- _____ Kubeshya gake kugira ngo twirwaneho.
- _____ Gufasha abantu ukabategerezaho igihembo.
5. Mu bikorwa bikurikira ni ibihe amagambo y’umuntu aba atandukanye n’ibikorwa bye?
- _____ Umuntu ukomeza kuvuga ko abantu bagomba kugira ubumwe ariko we akitwara mu buryo ibikorwa bye bibiba umwiryane.
- _____ Umuntu ushimagiza ukubaho mu budahemuka ariko agaca inyuma uwo bashakanye.
- _____ Umuntu unywa inzoga rimwe na rimwe, ariko akavuga ko ari umuyobokew’idini ribuza kunywa inzoga.
- _____ Umuntu wigisha uburinganire hagati y’umugabo n’umugore kandi we nk’umukoresha agahemba amafaranga menshi abagabo kurusha abagore kandi bakora akazi kamwe.
6. Biremewe ko umubahá’í yakwicuza icyaha cye ku wundi muntu? _____
- _____
7. Ni iki tugomba gukora mu kigwi cyo kwicuza ibyaha ku bandi? _____
- _____
8. Bisobanuye iki: “ikirere cyikuzo ryo mu ijuru”? _____
- _____
9. Ibikorwa bibi bigira iyihe ngaruka ku isi ? _____
- _____
10. Ibikorwa bibi bigira ingaruka ki ku muntu wabikoze? _____
- _____

ICYICIRO CYA 3

Nimusome kandi mutekereze ku magango akurikira yakuwe mu Nyandiko. Noneho mugerageze no kuyafata mu mutwe.

“Ukuri ni ishingiro ry’imigenzo myiza yose y’abantu”⁶

1. Ni irihe shingiro ry’imigenzo myiza yose y’abantu? _____

“Iyo nta kuri guhari, amajyambere n’intsinzi ntibishoboka kuba kuri roho yose, mu isi zose z’Imana”⁷

2. Ni ikihe kintu kidashoboka iyo nta kuri guhari? _____

“Murimbishe indimi zanyu ukuri, yemwe bantu, kandi mutakishye roho zanyu umwambaro w’ubudakemwa.”⁸

3. Indimi zacu tugomba kuzirimbisha iki? _____

4. Roho zacu tugomba kuzitakisha iki? _____

“Amaso yanyu muyarinde ibishuko, ikiganza cyanyu cye guhemuka, ururimi rwanyu ruvuge ukuri gusa kandi umutima wanyu umurikirwe”⁹

5. Amaso yacu agomba kuba gute ? _____ Ikiganza cyacu?
_____ Ururimi rwacu? _____ Umutima wacu?

“Abatuye mu ruhimbi rw’Imana, bicaye ku ntebe z’ikuzo ridashira, kabone n’aho bakwicwa n’inzara, bazirinda kurambura ikiganza ngo bigarurire ku buryo bugayitse, umutungo w’umuturanyi wabo, nubwo yaba asuzuguritse cyangwa se atawukwiriye”¹⁰

6. Ni iki tugomba kwirinda gukora nubwo inzara yaba igiye kutwica? _____

ICYICIRO CYA 4

Nk’uko mwabibonye mu cyiciro cya 2, imwe mu myitozo isaba ibisubizo ntakuka. Kuri aho, Niba hari ugushidikanya ku gisubizo umutiteri w’itsinda ryanyu azabafasha kugera kumyumvire imwe. Ku yindi myitozo, ikiganiro mugirana nicyo cy’ingenzi, igisubizo ubwacyo gishobora guhinduka. Muri ibi bikurikira, umwitozo wa 3 uri mu cyiciro cya mbere naho umwitozo wa 6 uri mu cyiciro cya kabiri.

1. Ukuri ni ishingiro ry’imigenzo myiza yose y’abantu. Vuga imigenzo myiza itanu.

2. Mbese dushobora kugira iyo migenzo nta kuri tugira ? _____

3. Mu mvugo zikurikira izukuri ni izihe?

_____ Umuntu ashobora kuba ari mukuri nubwo yaba abeshya.

_____ Umuntu wiba afite ikiganza kidahemuka.

_____ Ikiganza kidahemuka ntigikora na rimwe kukuntu kitari icyacyo.

_____ Kureba amashusho y’urukozasoni (porno) binyuranye n’inama ya Bahá’u’lláh yo kurinda amaso yacu ibishuko.

_____ Ukuri bisobanuye kutabeshya.

_____ Ubudakemwa ni umutako wa roho.

_____ Umuntu utari umunyakuri ashobora gutera imbere mu butungane.

_____ Ntacyo bitwaye kubeshya rimwe na rimwe.

_____ Kwiba biremewe mu maso y’Imana, iyo dushonje.

_____ Gufata ikintu nta ruhushya rwa nyiracyo, uzirikana kuzakigarura si ukwiba.

_____ Iyo turi indahemuka, dushyira mu gaciro kandi tugira ukuri, umutima wacu uba umurikiwe.

_____ Ubucuruzi ntibushobora gutera imbere umuntu atibyeho.

4. Ese birashoboka kwibwira ikinyoma? _____

5. Duhomba iki igihe tuvuga ibinyoma? _____
6. Isi yamera ite twese turamutse tubaye abanyakuri n'indahemuka? _____

ICYICIRO CYA 5

Mwige amagambo akurikira nyuma mugerageze kuyafata mu mutwe. Gufata mumutwe amagambo yo mu Nyandiko ni byiza cyane, kandi mugomba gukora iyo bwabaga kugirango mubishobore. Birumvikana ko atari buri wese byorohera gufata mumutwe. Ariko kugerageza bifasha gusigarana ibitekerezo mumutwe no mumutima yacu, no kubisobanura mumagambo asa nk'ayo munyandiko.

“Imvugo nziza ni rukuruzi ikurura imitima y’abantu. Ni ifunguro rya roho, yambika amagambo igisobanuro, ni isoko y’umucyo w’ubwenge n’ubushishozi.”¹¹

1. Imvugo nziza imeze nk'iki? _____

2. Imvugo nziza ikora iki ku magambo? _____

“Yemwe abakunzwe na Nyagasani! Muri ubu Bugabe bw’ubutagatifu, amacakubiri n’amakimbirane birabujijwe rwose. Umushotoranyi wese yivutsa ubuntu bw’Imana”¹²

3. Dukurikije iyo nteruro yo hejuru, ni iki kibujijwe muri ubu Bugabe? _____

4. Umushotoranyi akora iki kuri we bwite? _____

“Kuri uyu muni, nta kintu gishobora guhemukira uku Kwemera kurusha amacakubiri, intonganya, impaka, inzangano n’ukwitandukanya hagati y’ intore z’Imana.”¹³

5. Ni ibiki bihemukira ukwemera kw’Imana? _____

“Ntimugashimishwe no kugaragaza ubucuti bwanyu mu magambo gusa, ahubwo umutima wanyu ugurumanemo urukundo ku bantu bose muhurira mu mayira mucamo.”¹⁴

6. Ni ubuhe bwoko bw’ubucuti tutagomba gushimishwa nabwo? _____

7. Ni iki kigomba kugurumana cyane mu mutima wacu? _____

“Igiterekerezo cy’intambara kiramutse cyivutse, mugitsindishe igitekerezo cy’amahoro kikirusha imbaraga. Igiterekerezo cy’urwango kigomba kuburizwamo n’igiterekerezo cy’urukundo kikirusha ubukana.”¹⁵

8. Ni iki tugomba guhagarikisha igitekerezo cy’intambara? _____

9. Ni iki kigomba kuburizamo igitekerezo cy’urwango? _____

ICYICIRO CYA 6

Mugendeye ku nteruro zo hejuru, nimukore imyitozo ikurikira:

1. Ni mu buhe buryo imvugo nziza ishobora kumera nka rukuruzi? _____

2. Mu mvugo zikurikira izigaragaza imvugo nziza ni izihe?

_____ “Ndeka, mpa amahoro !”

_____ “Kuki udasobanukirwa ?”

_____ “Mushobora kunyihanganira akanya gato?”

_____ “Mbega abana bateye ubwoba!”

_____ “Murakoze cyane, mugira umutima mwiza!”

_____ “Nta mwanya ngufitiye, ndahuze.”

3. Mu bitekerezo bikurikira ibirimo impaka n’amakimbirane ni ibihe?

_____ Abantu babiri bagaragaza ibitekerezo bitandukanye mu nama.

_____ Abantu babiri barakaye maze bagatonganira mu nama.

_____ Abantu babiri bahagarika gukomeza kwitabira inama z’amasengesho za buri cyumweru kuberako batumvikana.

_____ Abagize itsinda bafitanye umushinga runaka, bagakomeza gusigana, buri wese avuga ko mugenzi we amuvunisha.

4. Mu bitekerezo bikurikira ibigaragaza ukwitandukanya n’abandi ni ibihe?

_____ Inshuti ebyiri zinyuranaho mu muhanda zikirengagizanya

_____ Umuntu umwe ugera ahabera inama, buri wese akamwakira yishimye.

_____ Nubwo buri umwe yubaha mugenzi we, abantu babiri bagize itsinda ntibashaka gufatanya mumushinga.

5. Nimwemeze niba izi mvugo zikurikira ari ukuri:

_____ Tugomba kuvugisha ukuri ku cyo dutekereza ku bandi, nubwo byababikomereza imitima yabo.

_____ Ntacyo bitwaye kubeshya kugira ngo hagati yacu hatavuka amakimbirane.

_____ Amakimbirane ashobora guhoshwa n’urukundo n’ubugiraneza.

_____ Amagambo arushaho kuba ingirakamaro iyo avuganywe urukundo.

_____ Kurwana n’umuntu igihe ariwe nyirabayazana nta kibazo.

_____ Umuntu afite uburenganzira bwo kuvuga nabi igihe arwaye cyangwa ababaye.

_____ Ntabwo ari byiza guseka abandi mu gihe bakoze amakosa.

_____ Mu gihe hari inzika hagati y'inshuti ebyiri, buri wese agomba kugira umuhate wihariye wo kwiwunga na mugenzi we.

_____ Mu gihe hari inzika hagati y'inshuti babiri, buri wese agomba gutegereza ko mugenzi we agerageza gushyaka kwiwunga.

ICYICIRO CYA 7

Mwige amagambo yanditse muni aha kandi muyafate mu mutwe.

“... gusebanya bizimya urumuri rw’umutima kandi bigapfukirana ubuzima bwa roho”.¹⁶

“Wishinje ibyaha abandi mu gihe nawe uri umunyabyaha”¹⁷

“Wivuga nabi abandi kugira ngo nawe batazakuvuga, kandi wiremereza amakosa y’abandi kugirango ayawe atagaragara kurushaho...”¹⁸

“Yewe muhungu w’ukubaho! Washobora ute kwibagirwa amakosa yawe bwite maze ukamenya aya mugenzi wawe?”.¹⁹

1. Gusebanya bigira ingaruka ki kuri nyirabyo? _____

2. Tugomba kwibaza iki mbere yo gutekereza ibyaha by’abandi? _____

3. Iyo turemereza amakosa y’abandi bitugendekera bite? _____

4. Tugomba kwiwibutsa iki igihe dutekereza ku makosa y’abandi? _____

ICYICIRO CYA 8

Muzirikane imirongo yanditse haruguru maze mukore imyitozo ikurikira:

1. Roho y'umuntu wibanda ku makosa y'abandi ihura n'ingaruka ki kw'iterambere ryayo? _____
2. Gusebanya bigira iyihe ngaruka kumuryango? _____

3. Ukora iki mu gihe umwe mu nshuti zawe atangiye kuvuga kumakosa y'undi muntu? _____

4. Nimugaragaze niba imvugo zikurikira ari zo:
_____ Mu gihe tuvuga amakosa nyakuri y'umuntu, ntabwo tuba dusebanya.
_____ Iyo tuvuga imigenzo myiza y'umuntu runaka, muri uwo mwanya tukanavugaga amakosa ye, ntabwo ari ugusebanya.
_____ Gusebanya byahindutse umuco rusange mu bantu b'iki gihe kandi dukwiye guteza imbere uburere bwo kubyirinda.
_____ Iyo ubwirwa arahiye ko atazazimura ibyo abwiwe byerekeye undi muntu, icyo gihe urubwa ntirushobora kugira ingaruka ku bandi.
_____ Gusebanya ni umwe mu banzi bakomeye cyane b'ubumwe.
_____ Niduteza imbere umuco wo kuganira kubandi kenshi, icyo gihe dushobora kugwa mu mutego wo gusebanya.
_____ Igihe ubushobozi butandukanye bw'abantu bwagiye mu nama y'Inteko y'ubutungane y'umurenge kugirango bashingwe imirimo imwe n'imwe biba ari ugusebanya.
_____ Mu gihe dushaka gusebanya, twari dukwiye kuzirikana amakosa yacu bwite.
_____ Iyo tuzi umuntu ukora ibyononera Ukwemera, tugomba kumuganiraho hamwe n'abandi.
_____ Iyo tuzi umuntu ukora ibyononera Ukwemera, tugomba kubimenyesha Inteko y'ubutungane y'umurenge.

_____ Umugabo n’umugore we bashobora kuganira amakosa y’abandi bantu kuko ntacyo bagomba guhishanya.

ICYICIRO CYA 9

Intego y’iki gice nk’uko byavuzwe mu ntangiriro ni ugufasha abiga kurushaho gushyira imbaraga mu muco wo gusoma inyandiko ntagatifu buri muni no kuzirikana kugisobanura cyazo. Gusoma imirongo y’Imana buri igitondo na buri nimugoroba ni inyigisho ya Bahá’u’lláh idushishikariza guteza imbere ubuzima bw’ubutungane. Umurongo ukurikira utwibutsa ibyiza tubona iyo twuzura iyi nshingano, kandi dushishikarijwe kuwufata mu mutwe.

“Nimwibire mu nyanja y’amagambo yanjye, kugirango mubashe gusesengura amabanga yayo, no kuvumbura amasaro y’ubushishozi ahishemo.” ²⁰

Nyuma yo kurangiza iki gice, mushobora gusaba gutunga igitabo cy’inyigisho za Bahá’u’lláh kugirango mubashe kugisoma muri muni. Amagambo Ahishwe yaba intangiriro nziza.

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Isengesho

Ikigamijwe

Kuzirikana kukamaro k'isengesho no guteza imbere
umuco wo gusenga buri muni

ICYICIRO CYA 1

Amasomo y'ikigo Ruhi aba agambiriye gufasha abiga kunyura mu nzira y'ubwitange. Tunyura muri iyi nzira igizwe n'intego ebyiri: iterambere ry'ubutungane niry'ubumenyi, no kugira uruhare muguhindura umuryango tubamo. Izi mpamvu ebyiri rero ntizishobora gutandukana. Bahá'u'lláh adusaba avuga ati :

“Mureke kwita gusa ku bibareba, ibitekerezo byanyu nibyibande mu kubaka ejo heza h'ikiremhamuntu kandi mutagatifuze imitima na roho z'abantu”.¹

Kuwundi murongo, arasobanura ati:

“... impamvu nyamukuru umuntu yinjiye mu isi y'ukubaho ni ukugirango akorere guhindura isi kuba nziza, kandi abane na mugenzi we mu bumwe n'ubusabane ”²

Kubyerekeye n'imitere y'umutima wacu, aravuga ati:

“Umutima usukuye ni nk'indorerwamo, yihanagure ukoresheje urukundo no kwitandukanya n'ikintu cyose kitari Imana, kugirango urumuri rw'izuba nyakuri ruyirasiramo urumuri ruhoraho rwo mumuseke”.³

‘Abdu'l Bahá nawe aratubwira ati:

“Imitima yanyu igomba guhora ikeye n'ibyifuzo byanyu bizira amakemwa kugirango muzabone ku byiza by'ubwami bw'ijuru.”⁴

1. Ibitekerezo byacu n'ibiduhangayikisha bigomba kwibanda kuki? _____

2. Ni iyihe mpamvu twinjiye mu buzima? _____

3. Ni iki tugomba guhanagura indorerwamo y'umutima wacu? _____

4. Ni iyihe myitwarire izadufasha kubona ibyiza by'ubwami bw'ijuru? _____
5. Hari imvugo y'ukuri iri muri izi zikurikira?
- _____ Mbere na mbere ugomba kwiyitaho ubwawe mbere yo kwita ku bandi.
- _____ Niba buri gihe wibanda mu gufasha abandi, bizakubuza kugera ku ntego zawe z'ubuzima.
- _____ Ni wowe nshuti ya mbere, yawe ubwawe.
- _____ Ikintu cy'ingenzi ni ukumenya ikintu kigushimisha.
- _____ Kurikira inzozi zawe zizakugeza ku byishimo.
- _____ Icyo ukora icyaricyo cyose ntacyo gitwaye mu igihe nta muntu ubangamiye.
- _____ Ntacyo bitwaye kugira ibitekerezo byo kwikunda, mu gihe hari ibyiza ukora.

ICYICIRO CYA 2

Imyemerere y'umutima ishingiyeye ku mpamvu ebyiri zo kubaho kwacu ni uko twese twaremwe nk'imfura. Bahá u'lláh aravuga ati :

“Yewe muhungu w’umwuka ! Nakuremye ukize, kuki ukomeza kwikenesha? Ko nakugize imfura, kuki wisuzuguza? Kuri kamere y’ubumenyi, naguhaye ubuzima, kuki ushakira ukuri ahandi hatari kuri jye? Nakubumbye mu ibumba ry’urukundo, kuki wita ku wundi utari jye? Hindukira wirebe uzambona muri wowe, nkomeye, ndi umunyembaraga kandi nshikamye.”⁵

Kuzuza iyi mirongo ikurikira birabafasha kurushaho kuzirikana aya magambo.

“Yewe muhungu w’ umwuka ! nakuremye _____, kuki u _____ kwikenesha ? ko _____ kuki wisuzuguza ? kuri _____ y’ _____ naguhaye ubuzima, kuki _____ ahandi _____ ? _____ mu ibumba ry’ _____ kuki wita _____. Hindukira _____ muri wowe, _____ , _____ , _____.”

Kugirango tube indahemuka kubukire bwa roho zacu, tugomba guhindukirira isoko yo kubaho kwacu noneho akaba ari We utumurikira. Imwe mu nzira ikomeye idushoboza kubigeraho ni isengesho. Shoghi Effendi, Umurinzi w'Ukwemera, atubwira ko intego yako nyamukuru ari “Uguterimbere k'umuntu ku giti cye n'umuryango muri rusange, binyuze mu kwakira imigenzo n'ubushobozi by'ubutungane. Ni roho y'umuntu mbere na mbere iba igomba kugaburirwa kandi isengesho niryo soko ya mbere y'ifunguro ry'ubutungane.”

ICYICIRO CYA 3

Imana imenya byose, ifite ubushishozi butagira urugero. Yaraturemye kandi izi ikiri mu mitima yacu kandi izi n'ikidukwiriye. Ntikeneye amasengesho yacu, none se kuki dusenga?

‘Abdu’l-Baha aravuga ati:

“Mu isengesho rihebuje abantu basenga gusa kubera urukundo bafitiye Imana, ntibasenga kubera ko bayitinya cyangwa bahunga umuriro utazima, cyangwa bizeye imigisha cyangwa ijuru... Iyo umuntu akunze undi, ntakimubuza guhora arata izina ry'umukunzi we. Biraruhije cyane kutongera kuvuga izina ry'Imana iyo watangiye kuyikunda... Umuntu utunganye abona umunezero gusa mu guhimbaza Imana”⁶

Aranasobanura ati:

“Mbese umuntu ukunda inshuti ye, si ibisanzwe ko abivuga? Kandi n'ubwo azi ko inshuti ye izi ubucuti bwe, ntiyifuza se kubishimangira?... Imana izi ibiri mu mitima yacu, ariko umutima wo gusenga urasanzwe, uturuka ku rukundo umuntu akunda Imana”⁷

1. Nimwuzuze interuro zikurikira:

- a. Mu isengesho _____ abantu _____ gusa kubera _____ Imana, ntibasenga kubera ko bayitinya cyangwa bahunga _____, cyangwa bizeye _____ cyangwa ijuru.
- b. Iyo umuntu _____ arata _____ Biraruhije cyane _____ izina ry' _____ iyo Watangiye _____
- c. Umuntu utunganye nta handi abona _____ hatari Mu _____ Imana.

2. Kubera iki dusenga? _____

3. Imvugo ivuga ngo “guhimbaza Imana” ishatse kuvuga iki? _____

4. Ni ikihe kintu gihebuje umuntu ukunda undi yifuza. _____

5. Umutima wo gusenga uturuka he? _____

ICYICIRO CYA 4

Mu isengesho ryahishuwe na Bahá'u'lláh dusoma ibi bikurikira:

“Ndagusabye ngo . . .uhindure isengesho ryanjye umuriro ushobora gutwika inkingirizi zimbuza kubona ubwiza bwawe n’urumuri runyobora ku nyanja y’ukubaho kwawe”.⁸

Muri iri sengesho kandi dusaba Imana tugira duti:

“Yewe Nyagasani, isengesho ryanjye rihindure iriba ry’amazi y’ubuzima azatuma mbaho igihe cyose ubutware bwawe buzamara, kandi nzakwamamaze muri buri imwe mu masi yawe.”⁹

1. Ni mubuhe buryo isengesho rishobora kumera nk’umuriro? Ritwika iki? _____

2. Nimuvuge zimwe mu nkingirizi ziduhisha Imana: _____

3. Ese isengesho rishobora kuba nk’urumuri? Ese rituganisha he? _____

4. Ese isengesho rishobora kuba nk'iriba ry'amazi y'ubuzima? Ni iki rivumera roho zacu? _____

ICYICIRO CYA 5

Nimwige kandi mutekereze ku magambo akurikira ya 'Abdu'l-Bahá:

“Nta kintu na kimwe muri iyi si dutuyeho, kirusha isengesho uburyohe. Umuntu agomba kubaho mu mwuka w'isengesho. Imibereho irusha iyindi yose umugisha ni iy'isengesho, n'iyi kwinginga. Isengesho ni ikiganiro hamwe n'Imana. Nta bigwi bindi cyangwa se amahirwe y'ikirenga yandi umuntu ashobora kugeraho atari ukuganiriza Imana. Isengesho rituzanira ubutungane, rigakangura umutimanama, rikadutoza iby'ijuru ; rikaduteramo umutima mushya w'ubwami, rikongera kandi rikadushoboza kwakira ubwenge bw'ikirenga”.¹⁰

1. Ni ubuhe buryohe burusha ubundi muri ino si dutuyemo? _____

2. Iyi nteruro ivuga ngo“umwuka w'isengesho” isobanuye iki? _____

3. Nimuvuge imigenzo imwe nimwe ituruka ku isengesho : _____

4. Nimusubire mu mabango mwize mu byiciro biherutse maze mwandike interuro eshanu zivuga ku miterere y'isengesho.

— Isengesho ni _____

— Isengesho ni _____

- Isengesho ni _____
- Isengesho ni _____
- Isengesho ni _____

ICYICIRO CYA 6

Nimusome kandi mutekereze ku magambo akurikira ya Bahá'u'lláh :

“ewe mugaragu wanjye ; rangurura amagambo Imana ikoherereje nk’uko abo yahamagaye ngo bayisange babigenza, kandi injyana yawe ikangure ubugingo bwawe, igere no mu mitima ya bese. Abamalayika ntumwa b’Isumba byose bazakwirakwiza imibavu y’amagambo aturuka mu kanwa k’uvuga yiherereye, amagambo yahishuwe n’Imana kandi azakora ku mutima w’umuntu wese ukiranuka. Ineza n’impuhwe yahawe bizahindura ubugingo bwe vuba cyangwa bitinze ku buryo atibwiraga. . Nguko rero uko iteka ry’amayoberane mu byahishuwe by’Imana ryatanzwe ku bushake Bwayo, Yo soko y’ububasha n’ubushishozi ”¹¹

1. Ijambo “rangurura” risobanuye iki? _____

2. Tugomba kurangurura amagambo y’Imana mu buhe buryo? _____

3. Interuro “gusubiramo amagambo” isobanura iki? _____

4. Ijambo “Gukwirakwiza” rishatse kuvuga iki? _____

5. Uburyohe bw’injyama yacu buzagira ingaruka ki kuri roho zacu? _____

6. Uburyohe bw'injyana yacu buzagira ingaruka ki ku mitima y'abandi? _____

ICYICIRO CYA 7

Mushobora kwifuza gufata mu mutwe ibika bibiri bikurikira byakuwe mu isengesho ryahishuwe na Bahá'u'lláh:

“O Mana, Mana yanjye! Ntiwite ku byifuzo byanjye n'ibikorwa byanjye, ahubwo wite kugushaka kwawe kubumbatiye ijuru n'isi. Wowe Mana w'ibihugu byose,

Mu izina ryawe rikomeye, nifuje icyo wowe ushaka, nkunda gusa icyo wowe ukunda.”¹²

“Uri hejuru cyane kugirango ibisingizo by'abari hafi yawe bigere ku ijuru ry'ukubaho kwawe, cyangwa inyoni z'imitima y'abakwemera zigere kururembo rw'umuryango wawe. Ndahamya ko uhebuje kurusha ibisingizo byose, ukaba utunganye kuruta amazina yose. Nta yindi Mana ibaho itari wowe, Ikirenga, Nyirikuzo.”¹³

ICYICIRO CYA 8

‘Abdu'l-Baha aravuga ati :

“Birakwiye ko umugaragu asenga agasaba ubufasha Imana, akayinginga. Uwo niwo murongo w'umugaragu, noneho Imana ikazakora mu gushaka kwayo igendeye mu bushishishozi bwayo bwuzuye.”¹⁴

Arongera agasobanura ati :

“Roho igira impinduka kandi isengesho rigira umusaruro. Dusenga rero tuvuga ngo : ‘Mana, kiza uyu murwayi!’ Kubw'amahirwe Imana igasubiza. Ese Imana irobanura abantu igendeye ku isengesho? Imana izasubiza isengesho rya buri muja wayo niba ibyifuzo byihutirwa. Impuhwe zayo ni nyinshi kandi ntizigira umupaka. Isubiza amasengesho y'abagaragu bayo bose. Isubiza isengesho ry'iki gihingwa. Igihingwa gisenga kinginga giti : ‘Yewe Mana! Nyohereza imvura! Imana igasubiza rya sengesho noneho igihingwa kigakura. Imana izasubiza buri wese ”¹⁵

Ni ibisanzwe ko mu masengesho yacu dushobora gusenga dusaba Imana kuduha ibyo dukeneye. Niyo mpamvu rero dusengera ubuzima bwacu n'ubuzima bw'abo dukunda, dusengera gutera imbere kuri roho no mu bushobozi bw'imiryango yacu, tukanasengera kuyoborwa nayo. Dusaba imbaraga, ukwemera no gukomezwa mu nzira y'ubwitange. Iyo dusenga Imana birumvikana ko tugomba kwibuka ko intego y'ubuzima bwacu ari uko ugushaka kwacu gusa n'ugushaka kwayo. Rero tugomba gusenga kugirango ugushaka kwayo gukorwe, kandi tukaba twiteguye kubyakira. Nimufata mu mutwe amagambo akurikira ya 'Abdu'l-Bahá, azababera isoko y'ibyishimo n'ubwishingizi mu bihe byose:

“Yewe wowe uhindukirira Nyagasani! Funga amasamo ku bindi bintu byose hanyuma uyafungurire ubwami bwa Nyir'ikuzo. Umusabe icyo wifuza cyose We wenyine; Ushake icyo ushaka cyose kuri We wenyine. N'indoro ye gusa asubiza ibyifuzo ibihumbi jana, n'ijisho rimwe gusa akiza indwara zidakira ibihumbi jana, n'imboni imwe gusa yomora buri gikomere; gucyebuka gusa, aha amahoro imitima yari ifite intimba. Akora icyo agomba gukora, none ubwo ni ubuhe bufasha dufite? Yuzuza ugushaka kwe kandi agakora ibimunyura. Rero ni ngombwa ko wicisha bugufi igihe umusaba hanyuma icyizere cyawe cyose ukagiharira Imana yo Nyir'impuhwe.”¹⁶

ICYICIRO CYA 9

Uhereye ku bintu twize kugeza ubu, biragaragara ko guhindukirira Imana mu gihe dusenga ari ikintu k'ingenzi kubuzima bw'ubutungane. Mbega ukuntu bihebuje gusenga Imana mu gihe ukibyuka na nimugoroba mbere yo kujya kuryama. Igihe tumara dusenga buri muni n'umubare w'amasengesho tuvuga biterwa n'ibyo dukeneye cyangwa n'inyota ya roho. Kuri buri mwanya tubonye, dushobora guhitamo mu masengesho yahishuwe na Bahá'u'lláh, Báb na 'Abdu'l-Bahá. Bahá'u'lláh yahishuye kandi amasengesho atatu yategetswe kuvugwa buri muni. Shoghi Effendi avuga ko:

“Amasengesho ya buri muni yategetswe ni atatu. Irigufi muri yo rigizwe n'interuro imwe rukumbi rigomba kuvugwa rimwe mu masaha 24 rikavugwa ku gicamuni. Isengesho riringaniye ritangizwa n'amagambo 'Ntanze Imana ho umugabo ko ntayindi Mana itari Yo' rigomba kuvugwa inshuro eshatu ku muni, mu gitondo saa sita na nimugoroba. Iri sengesho riherekezwa n'ibikorwa, n'ibimenyetso bimwe na bimwe byahishuwe bijyana naryo. Isengesho rirerire ari naryo risesenguye cyane muri aya atatu, rigomba kuvugwa inshuro imwe mu masaha makumyabiri n'ane, kandi ku gihe icyo ari cyo cyose twumva dukeneye kurivuga.”¹⁷

“Uwemera afite umudendeze wo kwihitiramo rimwe yishakiye muri ayo masengesho uko ari atatu. Ariko afite inshingano yo kurivuga akuriije amabwiriza yose asobanuye ashobora kuriherekeza”.¹⁸

Kandi akomeza avuga ati :

“Aya masengesho yategetswe ya buri muni, hamwe n’andi y’umwihariko nk’Isengesho ryo gukiza, Urwandiko rwa Ahmad, yahawe na Bahá’u’lláh ububasha n’igisobanuro cyihariye, kubw’ibyo agomba kwemerwa uko ari, abemezi bakayavugana ukwemera n’ibyiringiro bidashidikanywa, kugirango, kubwayo, bashobore gusabana n’Imana no kugendera byimazeyo mu mategeko n’amahame yayo”.¹⁹

Aya masengesho atatu yahishuwe na Bahá’u’lláh avugwa n’umuntu ku igiti cye. Amasengesho yo mu ruhamo aho isengesho ryategetswe buri muni rivugwa mu itsinda hagendewe ku mahame runaka, ntabwo mu kwemera kwa kibahá’í. Isengesho ryo gusabira abapfuye niryo ryonyine rivugirwa mu ruhamo dukurikije amategeko ya kibahá’í. Rigomba kuvugwa n’umwe mu bateguwe mbere yo gushyingura, muri icyo gihe abasigaye baba bahagaze bacecetse.

1. Ijambo “ryategetswe” risobanura iki? _____

2. Bahá’u’lláh yahishuye amasengesho yategetswe ya buri muni angahe? _____

3. Ese dushobora kuvuga buri muni amasengesho yategetswe yose uko ari atatu?

4. Iyo duhisemo Isengesho rirerire ryategetswe, tugomba kurivuga inshuro zingahe ku muni? _____
5. Iyo duhisemo Isengesho riringaniye, dutegetswe kurivuga inshuro zingahe? _____

6. Iyo duhisemo Isengesho rigufi, turivuga inshuro zingahe? _____
7. Nimuvuge amwe n’amwe mu masengesho yahawe ububasha bw’umwihariko:

8. Nimufate mu mutwe niba mutari mwabikora, Isengesho rigufi ryategetswe.

“Ndemera Mungu wanjye, ko wandemeye kukumenya no kugusenga. Muli aka kanya nemeye amagara make yanjye n’ubushobozi Bwawe, ubukene bwanjye n’ubukungu Bwawe. Ntayindi Mana ibaho Itali Wowe, Umufasha mu byago, Ubaho kubwe Wenyine.”²⁰

9. Ni iki twemera muri iri isengesho? _____

ICYICIRO CYA 10

Tugomba kwibuka ko usibye imigisha turonka mu kubaha isengesho ryategetswe n’ibidutunga turonka mu gihe tuvuga andi masengesho kugiti cyacu, roho zacu zizamurwa mu gihe twumva amasengesho avugirwa mu ikoraniro ryaba rito cyangwa rinini. Bahá u’Iláh aratubwira ati :

“Nimuhurire mu byishimo n’ubusabane bihebuje maze musubiremo imirongo yahishuwe na Nyagasani Nyir’impuhwe. Ibyo nimubikora imiryango y’ukuri nyako izafungurirwa imitima yanyu, muzumva roho zanyu zikomejwe n’imitima yanyu yujujwe ibyishimo bisendereye.”²¹

Dukuramo twese ibyishimo byinshi kumenya ko ahantu hose mu isi, mu nama z’amasengesho aho inshuti n’abaturanyi baturira ngo bashyikirane n’Imana bari kwikuba inshuro nyinshi. Inzu nsanganyasi y’ubutabera yandika ko:

“Inama z’amasengesho ni akanya roho iyo ariyo yose ishobora kwinjira igahumeka umubavu wo mu ijuru, igasogongerwa ku buryohe bw’isengesho, ikazirikana ku Ijambo ryubaka, ikemera gutwarwa mu mababa ya mwuka ikaganira n’Umukundwa umwe gusa. Amarangamutima y’urukundo no gusabana ahuriweho aravuka mu buryo busanzwe bwa kamere, by’umwihariko mu biganiro by’ubutungane kandi aho ‘umugi w’umutima w’umuntu ushobora gufungurwa.”²²

Iyo twumva dufite ubushake bwo gusenga, dutegereza akanya twitonze kugirango tubashe gusukura ibintu by’isi mu mutwe wacu. Iyo dusenga, ibitekerezo byacu byose tubyerekeza ku Mana. Nyuma yo kuvuga amasengesho tuguma ducecetse akanya gato ntiduhite duhindukirira gukora ikindi kintu. Ni kimwe n’iyo twumva amasengesho ari kuvugwa n’abandi mu gihe cy’amateraniro. Mu bihe bimeze bityo tugumana imyifatire y’isengesho tugakurikirana twitonze amagambo ari kuvugwa nk’aho ari twe ubwacu turi kuyavugaga.

1. Ni mu wuhe mwuka tugomba guhuriramo iyo turi gusoma amagambo y’Imana?

2. Ese guhura tugasoma amagambo y’Imana bigira izihe ngaruka?

3. Inama z’amasengesho ni akanya aho roho iyo ariyo yose ishobora?

— _____,

— _____,

— _____,

— _____

— _____ kandi

— _____

4. Ni ayahe marangamutima tugira mugihe cy’inama z’amasengesho? _____

5. Ni izihe ngaruka z’ibiganiro by’ubutungane bivuka kuburyo busanzwe mu gihe cy’inama z’amasengesho? _____

6. Nimwandike amagambo make ku buryo dushobora kwitwara mu gihe dusenga turi twenyine cyangwa turi mu materaniro.

ICYICIRO CYA 11

Igice cya mbere cy'iki gitabo kibanze ku muco wo gusoma buri muni amagambo yo mu Nyandiko no kuzirikana ku bisobanuro byayo. Hano mwatekereje ku kamaro k'isengesho n'umusaruro dukuramo. None kuri izo mpamvu mwarushijeho gukomeza umuco wo gusenga buri muni. icyiciro giherutse cyarushijeho kudasobanurira akamaro ko gusengera mu ruhamwe. Ibyo mwize byose kugeza ubu, byabateguye ku kuba niba mubyifuza mwatangira igikorwa cya mbere mu nzira y'ubwenge: Kwakira inama y'amasengesho.

Nk'intambwe ya mbere, ushobora kwifuza gufata mu mutwe amasengesho mesnhi noneho ugashaka umwanya wo kuyasangiza inshuti nkeya. Mu gihe kimwe kandi, ushobora guharanira kwitabira nibura imwe mu nama z'amasengesho zo mu muryango wanyu noneho ukaba umwe mubayishyigikira ku buryo bushimishije. Nyuma, nawe ubwawe ushobora gutangiza inama y'amasengesho, utumira inshuti zawe, abagize umuryango n'abaturanyi, mukajya muhura buri gihe mugasenga mukanasabana. Ntabwo ari igitangaza kandi ko babiri cyangwa batatu mubari kwiga iri somo bafatanyaga gufungura inama y'amasengesho imwe.

Nk'uko ushobora kubitekeraza, nta buryo buhari ngenderwaho bugaragaza uko inama y'amasengesho igomba gutegurwa. Ariko birumvikana ko ari aho inshuti zihurira zigasenga, zigasoma imirongo yo mu Nyandiko, zikanagirana ikiganiro cyubaka, kandi byose bigakorwa mu mwuka w'ubutungane. Mushobora kuvuga mu ncamake kuri ibi bitekerezo bikurikira, birebana no kwakira inama y'amasengesho?

Gutumira mu buryo bw'urugwiro kandi bwuje urukundo: _____

Gutegura ku buryo hakiranwa urugwiro: _____

Guhorana umutima wo kubaha: _____

Guteza imbere ubusabane bushingiye ku munezero _____

Gushishikaza ibiganiro byubaka by'ubutungane _____

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Ubuzima n'urupfu

Ikigamijwe

Kwishimira ko ubuzima butagizwe gusa n'impinduka
n'amahirwe by'iyi isi, ahubwo ko bukura igisobanuro
nyakuri mu iterambere rya roho.

ICYICIRO CYA 1

Roho ya muntu iri hejuru ya byose mu isi yo kubaho. Muri rimwe mu magambo ye, ‘Abdu’l-Bahá asobanura ibikurikira:

“Iyi mibiri yo ku isi igizwe n’utunyangingo duto cyane, iyo utu tunyangingo dutangiye gutandukana habaho ugusenyuka, noneho ibyo bikavamo ibyo twita urupfu . . .”¹

“Ariko ku birebana na roho biratandukanye. Roho ntabwo igizwe n’uruhurirane rw’ibintu, cyangwa rw’utunyangingo twinshi, ahubwo igizwe n’icyiciro kimwe rukumbi kandi kidashobora gutandukana, niyo mpamvu ihoraho iteka. Ntaho ihuriye na gato n’iremwa ry’ibifatika: ntijya ipfa!”²

1. Ijambo “igizwe na” rishatse kuvuga iki? _____
2. Ese roho ya muntu igizwe n’ibintu bitandukanye, nk’uko umubiri w’umuntu umeze? _____
3. Ese roho ya muntu ni ikintu gifatika? _____

ICYICIRO CYA 2

Ibaruwa yanditswe mu izina ry’Umurinzi w’ukwemera ivuga ko “Roho iza mu muntu mu gihe cyo gusama”. Isubiza ku kibazo kijyanye n’igisobanuro cyo “gusama”, Inzu Nsanganyasi y’ubutabera ivuga ko:

“Nta hantu na hamwe mu Nyandiko za kibahá’i habonetse ko hasobanura neza igihe nyakuri n’imimerere y’ikiswe ‘gusama’. N’uburyo iri jambo risobanurwa n’ubuganga ntabwo nabwo busobanutse neza. Mu by’ukuri uburyo bumwe bwo kumva ijamba gusama ni uko ari kimwe no gutwita, ubundi busobanuro ni uko gusama biza bikurikiye igihe cy’uburumbuke no guhura kw’intanga ngabo n’intanga ngore, n’ukugera k’urusoro muri nyababyeyi, ibyo bikaba ari intangiriro yo gusama. Rero ntibishobora kumenyekana igihe nyacyo roho n’umubiri bihurira, kandi ikibazo nk’icyo gishobora kuba amayobere ku bitekerezo n’ubushakashatsi bya muntu kubera yuko ibibazo nk’ibyo bijyanye n’amayobera y’isi y’ubutungane n’imiterere ya roho ubwayo.”³

1. Ni ryari roho ya muntu itangira kubaho? _____

2. Ese “gusama” byaba bisobanura igihe runaka nyakuri kibera mu mubiri w’umuntu? _____

ICYICIRO CYA 3

Isano riri hagati ya roho n’umubiri rirenze ibifatika; roho ntiyinjira ntinasohoka mu mubiri nta n’ubwo igira umwanya ibarizwamo mu mubiri. Ukwihuza kwayo n’umubiri, twakugereranya nk’urumuri hamwe n’indorerwamo irugaragaza. Urumuri rugaragara mu ndorerwamo ariko ntabwo ruba ruri mu ndorerwamo imbere. Ni kimwe rero na roho, nayo ntabwo iba imbere mu mubiri, nkuko ‘Abdu’l-Bahá abisobanura:

“Roho nyakuri cyangwa mwuka wa muntu ntabwo iba muri uyu mubiri mu buryo bufatika, bishatse kuvuga ko roho itawinjiramo, gufatika no kwinjira ni bimwe mu biranga umubiri kandi roho nyakuri iratunganye hejuru y’ibi byose. Ntiyegeze yinjira muri uno mubiri na mbere hose, kubera iki se nyuma y’urupfu yakenera ahandi hantu ho kuba. Oya, isano riri hagati ya roho n’umubiri risa neza n’iriri hagati y’itara n’indorerwamo. Niba indorerwamo ikeye, iba igaragaza neza urumuri rw’itara ruyigaragaramo; ariko niba indorerwamo yarasadutse cyangwa ifite umukungugu nta rumuri igaragaza.”
4

1. Nimwuzuze mu mwanya urimo ubusa mu nteruro zikurikira:
 - a. Roho nyakuri, cyangwa _____, ntabwo iba muri uyu mubiri mu buryo bufatika, bishatse kuvuga ko roho ita _____
 - b. _____ cyangwa mwuka wa muntu, ntabwo yinjira mu mubiri, kubera ko gufatika no kwinjira ari _____ kandi roho nyakuri _____
 - c. Na mbere hose roho ntiyigeze _____, kubera iki se mu gihe iwuvuyemo yakenera _____
 - d. Isano riri hagati ya roho n’umubiri risa neza n’iriri hagati _____.
 - e. Niba indorerwamo ikeye _____ ruyigaragaramo neza.
 - f. Niba indorerwamo yarasadutse cyangwa ifite umukungugu, _____.
2. Tugendeye kubyo twize kugeza ubu, emeza niba imvugo zikurikira ari ukuri:
_____ Roho ntabwo ari iyo muri ino isi.
_____ Roho iba mu mubiri.

- _____ Umubiri niwo nyiri roho.
- _____ Roho ntabwo ipfa.
- _____ Umuntu atangira kubaho iyo roho yihuje n’urusoro.
- _____ Ubuzima butangira igihe umuntu avutse muri iyi si.
- _____ Kubaho kw’umubiri ufatika birakomeza nyuma y’urupfu.
- _____ Ubuzima bugizwe n’ibintu bitubaho buri muni.
3. Koresha ishusho y’urumuri n’indorerwamo usobanure isano iri hagati ya roho n’umubiri: _____
- _____
- _____
- _____
- _____

ICYICIRO CYA 4

Hariho isano yihariye cyane hagati ya roho n’umubiri, byombi bikaba bigize ikiremhamuntu. Iyo sano igumaho gusa mu gihe cy’ubuzima bupfa. Iyo iri sano rirangiye, buri kimwe muri byombi gisubira ku nkomo yacyo, umubiri ujya mu gitaka, naho roho igasubira mu isi z’ubutungane z’Imana aho ikomeza gutera imbere. ‘Abdu’l-Bahá avugako :

“Roho ya muntu igira itangiriro ariko ntigira iherezo. Izakomeza kubaho iteka.”⁵

Mu kiganiro cye kimwe yasobanuye ibi :

“Roho ntabwo ikeneye umubiri ahubwo ni umubiri ukeneye roho, kuko utashobora kubaho utayifite. Roho yabaho nta mubiri ariko umubiri udafite roho urapfa.”⁶

Umurinzi nawe asobanura ko:

“Ku birebana na roho y’umuntu: ugendeye ku nyigisho za kibahá’í, roho ya muntu ivuka mu gihe cy’isama igakomeza kubaho inyuze mu ruhererekane rw’ubuzima rudashira nyuma yo kwitandukanya n’umubiri. Kubaho kwayo rero ntibigira iherezo.”⁷

1. Tugendeye ku mirongo yanditswe hejuru nimusubize ibibazo bikurikira : _____

a Ese umubiri ukeneye roho ? _____

b Ese roho ikeneye umubiri ? _____

c Ese nyuma y'urupfu bigendekera bite isano hagati ya roho n'umubiri ? _____

d Bigendekera bite roho nyuma y'urupfu ? _____

e Iterambere rya roho rirangira ryari ? _____

f Ubuzima burangira ryari ? _____

2. Hitamo mu mvugo zikurikira izemeranywa n'ibyo twasomye muri ibi byiciro :

_____ Urupfu ni igihano.

_____ Ukwihuza kwa roho n'umubiri bimara gusa igihe cyo kubaho hano kw'isi.

_____ Umubiri ufite ubushobozi bwo gutera imbere iteka.

_____ Roho izakomeza gutera imbere iteka.

_____ Urupfu ni iherezo ry'ubuzima.

_____ Hazabaho umunsi w'urubanza aho imibiri yacu izazamuka.

_____ Igihe cy'urupfu roho igira ubwigenge busumba ubwo yari ifite mbere.

_____ Ubuzima burangirana n'urupfu.

_____ Twakagombye gutinya urupfu.

_____ Ibiryo, imyenda, kuruhuka no kwidagadura ni ngombwa kuri roho.

- _____ Roho irananiwa iyo umubiri ukoresha imbaraga zawo.
- _____ Roho ntifatwa n'indwara cyangwa intege nke z'umubiri.
- _____ Umuntu azakomeza gukenera ibintu bifatika nyuma y'urupfu.

ICYICIRO CYA 5

Twabonye ko roho nta mwanya wihariye ifata mu mubiri w'umuntu kandi nta n'ubwo ikurikiza amategeko karemano yo ku isi nk'uko ibindi biremwa bifatika biyakurikiza. Roho igira uruhare mu isi ibinyujije mu mubiri ariko ubu sibwo buryo bwonyine roho igaragaraza ububasha bwayo. Bahá'u'lláh aravuga ati:

“Ndababwira ukuri, roho ya muntu yahawe ububasha buruta ibyinjira n'ibisohoka. Iguma aho iri itanyeganyega kandi muri ako kanya iri kuguruka, na none iba iri kugenda kandi itava aho iri.”⁸

Na 'Abdu'l-Bahá aratubwira ati:

“Mumenye ko uruhare n'ukwigaragaza bya roho biri mu moko abiri ; bishatse kuvuga ko roho ya muntu ifite uburyo bubiri bw'imikorere no kumva. Uburyo bwa mbere bukora ibinyujije mu bice bigize umubiri wa muntu. Ubwo rero ireba ikoresheje amaso, ikumva ikoresheje ugutwi, ikavuga ikoresheje ururimi...

“Ubundi buryo roho ikoramo ntabwo ibinyuza mu bice bigize umubiri.”⁹

1. Nimwuzuze ibibura mu nteruro zikurikira:

a. Roho ya muntu yahawe ububasha buruta _____ n' _____ .

b. Iguma _____ kandi _____ .

c. Iba iri _____ kandi _____ .

2. Sobanura uburyo bubiri roho yigaragaza kandi ikagira uruhare muri iyi si : _____

3. Mushobora gutanga ingero z’uburyo roho igira uruhare, n’ibikorwa byayo idakoresheje umubiri ? _____

ICYICIRO CYA 6

Nimusome imirongo ikurikira yanditswe na Bahá’u’lláh hanyuma mubihuze n’ibyanditswe mu bice bibanza :

“Menya ko roho ya muntu yakujijwe kuruta ibintu byose kandi itagengwa n’umubiri cyangwa ubwenge. Nubwo iyo umuntu arwaye agaragaza ibimenyetso by’intege nke bitewe n’imbogamizi indwara ishyira hagati y’umubiri na roho ye, nyamara nta ngaruka n’imwe bigira kuri roho ubwayo. Fata urugero rw’urumuri rw’itara, nubwo hari ikintu cyaza kibangamira urumuri gutambuka, itara ryo ubwaryo riguma ryaka kandi rinagaragaza za mbaraga za rwa rumuri. Mu buryo busa rero, indwara yose ishegesha umubiri w’umuntu ibangamira roho kugaragaza ubushobozi bwayo n’imbaraga zayo. Mugihe ivuye mu mubiri, roho yerekana ubushobozi bwayo, kuburyo nta kindi kintu ku isi cyayirusha imbaraga. Buri roho isukuye, yejejwe kandi yatagatifijwe izagira ubushobozi butajegajega kandi izagira ibyishimo bisendereye.”¹⁰

1. Sobanura mu magambo yawe uburyo roho idashobora guhangarwa n’intege nke z’umubiri cyangwa iz’ubwenge, unasobanure ubushobozi izagaragaza nyuma yo gutandukana n’umubiri.

2. Tuzagumana kamere yacu nyuma y’urupfu rw’umubiri wacu bwite ? _____

ICYICIRO CYA 7

Bahá'u'lláh aravuga ati :

“Noneho reka tugaruke ku kibazo cyawe cyerekeye roho y’umuntu n’imibereho yayo nyuma y’urupfu : Mu by’ukuri, menya ko roho iyo imaze gutandukana n’umubiri, ikomeza gutera imbere mu miterere no mu myifatire, nta n’imwe iyibangamira yaba impinduka z’ibihe by’imyaka itabarika, cyangwa se amahirwe n’akaga by’iyi isi, kugeza ubwo izagera imbere y’Imana. Izakomeza kubaho kimwe n’ubwami Bwayo, ubutegetsi Bwayo, ubuhangange Bwayo n’ububasha Bwayo. Izagaragaza ibimenyetso n’imigenzo by’Imana, kandi ihishura ubugwaneza Bwayo n’ubuntu Bwayo.” ¹¹

1. Nyuma y’urupfu rw’umubiri roho izakomeza kubaho kugeza ryari ? _____

2. Roho izaba ifite iyihe mimerere mu gihe izaba ikomeje urugendo rwayo igana ku Mana ? _____

3. Ni ibihe bimenyetso n’imigenzo roho izagaragaza muri icyo gihe? _____

4. Tugendeye kubyo twize kugeza ubu, nimuvuge niba izi mvugo ari ukuri :
_____ Ubwami bw’Imana buzabaho ubuziraherezo.
_____ Roho ifite ubushobozi bwo kugaragaza imigenzo y’Imana.
_____ Amasengesho tuvuga dusabira abapfuye ntacyo afasha ukubaho kwa roho zabo.
_____ Roho ibaho ubuziraherezo ?

ICYICIRO CYA 8

Baha'u'llah agira ati :

“Umenye yuko ugutwi kwose gushobora kumva, iyo gusukuye nta mwanda, igihe cyose n’aho ryaturuka hose, kugomba kumva ijwi rivuga aya magambo matagatifu : ‘Mu by’ukuri dukomoka ku Mana, kandi tuzasubira ku Mana.’ Amayobera y’urupfu rw’umubiri w’umuntu n’ihindukira rye ntibyangajwe kandi biracyari ibanga.

“Urupfu ruha buri uwemera wizera inkongoro mu by’ukuri, ariyo buzima. Rutanga ibyishimo kandi rukazana umunezero. Rutanga impano y’ubuzima bw’iteka

“Naho ku bariye ku rubuto rw’imibereho yo ku isi ya muntu, ari kwo kwemera Imana Nyakuri yonyine, ikuzo ryayo nirihimbazwe, imibereho yabo mu zindi si za kure izaba iteye ku buryo tudashobora kuyisobanura. Ubumenyi bwaho bwahariwe Imana yonyine, Nyagasani w’isi zose”.¹²

“Yewe Muhungu w’Usumba Byose ! Nagize urupfu intumwa y’amahoro, kuki uhungabana ? Urumuri naruremeye kukumurikira, kuki uguma mu mwijima ? ”¹³

1. Nimwerekane niba imvugo zikurikira ari ukuri?

_____ Roho y’umuntu ikomoka ku Mana kandi izasubira kuri Yo

_____ Ubumenyi bwose ku buzima nyuma y’urupfu bufitwe n’Imana yonyine.

_____ K’umwemezi nyakuri urupfu ni ubuzima.

_____ Urupfu rutera umunezero.

_____ Amayobera y’urupfu yarahishuwe kandi azwi n’abantu bose.

_____ Tugomba kwishimira ibyiza by’ubuzima nta bwoba bw’urupfu dufite, kuko urupfu ari intumwa y’amahoro.

_____ Ntabwo ari ngombwa kuri twe kumenya iby’ubuzima nyuma y’urupfu.

2. Tugendeye kubyo twize muri ibi byiciro, nimwandike amagambo make ku buzima, urupfu, umubiri na roho.

1. Nimweze niba izi mvugo ari zo:

_____ Mu nda ya ba mama niho twaherewe ubushobozi n'impano dukeneye muri iyi si.

_____ Ntabwo dukeneye kwitegurira ubuzima bwo mu yindi si.

_____ Ibyo tuzakenera mu isi y'ubwami, niho tugomba kubibonera.

_____ icyo ubuzima turimo hano muni bugamije, ni ukugirango twakire ubushobozi bukenewe ku buzima bwo mu isi izaza.

_____ Ubuzima nyakuri butangira igihe umuntu apfuye kandi atashye mu bwami bw'Imana.

_____ Ubuzima nyakuri butangirira kuri iyi si bukanakomeza nyuma y'urupfu rw'umubiri.

2. Ni ubuhe bushobozi bumwe na bumwe umuntu yakira akiri mu isi yo munda ya nyina? _____

3. Ni izihe mpano dushobora guhabwa muri ino si zaza dufasha mu buzima nyuma y'urupfu? _____

ICYICIRO CYA 10

Bahá'u'lláh aravuga ati :

“Kuri uyu muni, umurimo w'ingenzi w'umuntu, ni ukubona umugabane ku ngabire zitabarika Imana yamugeneye. Ubwo rero, ntihakagire umuntu wita ku bunini cyangwa ubuto bw'intango. Uruhare rwa bamwe rushobora kugerwa mu kiganza, urw'abandi rwakuzura urwabya cyangwa umunoga”.¹⁵

1. Tugendeye kubyanditswe mu mirongo yo haruguru nimusubize ibibazo bikurikira:

a Ni uwuhe murimo w'ingezi wa buri muntu kuri uyu muni ? _____

- b Ni iyihe migisha wahawe n’Imana ? _____

- c Muri iri bango, Ijambo “intango” rishatse kuvuga iki ? _____

- d Kubera iki tutagomba kwita “ku bunini cyangwa ubuto” bw’ubushobozi Twagenewe ? _____

- e Ni ibihe bintu bitubuzwa kwakira umugabane wacu ku buntu bw’Imana ? _____

2. Nimwerekane mu mvugo zikurikira izukuri ari izihe.

- _____ “Ubunini cyangwa ubuto” by’ubushobozi bwacu bishaka kuvuga ubwenge dufite.
- _____ Kugira ngo dukorere Imana tugomba kwibagirwa intege nke zacu kandi tugashyira amizero yacu kuri Yo.
- _____ Nitudateza imbere ubushobozi Imana yaduhaye muri iyi si, roho yacu izacika intege igihe izaba igeze mu yindi si.

ICYICIRO CYA 11

Bahá’u’lláh aravuga ati:

“Wambajije ku byerekeye kamere ya roho. Mu by’ukuri, menya ko roho ari ikimenyetso cy’Imana, ni ibuye ry’agaciro ryo mu ijuru, ukuri kwaryo kwihishe ab’intiti kurusha abandi mu bantu, kandi nta bwenge na bumwe, uko bwaba bucengera kwose, bwashobora kwizera gusesengura iryo yobera. Mu bintu byaremwe byose, niyo ya mbere ihimbaza isumbwe ry’Umuremyi wayo,

kwemera ikuzo rya Yo, kwizirika ku kuri kwe no gupfukama imbere ya Yo iyiramy.”¹⁶

1. Nimwuzuze interuro zikurikira:
 - a. Roho ni _____ cy’Imana.
 - b. Roho ni _____, ukuri kwaryo _____ ab’intiti kurusha abandi mu bantu kandi _____ uko bwaba bucengera kwose bwashobora kwizera _____.
 - c. Roho ni _____ ihimbaza isumbwe ry’Umuremyi wayo _____.
 - d. Roho ni iyambere _____ ikuzo ry’Imana.
 - e. Roho ni iyambere _____ ku kuri kw’Imana.
 - f. Roho ni iyambere _____ Iyiramy.
2. Nimwerekane mu mvugo zikurikira izukuri ari izihe.
_____ “Gusesengura” bivuga kugera ku bumenyi.
_____ Mu bintu byose byaremwe, icyambere mu kumenya Imana ni ubwonko.
_____ “Gucengera” bishaka kuvuga kugera kure.
_____ Umuntu w’intiti yumva neza iyobera rya roho.
_____ Abahanga mu mitekerereze ya muntu nibo bashobora kwerekana ubuhangange bw’Imana.
_____ Gutekereza cyane ibyerekeye roho nta kamaro, kuko tudateze kubisobanukirwa namba.

ICYICIRO CYA 12

Bahá’u’lláh aravuga ati :

“Mumeze nk’inyoni irambuye amababa yayo, mu byishimo n’icyizere gisesuye, iguruka mw’isanzure ry’ijuru, kugeza igihe, ibitewe n’inzara, imanukana umururumba hejuru y’amazi n’isayo ryo ku butaka, nuko yahagera igafatwa mu mitego y’irari ryayo, ikananirwa kongera gufata ikirere yerekeza mu bwami yaturutsemo. Iyo nyagwa y’inyoni, yananiwe guhungura

umuzigo uremereye uri ku mababa yayo yanduye, nka mbere ngo yibere muri paradizo; igomba noneho gushakira intaho yayo mu mukungugu. Yemwe bagaragu banjye ! mwikwanduza rero amababa yanyu n'isayo ry'irari ryanyu ridafashe n'ubugome, kandi ntimwemere na busa ko umukungugu w'ishyari n'urwango ubatwikira, kugira ngo mushobore kugurukira mu ijuru ry'ubumenyi bwanjye butagatifu.”¹⁷

1. Nimwuzuze interuro zikurikira :

- a Inyoni Bahá'u'lláh acaho amarenga muri uyu mwandiko ni _____
- b Iyo nyoni yibera muri _____
- c Niba amababa yayo yandujwe n'urwondo, ya nyoni noneho igomba gushakira intaho mu _____

2. Musubize ibibazo bikurikira:

- a “Amababa” ya roho ashobora “kwandura” mu buryo ki? _____

- b Nimusobanure imwe mu mitwaro imeze nk’ “amazi n'isayo byo ku isi”, iremerera amababa ya roho _____

- a Ni iki cyashobora kutubuza kongera kuzamuka twerekeza mu ijuru ry'ubumenyi bw'Imana. _____

- b Kuki roho yagurana intaho yayo yo mu ijuru umukungugu wo mu isi? _____

3. Nimuvuge niba izi mvugo ari ukuri:

- _____ Ukwizirika ku bintu by'isi bibangamira iterambere rya roho.
- _____ Kwitwara nabi n'ibyifuzo bibi bitubuza kuguruka mu ijuru ry'ubumenyi bw'Imana.
- _____ Ishyari n'urwango ni ibintu biri muri kamere ya muntu kandi ntabwo ari umutwari kuri roho.
- _____ Dushobora kwitandukanya n'imitwari itubuza kuguruka mu bwami bw'ijuru twitandukanya n'ibintu by'iyi si.
- _____ Ubuturo bwa roho buha muri iyi isi.

ICYICIRO CYA 13

Bahá'u'lláh aravugaga ati:

“Imaze kurema isi n'ibiyirimo byose kandi biyiyegayegaho, Imana yashatse kugabira umuntu kubutoni bwihariye Bwayo, kubera igikorwa mbonera cy'ugushaka kwayo kwigenga kandi kw'ikirenga, ubushobozi bwo kuyimenya no kuyikunda, ubushobozi bugomba kubonwaga nk'ubutera gushyugumbwa kandi nk'impamvu nyamukuru itwikiriye iremwa rya byose... kuri kamere ntakuka ya buri kintu cyose cyaremwe, Imana yasenderejeho urumuri rwa rimwe mu mazina Yayo, maze ikigira icyicaro cy'ikuzo ry'imwe mu migenzo Yayo. Ariko kuri kamere muntu yarundarundiye uburabagirane bw'amazina n'imigenzo Byayo byose kandi yamugize indorerwamo ya kamere Yayo bwite. Mu bintu byose byaremwe, umuntu wenyine yatoranijwe nk'ikiremwa cy'ubutoni buhagije”.¹⁸

1. Nimwuzuze interuro zikurikira:

- a Imana yashatse Kuri kamere ntakuka ya buri _____ cyose cyaremwe, Imana yasenderejeho kugabira umuntu ku butoni bwihariye bwayo, kubera igikorwa mbonera cy'ugushaka kwayo kwigenga kandi kw'ikirenga, ubushobozi bwo _____.
- b Kuri kamere ntakuka ya buri _____ cyose cyaremwe, Imana yasenderejeho urumuri rwa _____ maze ikigira icyicaro cy'ikuzo k' _____.
- c Ariko kuri kamere muntu yarundarundiye _____ kand iyamugize indorerwamo _____.

2. Noneho nimusubize ibibazo bikurikira:

a Mushobora gutanga ingero z'imigenzo imwe n'imwe y'Imana? _____

b Ni iyihe mu migenzo y'Imana roho ya muntu ishobora kugaragaza? _____

c Ni gute iyi migenzo ishobora kugaragazwa? _____

d Ni kukihe kintu kihariye ikiremwa muntu cyatoranijwe? _____

3. Nimwerekane niba izi mvugo zikurikira ari ukuri.

_____ Umuntu ntaho atandukaniye n'ibindi biremwa.

_____ Ubushobozi bwo kumenya Imana no kuyikunda ni imbaraga z'irema ni impamvu yo kubaho ku biremwa byose.

_____ Ukuri kuri buri kiremwa cyose ni ukuba icyicaro kimwe cy'imigenzo y'Imana.

_____ Roho ya muntu ishobora kugaragaza imigenzo yose y'Imana.

ICYICIRO CYA 14

Bahá'u'lláh aratubwira ati:

“Ariko izo ngufu, aho izuba ry'ubugwaneza bw'Imana n'isoko y'ubuyobozi butagatifu byageneye ukubaho kwa kamere y'umuntu bihishe muri we, nk'uko igishashi kihishe muri buji kandi nk'uko imirase y'urumuri iba mu itara. Uburabagirane bw'izo ngufu bushobora gukingirizwa n'ibyifuzo bya

gahunda y'isi nk'uko urumuri rw'izuba rushobora guhishwa inyuma y'umukungugu n'imyanda itwikiriye indorerwamo. Ari itara, ari buji, ntibishobora kwicana ubwabyo byonyine. Kandi indorerwamo ku bushobozi bwayo bwite, nayo ntiyamenya kurushaho kwisukura imyanda yayo. Birumvikana ko, itara ritazabonesha bataricanye kandi ko, indorerwamo itazashobora kuboneranamo izuba kugeza igihe umukungugu uzahanagurwaho".¹⁹

1. "Bihishe muri we" bishaka kuvuga iki? _____

2. Ni ubuhe bushobozi buhishe muri roho y'umuntu? _____

3. Ni ubuhe bushobozi itara rigira? _____
4. bushobozi indorerwamo igira? _____
5. Ni iki bakora ku itara kugira ngo rishobore kubonesha? _____

6. Ni iki twakorera indorerwamo kugirango igaragaze urumuri? _____

7. Ese itara n'indorerwamo bishobora kwerekana ubushobozi bwabyo ubwabyo byonyine? _____
8. Ni gute twahuza izi ngero ebyiri n'imiterere ya roho ya muntu? _____

9. Ninde utuma roho ya muntu igaragaza ubushobozi bwayo? _____

ICYICIRO CYA 15

Bahá'u'lláh avuga ko:

“Irembo ry’ubumenyi bw’Uhoraho, kuva kera ryahoze kandi rizahora rikinzwe ubuziraherezo ku maso y’abantu. Nta bwenge na buke bwa muntu buzigera bwinjira mu rurembo Rwayo rwera. Nyamara inshungu y’impuhwe Zayo n’ikimenyetso cy’ubugwaneza Bwayo, yagaragarije abantu inyenyeri zo mu gitondo z’ubuyobozi Bwayo bwera ibimenyetso by’ubumwe Bwayo butagatifu, kandi yashatse ko ubuhanga bw’ibyo biremwa bitunganye buhinduka nk’ubuhanga Bwayo bwite. Uzabemera wese azaba yemeye Imana. Uzanga kumva ijwi ryabo azaba yanze kumva ijwi ry’Imana, uzahamya ukuri kw’Ihishura ryabo azaba ahamije ukuri kw’Imana ubwayo, uzabatera umugongo wese azaba ateye umugongo Imana, utazabizera wese azaba atizeye Imana. Buri wese muri bo ni inzira ihuza iyi si hamwe n’isi z’Imana, buri wese muri bo kandi ni urugero rw’ukuri kw’Imana kubatuye isi n’ijuru. Basobanura ukwigaragaza kw’Imana mu bantu n’ibimenyetso by’ukuri n’ikuzo ry’Imana.”²⁰

1. Tugendeye kuri iki gika kiri hejuru nimusubize ibibazo bikurikira:
 - a Ese byadushobokera kumenya Imana ubwacu? _____
 - b Noneho dushobora dute kumenya Imana? _____

 - c Nimuvuge zimwe mu nyenyeri zo mugitondo z’ubuyobozi bw’Imana? _____

 - d Ni irihe jwi abumvise ijwi ry’abahanuzi bumvise? _____

 - e Ninde tuba dutera umugongo iyo twanga kumva ijwi ry’abahanuzi? _____

2. Nimwuzuze izi nteruro zikurikira:
 - a Irembo ry’ubumenyi bw’Uhoraho kuva kera ryahoze kandi rizahoraho _____
 - b Nta bwenge na buke bwa muntu buzigera _____

- c Imana yohereje abahanuzi bayo nk'inshungu _____
n'ikimenyetso cy' _____
- d Kumenya abahanuzi b'Imana bingana no _____
- e Umuntu wese ubemera aba _____
- f Umuntu wese utumva ijwi ryabo aba _____
- g Buri wese muri bo ni inzira ihuza _____

3. Ni izihe mvugo z'ukuri muri izi?

- _____ Dushobora gukura mu butungane tubikesheje imbaraga zacu zonyine.
- _____ Imana yaduhaye ubwenge, kandi burahagije mu gutera imbere kwacu.
- _____ Tuzatera imbere mu butungane tumenya abahanuzi b'Imana, si ngombwa gushyira imbaraga mu kubigana.
- _____ Dutera imbere mu kwemera tumenya abahanuzi b'Imana kandi tunashyiramo imbaraga ngo tubeho dukurikije inyigisho zabo.
- _____ Dushobora kumenya Imana ku bwacu twenyine.
- _____ Ikiremwa-muntu gishobora kuba neza neza nk'Imana.
- _____ Imana ifite ubushobozi burenze kure ibitekerezo bya muntu.
- _____ Iyo twumva amagambo y'abahanuzi b'Imana tuba twumva ijwi ry'Imana.

ICYICIRO CYA 16

Bahá'u'lláh avuga ko:

“Ubutumwa bw'ibanze bw'abahanuzi n'intumwa z'Imana ni ukuyobora ikiremwa muntu mu nzira igorotse kandi y'ukuri. icyo ukwigaragaza kwabo kuba kugamije ni ukwigisha abantu bese ku buryo ku isaha yo gupfa kwabo, bazaba bakeye, batagatifujwe kandi nta kintu kibaboshye kugirango bazamuke bajya imbere y'intebe y'Ikirenga.”²¹

Ku wundi murongo aratubwira:

“Umuntu ni nk’impigi y’ikirenga. Ariko, kutabona uburezi buhagije, byamuvukije ibyo yagenewe by’umwihariko. Ku ijamba rya sohoze mu kanwa k’Imana, yahamagariwe kubaho; ku rindi jambo yahawe ubushobozi bwo kumenya isoko agomba kuvomamo uburezi bwe, ku rindi jambo, yegukanye urwego rwe n’iherezo rye. Usumba byose aravugaga ati : Mugereranye umuntu nk’ikirombe cyuzuye amabuye y’agaciro kenshi. Ariko, uburezi bwonyine bushobora guhishura ubukungu bw’icyo kirombe no gutuma kigirira akamaro benemuntu bakahungukira. Umuntu wese uzirikana ibyahishuwe n’Ibyanditswe byaturutse mu ijuru ry’ubushake butagatifu bw’Imana, azemera nta nshiti ko intego Yayo ari iyo gutuma buri kiremumuntu cyiyumvisha ko, hamwe n’abandi bese, bagize roho imwe rukumbi, bityo ikirango cyanditseho aya magambo; ‘ubwami buzaba ubw’Imana’ gishobore kwandikwa mu mitima yose, kandi n’urumuri rw’ubugwaneza bw’ingabire n’impuhwe by’Imana bitwikire benemuntu bese”.²²

1. Ni kuyihe mpamvu abahanuzi n’intumwa z’Imana boherejwe mu isi? _____

2. Ni iyihe mpamvu y’Ihishura ryabo? _____

3. Ijambo “impigi” risobanura iki? _____

4. Ni iyihe ngaruka yo kubura uburezi bwiza? _____

5. Uburezi bwiza butera iki? _____

6. Ni iyihe soko y’uburezi bwacu? _____
7. Iherezo ryacu ni irihe? _____

8. Ni ayahe mabuye y’agaciro uburezi bugaragaza? _____

9. Ni iki twemera iyo tuzirikana ku byanditswe bitagatifu? _____

ICYICIRO CYA 17

Bahá’u’lláh aravuga ati:

“Wongeye kumbaza amaherezo ya roho iyo imaze gutandukana n’umubiri. Mu byukuri umenye ko niba yaragendeye mu nzira y’Imana, ntagushidikanya ko izasubira ku Mana, maze yakirwe mu ikuzo rya Nyagukundwa. Ku bw’ubunyakuri bw’Imana izazamurwa ku ntera idashobora gusobanurwa mu nyandiko n’imwe, cyangwa ngo hagire ururimi rubasha kuyirondora. Roho yakomeje kuba indahemuka ku kwemera kw’ Imana, ikaguma kuba indacogora mu nzira Yayo nta kujarajara, nyuma y’izamuka ryayo, izagira ububasha buhagije ku buryo isi zose zaremwe n’Ushobora byose zizungukira muri yo.”²³

1. Nimwuzuze interuro zikurikira :

a Niba roho yaragendeye mu nzira y’Imana, nta gushidikanya ko _____

b Iyo roho izazamurwa ku ntera _____

c _____ yakomeje kuba _____ ku
_____ kw’ _____ ikaguma
_____ indacogora mu _____ nta
_____, nyuma y’ _____,
iza _____ ku buryo isi zose _____ n’ _____
zi _____ muri yo.

ICYICIRO CYA 18

Bahá'u'lláh aratubwira ati:

“Hahirwa roho, ku isaha izatandukana n’umubiri, izaba yisukuyemo ibitekerezo by’amanjwe by’abantu bo muri iyi si! Bene iyo roho ibaho kandi igendera mu gushaka kw’Umuremyi wayo kandi igasohora muri paradizo y’ikirenga. Imbaga y’ijuru, yituriye mu bushorishori bwo hejuru, izayishagara maze, abahunuzi n’intumwa z’Imana bifuze kuyihora iruhande. Iganirira ibyo biremwa byo mu ijuru uko yababarijwe mu nzira igana Imana, Nyagasani w’isi zose.” ²⁴

“Yakagombye kubabarira umunyabyaha kandi ntiyinubire na gato imibereho ye iteye agahinda, kuko nta muntu n’umwe uzi uko iherezo rye rizamera. Bibaho kenshi ko umunyabyaha, ku munota wa nyuma, agera kuri kamere bwite y’ukwemera, akanywera ku nkongoro yo kudapfa maze agafata ikirere asanga inteko yo mu ijuru. Naho undi mu gihe ku isaha yagenewe izamuka rya roho ye, ashobora guhinduka akagwa i kuzimu mu muriro utazima!” ²⁵

1. Roho yacu igomba kuba ifite iyihe miterere igihe itandukanye n’umubiri? _____

2. Nimuvuge bimwe mu bitekerezo by’amanjwe _____

3. Ni mubuhe buryo roho izira ibitekerezo by’amanjwe izabaho kandi ni he izerekeza yumay’urupfu? _____

4. Ni bande bashagara roho nk’iyo? _____

5. Ese roho nk’iyo ishobora kuganiriza abahanuzi b’Imana hamwe n’abatoranijwe na Yo ? _____

6. Ese hari ubwo dushobora kumenya mbere uburyo n'igihe tuzapfira ? _____
7. Ni iki twakora none ngo tuzagere mu buzima buhoraho twateganyirijwe? _____
- _____

ICYICIRO CYA 19

‘Abdu’l-Bahá asobanura ibi:

“Nk’uko roho ya muntu ibaho ubuziraherezo nyuma yo kuva mu mubiri, bidashidikanywaho ifite ubushobozi bwo gukomeza kubaho nk’ibindi biremwa byose, rero umuntu ashobora gusengera roho yavuye mu buzima bw’iyi si gukomeza gutera imbere, kubabarirwa, cyangwa kugirirwa impuhwe z’Imana, ibyiza n’imigisha. Niyo mpamvu mumasengesho ya Bahá’u’lláh, imbabazi no kubabarira bituruka ku Mana bisabirwa roho zagiye mu yindi si. Byisumbuyeho, nk’uko muri ino si abantu bakeneye Imana ni nako bayikeneye mu isi izakurikira. Ibiremwa buri gihe biba bishaka Imana, kandi Imana ihora yigenga kuri byo, yaba muri ino si cyangwa izaza.”²⁶

Kuki tugomba gusengera roho z’abapfuye?

ICYICIRO CYA 20

‘Abdu’l-Bahá yandika ibi kurikira:

“Mu gihe roho ya muntu izava muri uno mwanda w’umukungugu ikagana mu isi y’Imana, ibyahishwe bizamenyekana n’ukuri kuzajya ahagaragara; ibintu byose byari amayobera bizasobanuka, n’ukuri guhishwe kuzumvikana.

“Mutekereze ku kiremwa kiri mu isi yo munda ya nyina, nticyumvaga, nticyarebaga kandi nticyavugaga, murebe ukuntu nta bitekerezo na bimwe cyari gifite. Ariko mu gihe cyavaga muri iyo si y’umwijima cyahise kinjira mu

isi y’urumuri noneho amaso yacyo arareba, amatwi yacyo arumva n’ururimi rwacyo ruravuga. Ni mu buryo bumwe rero nikirenga uru rugendo rwo mu isi rurangirana n’urupfu kikajya mu bwami bw’Imana, icyo kiremwa kizavukira mu mwuka noneho ijisho ryo kureba ryacyo rizafunguke, ugutwi kwa roho yacyo kuzumve, n’ukuri kwose kitabashaga gusobanukirwa mbere kizagusobanukirwe mu buryo bworoshye kandi bwumvikana.”²⁷

1. Nimwuzuze mu imirongo ikurikira.

a Iyo roho ya muntu ivuye muri ino si, ubwo;

— Iyahishwe _____

— n’ukuri _____

— n’ibintu byose byari amayobera _____

— n’ukuri guhishwe _____

b Mu isi yo _____, nti _____, nti _____ kandi _____.

c Igihe twavukaga muri ino si, amaso yacu _____, amatwi yacu _____ n’ururimi rwacu _____.

d Muburyo bumwe rero nikirenga uru rugendo rwo mu isi rurangirana n’urupfu kikajya mu bwami bw’Imana icyo kiremwa kiza _____ mu _____

e Noneho ijisho ryo _____ riza _____, ugutwi kwacyo _____, n’ _____ kwose kitabashaga gusobanukirwa mbere _____ mu buryo _____ kandi _____.

2. Nimwemeze niba imvugo zikurikira ari ukuri:

_____ Iyo turi mu isi yo munda ya mama wacu, tuba tuzi iby’iyi si.

_____ Imiterere y’ubuzima nyuma y’urupfu twarayihishwe mu gihe tukiri ku isi.

_____ Ikindi kirere gishya kizadufungurirwa roho nyuma y’urupfu.

_____ Iyo dupfuye tugaruka muri ino si kuyivukiramo bundi bushya.

ICYICIRO CYA 21

Bahá'u'lláh aradusaba ati:

“Uburero ikibazo kijyanye no kumenya niba roho zikomeza kumenyana nyuma y’urupfu, menya ko roho z’abantu ba Bahá zinjiye kandi zatuye mu nkuge, zigomba guhura kandi zikaganira mu buryo bwimbitse kandi zigomba kubana nk’inkoramutima, ibyo zitekereza, ibyo zifuza byose zikabiharanira zishaka kubaho nka roho imwe. Kandi ziri koko muri roho zajijwe, zireba neza kandi zifite n’ubumenyi bwinshi. Ibyo rero byatanzwe nk’itegeko n’Umumenyi wa byose, Umwitonzi bitagira urugero.

“Abantu ba Bahá batuye mu nkuge y’Imana bese baraziranye kandi bazi uko buriwese amerewe, bunze kandi ubumwe butajegajega mu rukundo n’ubusabane. Iyo miterere iterwa n’ukwemera kwabo n’imyitwarire yabo. Abari ku rwego rumwe bamenya neza bushobozi bwa buri wese, imyitwarire ye, ibyo ashoboye kandi agombwa. Abari mu cyiciro cyo hasi bo ntabwo bashobora kumenya neza urwego rw’abari mu kicio kisumbuye. Buri wese agomba kwakira umugabane we uvuye kuri Nyagasani we. Harahirwa umuntu wahindukiriye Imana akagendera mu rukundo rwa Yo kugeza igihe roho ye igurukana n’amababa yayo igana ku Mana, Yo mugenga wa byose, Ishobora byose, Ibabarira iteka, Nyirimpuhwe.”²⁸

1. Mu isi izaza tuzabasha kumenya abantu twari tuzi muri ino si? _____
2. Roho zizaba zibanye gute mu isi zizaza? _____

3. Ese gutandukanya roho mu isi izaza bizagenda kuki? _____

4. Ese hari umuntu numwe uzamburwa ubuntu bw’Imana? _____

ICYICIRO CYA 22

Bahá'u'lláh adushishikariza agira ati:

“Yemwe bagaragu banjye! Mur’iyi minsi, no kuri iyi si ntimukababare mu gihe umugambi wategetswe n’Imana utandukanye n’ibyo mwifuza, kuko iminsi y’ibyishimo, y’imigisha n’ibyiza byo mu ijuru byabateganirijwe. Isi ntagatifu kandi z’ubutungane, zizaberekwa mu maso yanyu. Mwagenewe n’Imana muri ino si n’izaza kugira uruhare ku byiza byazo, gusangira mu byishimo byazo, no kugira umugabane ku byiza by’ingabire zazo. Kuri buri imwe muri zo nta gushidikanya na busa, muzayigeraho”.²⁹

1. Nimurebe niba imvugo zikurikira ari ukuri:

- _____ Tugomba kubabara iyo tugwiriwe n'ibintu bidahuye n'ibyifuzo byacu.
- _____ Byaba byiza cyangwa bibi, byose bigenwa n'Imana.
- _____ Iminsi y'ibyishimo byinshi yaraduteganiye.
- _____ Twizeye kuzabona isi ntagatifu kandi z'ubutungane z'Imana.
- _____ Ibyatugenewe ni ukubona umugabane w'ibyiza byo muri iyi si, mu buzima turimo no mu buzaza

2. Kubera iki tutagomba kugira agahinda mu gihe ibintu bigenze uko tutabyifuzaga?

3. Ni iki Bahá'u'lláh adusezeranya muri iyi nyandiko tumaze gusoma? _____

ICYICIRO CYA 23

Muri iki gice, mwize kandi muzirikana igisobanuro nyakuri cy'ubuzima bwa muntu. Mwize byinshi ku miterere ya roho, intego y'ubuzima muri ino si, akamaro ko guteza imbere imigenzo y'ubutungane n'isezerano twahawe ry'ubuzima buzahoraho, bwuje ikuzo n'ibyishimo. Mu gice cya kabiri cy'igitabo twavuze ku ntego ebyiri: guharanira itarambere ryacu ry'ubutungane n'iryubwenge no kugira uruhare mu guhindura umuryango tubamo. Hano hari amahirwe yo gusubira kuri iyo ngingo noneho tugatekereza ku gisobanuro cyo kwita kuri izo ntego ebyiri, mugendeye ku bumenyi mwakiriye ku gutera imbere kwa roho. Ibitekerezo byanyu mu matsinda murimo bishobora kungukira mu biganiriro kuri izi ngingo zikurikira.

1. Guteza imbere imigenzo ya roho
2. Kumvira amategeko y'Imana
3. Kugira uruhare ku kubaho neza kw'ikiremwa muntu
4. Gutera imbere mu nzira y'ubwitange.

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